Appendix C: Competency Map

Competency	Milestone	Sub-Dimension
Child Life History and Frameworks	**Knowledge:** Recalls frameworks (e.g., trauma-informed care, patient-and-family-centered care, pediatric medical traumatic stress, social disparities of health) and historical events that define the child life profession.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life History and Frameworks	**Skills:** Applies relevant frameworks and historical perspectives to explain the child life profession.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:

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Child Life History and Frameworks	**Behaviors:** Critically analyzes, integrates, and evaluates frameworks and historical events to demonstrate fluency in the child life profession	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Lifespan Development, Child Development, and Family Systems Theories	**Knowledge:** Recalls theories related to lifespan and child development and family systems; identifies milestones of human development throughout lifespan across the developmental domains.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Lifespan Development, Child	**Skills:** Applies theories of lifespan and child development and family systems; uses knowledge of developmental milestones to	**Learning Opportunity** **Course:** **Assignment:**

Development, and Family Systems Theories	identify the development of individuals and families.	**Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Lifespan Development, Child Development, and Family Systems Theories	**Behaviors:** Critically analyzes, integrates, and evaluates theories of lifespan and child development and family systems in assessment, planning, intervention, evaluation, and advocacy; assesses the development of individuals across the developmental domains.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Professional Identity and Ethics	**Knowledge:** Identifies and defines concepts of ethical tenets, principles, and codes essential in child life; describes competencies of child life professionals.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:**

		Assignment:
		Rubric/Threshold Score:
Professional Identity and Ethics	**Skills:** Applies appropriate ethical tenets, principles, or codes essential in child life; compares one's values, skills, and experiences to the competencies of a child life professional.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Professional Identity and Ethics	**Behaviors:** Critically analyzes, integrates, and evaluates ethical tenets, principles, and codes in assessment, planning, intervention, and advocacy; summarizes values, skills, and experiences relative to the competencies of a child life professional.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:

		Rubric/Threshold Score:
The Value of Play	**Knowledge:** Defines play (e.g., theoretical foundations and types of play) and the evidence-based benefits of play for children.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
The Value of Play	**Skills:** Applies knowledge of play theory and benefits in assessment, planning, intervention, evaluation, and advocacy in child life.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
The Value of		**Learning Opportunity**

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Play	**Behaviors:** Critically analyzes, integrates, and evaluates play in assessment, planning, intervention, and advocacy in child life.	**Course:**
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life Assessment	**Knowledge:** Identifies foundational concepts of child life assessment (i.e., developmental, psychosocial, and stress potential) and recognizes formal and informal assessment tools.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life Assessment	**Skills:** Explains child life assessment and interprets developmental and contextual factors.	**Learning Opportunity**
		Course:
		Assignment:

		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life Assessment	**Behaviors:** Assesses the developmental and psychosocial needs of children and families to formulate and implement individualized interventions.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Therapeutic Relationships	**Knowledge:** Recalls characteristics and types of therapeutic relationships with infants, children, youth, and families and recognizes key components of culturally responsive communication.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:

		Assignment:
		Rubric/Threshold Score:
Therapeutic Relationships	**Skills:** Applies knowledge of therapeutic relationships as well as key components of culturally responsive communication in child life assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Therapeutic Relationships	**Behaviors:** Develops therapeutic relationships and takes responsibility for culturally responsive communication in child life assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:

Child Life Educational Interventions	**Knowledge:** Identifies foundational concepts of child life interventions and tools for offering individualized and developmentally grounded education (e.g., preparation, diagnosis education, coping skills training).	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Child Life Educational Interventions	**Skills:** Applies knowledge of child life education interventions and tools in assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Child Life	**Behaviors:** Critically analyzes, integrates, and evaluates child life	**Learning Opportunity** **Course:**

Educational Interventions	education interventions and tools in assessment, planning, intervention, and advocacy.	
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Grief, Loss, and Bereavement Support	**Knowledge:** Identifies foundational concepts of interventions and tools for offering individualized and developmentally grounded grief, loss, and bereavement support (e.g., death disclosure, legacy building, grief support).	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Grief, Loss, and Bereavement Support	**Skills:** Applies knowledge of child life grief, loss, and bereavement interventions and tools in assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment

		Course:
		Assignment:
		Rubric/Threshold Score:
Grief, Loss, and Bereavement Support	**Behaviors:** Critically analyzes, integrates, and evaluates child life grief, loss, and bereavement interventions and tools in assessment, planning, intervention, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life Procedure Support	**Knowledge:** Identifies foundational concepts of child life interventions and tools for offering individualized and developmentally grounded procedure support (e.g., passive and active distraction techniques, coping skills implementation, comfort positions, self-advocacy).	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:

