

MONTHLY EVENTS & NEWS

We hope you had a Sustainable and Happy Loy Krathong.

Here are some of the things Team Spirit Thailand have been up to recently, in addition to some upcoming events we believe you will find interesting to join and share with others who care!



We would like to THANK everyone who joined the very first **Sustainable Development Collective** meeting. It was certainly insightful and inspiring, with many new collaborations and personal connections made. Find out more about this ESG, IDG & DEI initiative **here**

Watch this space for more to come...

If you would like to join the next please get in touch







THONBURI FOODIES









As November welcomed cooler weather, team building for *Foodies* has been in demand. A full day out discovering the beauty, flavours and culture along the Thonburi canals with "local community cooking" added as the group's CSR activity, allowed tasty dishes to be enjoyed and shared by all involved. Yummmmm

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SPECIAL PROMOTION YY



Our amazing collaboration package with Rai Jai Yim and Jaifull is now available at a special rate: Min 20 pax @ 15,000thb pp includes; 3 days / 3 nights, all transport, accommodation, full board for all F&B, farm to table cooking, nature based activities, all DEI training and facilitation in English and Thai + local immersive experiences and fun. Check out the training brochure here

BOOK NOW to secure your preferred dates!



MONTHLY

LAST CHANCE



NAME: VANIDA KHO 1651309561 FOR RSVP: INFO@RCBKKMETROPOLIS.ORG

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Khun Vanida Kho, Chartered President of The Bangkok Rotary Club invites you on November 19th to discover "The Magic of Rotary" which brings the magic of hope, compassion, and change. Like magicians of goodwill, Rotarians weave together threads of service, turning dreams into reality and challenges into triumphs.

RSVP Today!!



SPECIAL EVENT - RSVP TODAY!!!



"Join us for a 2 Day 1 Night at Rai Jai Yim."

- Discover the DNA of Happiness
- · Connecting with Nature of Happiness.
- · Boost Immunity,
- · Empower Happiness Hormones,
- · Enjoy Healthy Meals Fresh farm,
- · Release Stress and Recharge Your Life,
- · Oneness with Nature Intelligence,
- Fill Your Body and Heart with Smiles.



"Featuring special guest Pa Aed Tipawan Thuakam, leading the Shirin Yoku forest therapy session for health and well-being, inspired by practices from Japan."



Khun Kris Ruyapron from <u>The University of Happiness</u> is inviting those who wish to grow and find true inner happiness to join this special event – register quickly as spaces are limited and make sure you bring your SMILE! Use Reference #TeamSpirit to book directly with <u>Rai Jai Yim</u>





SEASONAL SPIRITS



With the end of year festivities approaching and (for those that celebrate Xmas) the season of giving upon us, the choices you make can be unique, beautiful and have a positive impact!

Click to see brochure and ordering info;

Handcrafted Decorations and Gifts from Ethnic Tribes in Chiang Rai

The gift in giving!!_AKHA MA-DE has lovely cotton items and gifts that will brighten up your next corporate event, office party or add a touch of thoughtfulness to those *Thank You* gift baskets being sent out.