



FRIENDS



NEIGHBOURS

EST. 1981

OPEN HOURS
MONDAY-SATURDAY
8AM - 9PM
SUNDAY AND HOLIDAY
9 AM - 5 PM

10834 - 82 AVENUE SW, EDMONTON, ALBERTA T6L 2B3

780-433-6506

780-702-1683

fnphodelight.ca

BREAKFAST SPECIAL

MONDAY TO FRIDAY - 8AM TO 10:30AM

2 EGGS (ANY STYLE), TOAST, AND HASH BROWNS	\$10.95
WITH MEAT:	\$12.95
Choice of bacon, sausage, or ham.	
EGGS BENEDICT	\$14.95
Choice of following; back bacon, bacon, ham, or sausage	
THREE-IN-ONE.....	\$14.95
A Pancake or a French Toast w/ 2 Eggs & 2 Bacon or 2 Sausage	

BREAKFAST

The dishes below are served with toast and hash browns.
 Toast choices: brown, white, multi-grain, rye or sourdough.
 Toast replaced for fruit cup or a pancake for \$2.00

2 EGGS AND TOAST	10.95
W/ HASH BROWN	11.95
GOLD BREAKFAST.....	13.95
2 eggs (any style). Your choice of 3 bacon, 3 sausage or a thick ham.	
BISON SAUSAGE AND 2 EGGS	17.50
TURKEY SAUSAGE AND 2 EGGS	17.50
HOUSE BREAKFAST	15.95
Eggs (any style), avocado, spinach, dried cranberries and tomatoes. Served with lemon dressing	
BREAKFAST CROISSANT OR BUN	12.50
W/ HASH BROWNS OR A PANCAKE	14.95
Fried egg, melted cheddar, tomatoes, lettuce. Served on a lightly toasted butter croissant. Choice of bacon, soya bacon, sausage, or ham. (No toast nor hash included)	
BREAKFAST BAGEL.....	15.95
Fresh scrambled egg, melted cheddar, two slices of back bacon on a toasted bagel.	
SALMON AND EGGS.....	19.95
Smoked salmon, two eggs, and side salad (spinach, avocado, dried cranberries and home-made lemon miso dressing)	
STEAK AND EGGS.....	23.95
8oz AAA Sirloin steak and eggs prepared as you like them.	

☺ We make fresh food! Long hour may occur during rush hours. Thank you for your patience. ☺

PANCAKE & FRENCH TOAST

All pancakes & French toast items are served with butter and syrup (whip cream optional)

BUTTERMILK PANCAKES.....12.95

3 of our famous feather-light pancakes

With 2 fresh eggs14.95

With ham or bacon or sausage.....14.95

With 2 fresh eggs & choice of following: bacon, ham, or sausage18.95

PANCAKES WITH FRUIT SAUCE.....14.95

Strawberry- apple - blueberry - fresh fruit cup (assorted)

FRENCH TOAST.....12.95

Two slices of French bread dipped in eggs

With 2 fresh eggs15.95

With ham or bacon or sausage.....15.95

With 2 fresh eggs & choice of following: bacon, ham, or sausage18.95

FRENCH TOAST WITH FRUIT SAUCE.....15.95

Strawberry- apple - blueberry - fresh fruit cup (assorted)

PANCAKES OR FRENCH TOAST COMBO22.95

With 2 links sausage, 2 strips bacon, ham and 2 eggs.

SIGNATURE BREAKFAST

THREE-IN-ONE.....15.50

1 Pancake or 1 French Toast w/ 2 Eggs & 2 Bacon or 2 Sausage

COUNTRY HARVEST.....16.50

2 eggs (any style) bison or Italian sausage and a French toast or a pancake, served with hash browns

EGG QUESADILLA WRAP14.95

Two scrambled eggs and choice of following: ham, bacon, sausage, or tofu with green & red pepper, chives and cheddar wrapped in a tortilla. Served with hash browns

FRENCH CONCOCTION.....18.95

Grilled ham, grilled tomato, 2 sunny side-up eggs on grilled French bread, melted cheddar cheese topped with onion. Served with hash browns

EXTREME BAGEL.....19.95

Baby spinach, avocado, onion, smoked salmon, cream cheese on a toasted bagel.
Served with hash browns

☺ Please announce us for any food allergy. Changes can be made accordingly ☺

OMELETS

Our omelets are prepared with three large local farm eggs, hash browns and toast

Toast choices: brown, white, multi-grain, rye or sourdough.

Toast replaced for fruit cup or a pancake for \$2.00

BACON AND CHEESE OMELET	16.95
HAM AND CHEESE OMELET	16.95
SUN-DRIED TOMATO, SPINACH AND SWISS CHEESE OMELET	17.95
MUSHROOM AND CHEESE OMELET	16.95
BROCCOLI AND CHEESE OMELET	16.95
VEGETARIAN OMELET	17.95

Mushroom, celery, green pepper, tomatoes, onion and cheddar cheese

FARMER'S OMELET	17.95
-----------------------	-------

Potato, onion and cheddar cheese, choice of following: bacon, ham, or sausage

WHYTE AVENUE VEGGIE OMELET	17.95
----------------------------------	-------

Fresh spinach, red peppers, tomatoes, and feta cheese

MEXICAN OMELET	17.95
----------------------	-------

Sausage, red pepper, bell pepper, onion, jalapeños & cheddar.