		Rubric/Threshold Score:
Child Life Procedure Support	**Skills:** Applies knowledge of child life procedure support interventions and tools in assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life Procedure Support	**Behaviors:** Critically analyzes, integrates, and evaluates child life procedure support interventions and tools in assessment, planning, intervention, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:

Child Life Non-Pharmacological Pain Management	**Knowledge:** Identifies foundational concepts of child life interventions and tools for offering individualized and developmentally grounded non-pharmacological pain management (e.g., gate theory, sensory modulation techniques, emotion and problem focused strategies).	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Child Life Non-Pharmacological Pain Management	**Skills:** Applies knowledge of child life non-pharmacological pain management interventions and tools in assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Child Life Non-Pharmacological	**Behaviors:** Critically analyzes, integrates, and evaluates child life non-pharmacological interventions	**Learning Opportunity** **Course:**

Pain Management	and tools in assessment, planning, intervention, and advocacy.	**Assignment:**
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life Documentation	**Knowledge:** Identifies models, processes, and tools, as well as key components, of child life documentation in patient medical records.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Child Life Documentation	**Skills:** Explains child life documentation and the rationale for documenting child life services in patient medical records.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:

		Assignment:
		Rubric/Threshold Score:
Child Life Documentation	**Behaviors:** Critically analyzes, integrates, and transforms observations into documented assessments, plans, interventions, and evaluations in patient medical records.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Evidence-Based Practice, Scholarly Inquiry, and Research	**Knowledge:** Defines key concepts of evidence-based practice (EBP) and articulates its role in the child life profession; identifies types of inquiry in healthcare settings (e.g. quality improvement and research) and recognizes central sources of scholarly information.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:

		Rubric/Threshold Score:
Evidence-Based Practice, Scholarly Inquiry, and Research	**Skills:** Applies evidence from research and scholarship to support child life assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Evidence-Based Practice, Scholarly Inquiry, and Research	**Behaviors:** Critically evaluates and synthesizes literature from multiple sources to inform assessment, planning, intervention, evaluation, and advocacy; independently formulates new questions or inquiries related to the child life profession.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:

Healthcare Environments and Operations	**Knowledge:** Recognizes relationships between healthcare settings and service delivery systems and recalls basic medical terminology.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Healthcare Environments and Operations	**Skills:** Applies knowledge of healthcare service delivery systems and medical terminology in assessment, planning, interventions, evaluations, and advocacy.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**

Healthcare Environments and Operations	**Behaviors:** Critically analyzes and integrates knowledge and skills to provide child life services in varied healthcare delivery systems in assessment, planning, interventions, evaluations, and advocacy.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Interprofessional Care and Collaboration	**Knowledge:** Defines interprofessional care and identifies the roles and responsibilities of interprofessional team members.	**Learning Opportunity** **Course:** **Assignment:** **Competency Assessment** **Course:** **Assignment:** **Rubric/Threshold Score:**
Interprofessional Care and	**Skills:** Applies knowledge of interprofessional care in child life assessment, planning, interventions, evaluations, and	**Learning Opportunity** **Course:**

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Collaboration	advocacy.	**Assignment:**
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Interprofessional Care and Collaboration	**Behaviors:** Critically analyzes and integrates knowledge and skills in interprofessional care for child life assessment, planning, interventions, evaluations, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Individualized and Responsive Care	**Knowledge:** Recalls key concepts of cultural identity, ability, and intersectionality in individualized and responsive care for pediatric patients and families.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment

		Course:
		Assignment:
		Rubric/Threshold Score:
Individualized and Responsive Care	**Skills:** Applies knowledge of cultural identity, ability, and intersectionality in assessment, planning, intervention, evaluation, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Individualized and Responsive Care	**Behaviors:** Critically analyzes and integrates cultural identity, ability, and intersectionality into assessment, planning, interventions, evaluations, and advocacy.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:

		Rubric/Threshold Score:
Professional Sustainability	**Knowledge:** Identifies key concepts of professional boundaries, burnout, and compassion fatigue, and recalls models, tools, and processes for supporting career sustainability.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Professional Sustainability	**Skills:** Explains the rationale for maintaining professional boundaries and using models, tools and processes for career sustainability as a child life professional.	**Learning Opportunity**
		Course:
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score:
Professional	**Behaviors:** Critically analyzes and	**Learning Opportunity**

Sustainability	integrates professional boundaries and tools, models, and processes of career sustainability into the role of a child life specialist.	**Course:**
		Assignment:
		Competency Assessment
		Course:
		Assignment:
		Rubric/Threshold Score: