

Ferguson Fun and Fit Club – Spring 2023 Registration

COST: \$15 Registration Fee (Includes **WATER BOTTLE**).

GRADE: Open to 2nd-5th Graders (K-1st if Parent stays)

DATES: Tuesdays (Starting February 21st) and Thursdays

- Parent Meeting, February 21st, 2023 7:15am
- Awards Celebration April 20th, 2023 at 7AM



SCHEDULE: Tuesdays **AND** Thursdays (7:15 am – 7:45 am)

DEADLINE: Registration is ongoing while the season is going

VOLUNTEERS: Yes, we need volunteers. Parents, Grandparents, etc. If you have the time, we need you.

COMMUNICATION: *****ALL** weather cancellations and reminders are done through remind. Please sign up at <https://www.remind.com/join/8dddfd> or text @8dddfd to 81010 to enroll***

The Ferguson Fun and Fit Club is a program that focuses on various healthy life habits in a fun and social way. Running will be a major component of the program. No previous running experience is necessary, and emphasis is placed on attendance, attitude and personal fitness progress. Proper clothing and running shoes should be worn to each class. **All registration forms and payments must be received no later than Friday, February 17th, 2023 in order to reserve water bottle. Cash and Checks are accepted. Checks should be made payable to FERGUSON PTA.** Please reference “Fun & Fit Club” in the Memo section of your check. During our first meeting (Tues, February 21st, 2023), we will cover the rules of the program with the parents and child. If time permits that morning, we will allow the children to run. For Questions please contact our coaches at fergusonfunandfitclub@gmail.com

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Ferguson Fun and Fit Club Registration Form

(Please print **CLEARLY**)

Student Name:	Teacher:	Grade:
Sex: (Circle One) Male/ Female	Birth Date:	
Address:		
Allergies/ Medical Needs:		

CONTACT/EMERGENCY INFORMATION- MUST HAVE TWO CONTACTS <i>Please write legibly</i>	
Name:	Name:
Relationship:	Relationship:
Home No:	Home No:
Cell No.:	Cell No.:
E-mail:	E-mail:

RELEASE: In consideration of acceptance of this entry, I waive and release any and all claims for myself and my heirs against Ferguson Elementary School, any sponsor and all officials of this event, for any injury or illness that may directly or indirectly result from my participation in the Ferguson Fun and Fit Program. I further state that I am in proper physical condition to participate in this event.

Signature (Parent or Guardian): _____

Date: _____

Deposit Date:	
Method:	
Amount:	