Served with salsa and sour cream on the side.

WEST COAST OMELET	17.95
-------------------------	-------

Smoked salmon, baby spinach and Swiss cheese

ADD OR SUBSTITUTE FOR AN ADDITION!

* EGG WHITES \$ 2.00
* MEAT \$2.00
* VEGGIE \$2.00

BREAKFAST BOWL AND SKILLET

Toast choices: brown, white, multi-grain, rye or sourdough.

Toast replaced for fruit cup or a pancake for \$2.00

CHORIZO BREAKIE BOWL	18.95
----------------------------	-------

Three scrambled eggs, chorizo sausage, chunky potatoes, tomatoes, green & red pepper and onion. Topped with hollandaise sauce and jalapeños.

BLACKSTONE BREAKIE BOWL	18.95
-------------------------------	-------

Three scrambled eggs, crisp bacon, tomatoes, chunky potatoes, red & green pepper and onion. Topped with hollandaise sauce, olive and green onion.

UNFORGETTABLE BOWL	19.50
--------------------------	-------

Three scrambled eggs, crispy chicken strips, avocado, chunky potato, tomato, bell pepper and onion. Topped with hollandaise sauce and jalapeños

HAWAII BOWL	19.50
-------------------	-------

Chopped smoky ham, three scramble eggs, chunky potato, pineapple, red and green pepper, and onion. Topped with hollandaise sauce.

WILD SKILLET	21.95
--------------------	-------

A link of Bison sausage, a link turkey sausage, a link of Chorizo sausage, hash-brown, grilled tomato and two scrambled eggs

☺ We make fresh food! Long hour may occur during rush hours. Thank you for your patience. ☺

BEST EGGS BENEDICT

*All Benedict items are served with 2 poached eggs, English muffin,
White wine Hollandaise sauce and Hash Browns*

EGGS BENEDICT	15.95
Choice of following; back bacon, bacon, ham or sausage	
EGGS BENNY COMBO MEAT	21.95
2 slices back bacon, 2 slices bacon, 2 links sausage & ham	
BC BENEDICT.	16.95
Cheddar and 2 strips of bacon	
WHYTE AVENUE BENEDICT.....	18.95
Avocado, bacon, and tomatoes	
WEST COAST BENEDICT	18.95
Smoked salmon and avocado	
COWBOY BENEDICT.....	19.95
Back bacon, jalapeño, tomatoes, and avocado	
FRIENDS & NEIGHBOURS EGG BENEDICT.....	22.95
Grilled tomatoes, fresh avocado, steamed spinach & smoke salmon on a lightly toasted croissant	
MELBOURNE.....	17.95
Fresh avocado, tomatoes and steamed spinach	
VEGGIE DELIGHT	17.95
Grilled tomatoes, steamed spinach and mushroom	
HAWAIIAN BENEDICT	18.95
Grilled pineapple ring and ham	

SIDE ORDER

POUTINE.....	9.95	SIDE BACON (3 STRIPS).....	4.25
CHICKEN FINGERS.....	14.95	SIDE SAUSAGE (3 LINKS).....	4.25
TOAST & JAM.....	3.95	SIDE TURKEY SAUSAGE (2 LINKS).....	6.45
BAGEL CREAM CHEESE.....	4.75	SIIDE BISON SAUSAGE.....	6.45
GARLIC TOAST (2 slices)	4.95	SINGLE EGG.....1.95 / DOUBLE EGG.....	3.75
SINGLE PANCAKE	5.95	SIDE HASHBROWN	5.25
SINGLE FRENCH TOAST	7.50	SIDE SAUTEED MUSHROOM.....	5.95
FRESH FRUIT CUP (SEASONAL).....	5.95	SIDE GRAVY	2.95
FRENCH FIRES.....	7.45	SIDE HOLLANDAISE SAUCE	2.95
ONION RING.....	7.45	SIDE TOMATO (FRESH / GRILLED)	3.25

☺ Please announce us for any food allergy. Changes can be made accordingly ☺

SALAD

Add grilled lightly breaded chicken breast for additional \$6.00

CAESAR SALAD SMALL 7.95 LARGE 10.95

LARGE GARDEN SALAD SMALL 5.25 LARGE 8.95

Your choice of dressing: Thai, Italian, Thousand Island, Lemon miso or Ranch

THAI SALAD 14.95

Spinach, bean sprout, purple cabbage, house spicy dressing topped w/ sesame seeds

MANGO SALAD 14.95

Shredded mango, lettuce and carrot topped with almond and peanut.

Served with our spicy Thai dressing

KALE SALAD 14.95

Fresh kale, carrot and purple cabbage, topped with almond and Feta cheese.

Served with our homemade lemon misso dressing

APPLE AND AVOCADO SALAD 13.95

BURGERS

We grind our own 100% Canadian beef

All our hamburgers are 6oz of fresh ground beef served with lettuce, tomato, onion, relish, pickle on a

toast Kaiser bun. Add choice of side for extra \$3.25

CHOICE OF SIDE

FRENCH FRIES

HASH BROWNS

ONION RINGS + \$2.00

GARDEN SALAD

KALE SALAD + \$2.00

CAESAR SALAD + \$2.00

SMALL FRUIT CUP + \$2.00

DELUXE BURGER 11.95

» CHEESE BURGER (MOZZA OR CHEDDAR) 13.95

» BACON & CHEDDAR BURGER 14.95

» BACON & MOZZA BURGER 14.95

» MUSHROOM BURGER 13.95

» MOZZA & MUSHROOM BURGER 14.95

All premium burgers come with the choice of side

CRISPY CHICKEN BURGER 18.95

Breaded chicken strips cooked it crispy outside, but stays moist and tender inside. Served with mayo and a side of your choice.

THE ONE AND ONLY KING BURGER 19.95

6oz patty charbroiled, crisp bacon, fried egg, melted cheddar cheese served with a side of your choice.

HONEY MUSTARD CHICKEN BURGER. 19.95

Charbroiled chicken breast topped with melt cheddar, mayo and honey mustard.

Served with a side of your choice

JALAPEÑOS BURGER 18.95

6oz patty charbroiled topped with melted mozza cheese, our creamy garlic mustard sauce and jalapeños. Served with a side of your choice

FN BURGER 22.95

Double patty, crisp bacon, fried egg, melted cheddar cheese served with a side of your choice

☺ We make fresh food! Long hour may occur during rush hours. Thank you for your patience. ☺

SANDWICHES

Comes with a side of your choice

TOAST BLT	13.95
CLUB HOUSE (TRIPLE DECKER)	17.95
Roasted turkey, lettuce, bacon, tomato on toasted bread	
REUBEN	18.95
Swiss cheese, sauerkraut and Montreal smoked corn beef w/ Dijon hot mustard on ciabatta bread	
MONTE CRISTO	19.25
Turkey, cheddar, ham and Swiss cheese on white bread dipped in egg and milk mixture and grilled to golden brown	
STEAK SANDWICH.....	24.95
8oz AAA steak Sirloin in your style. Served on garlic toast and veggie	
HOT TURKEY	17.95
OLD STRATHCONA DINNER SANDWICH.....	21.95
Grilled lightly breaded chicken breast, Swiss cheese, bacon, avocado, spinach, tomato, pickle and mayo on rye toast.	
CHICKEN SALAD SANDWICH.....	18.95
Chopped chicken breast, apple, almond, lettuce, tomato, cucumber, mayo on 7-grain toast	
WHYTE AVENUE SANDWICH.....	19.95
Grilled lightly breaded chicken breast, melted cheddar cheese, topped with chopped tomatoes and onions lay on a French bread.	
MEAT LOVER SANDWICH	20.95
Grilled lightly breaded chicken breast, Canadian bacon, melted Swiss cheese, tomato and topped with Ranch dressing on ciabatta bread.	

MINI SANDWICHES

Add a choice of sides \$3.25

GRILLED CHEESE	5.95
EGG SALAD.....	5.95
BACON & EGG	7.95
GRILLED HAM & CHEESE.....	7.95
VIETNAMESE SUB.....	11.95

Served on French baguette.
Choice of BBQ pork, chicken, or beef.

CHOICE OF SIDE

FRENCH FRIES
HASH BROWNS
ONION RINGS + \$2.00
GARDEN SALAD
KALE SALAD + \$2.00
CAESAR SALAD + \$2.00
SMALL FRUIT CUP + \$2.00

ENTRÉES

All Entrées comes with vegetables, garlic toast and a side of your choice.

Side choices: mashed potato, baked potato, French fries, or rice

FISH & CHIP	18.95
Homemade style! Basa fish. Served with lemon & tartar sauce. (no garlic toast included)	
SALISBURY STEAK	19.95
8oz juicy beef patty, sautéed onion, topped w/ gravy.	
CHICKEN FLORENTINE.....	21.95
Charbroiled chicken breast with sautéed spinach and mushroom Smothered in a delicious creamy sauce .	
VEAL CUTLET.....	23.95
Grilled lightly breaded fresh veal topped with sautéed fresh mushroom and gravy.	
MONTREAL SPICY STEAK.....	24.95
8oz beef steak charbroiled in your own style, finished w/ Montreal iconic steak seasoning.	
PEPPERCORN STEAK.....	24.95
8oz beef steak charbroiled in your own style, finished w/ flavourful creamy peppercorn sauce	
PAN FRIED SOLE	21.95
Grilled lightly breaded fresh sole fillet w/ lemon seasoning and topped with roasted almond	
LEMON HERB BASA	21.95
Grilled lightly breaded fresh basa fillet basa w/ lemon seasoning and our creamy garlic mustard sauce	
GRILLED CHICKEN DINNER	24.95
Grilled lightly breaded chicken breast, spinach, mushroom, and Swiss cheese	
DINNER STEAK	24.95
8oz AAA Sirloin beef steak cook as you like them	