



FRIENDS



NEIGHBOURS

EST. 1981

OPEN HOURS
MONDAY - SATURDAY
8AM - 9PM
SUNDAY AND HOLIDAY
9 AM - 5 PM

10834 - 82 AVENUE SW, EDMONTON, ALBERTA T6L 2B3

780-433-6506

780-702-1683

fnphodelight.ca

ALL OUR DISHES ARE PROUDLY MADE WITH FRESH, LOCAL FARM EGGS.

BREAKFAST SPECIAL

MONDAY TO FRIDAY - 8AM TO 10.30AM

2 EGGS (ANY STYLE), TOAST AND HASH BROWNS	\$11.95
WITH MEAT:	\$13.25
Choice of bacon, sausage or ham.	
EGGS BENEDICT	\$16.95
Choice of following; back bacon, bacon, ham or sausage	
THREE-IN-ONE.....	\$16.95
A Pancake or a French Toast w/ 2 Eggs & 2 Bacon or 2 Sausage	

BREAKFAST

The dishes below are served with toast and seasoned hash browns.

Toast choices: brown, white, multi-grain or rye

Toast replaced for fruit cup or a pancake for \$2.00

2 EGGS AND TOAST.....	10.95
W/ HASH BROWN.....	12.95
GOLD BREAKFAST	13.95
2 local fresh farm eggs (any style) your choice of bacon(3), sausages (2) or a thick ham	
BISON SAUSAGE AND 2 EGGS	18.95
TURKEY SAUSAGE AND 2 EGGS	18.95
HOUSE BREAKFAST	16.95
Eggs (any style), avocado, spinach, dried cranberries and tomatoes. Served with lemon dressing	
BREAKFAST CROISSANT OR BUN	12.95
W/ HASH BROWNS OR A PANCAKE	15.95
Fried egg, melted cheddar, tomatoes, lettuce. Served on a lightly toasted butter croissant.	
Choice of bacon, soya bacon, sausage or ham. (No toast included)	
BREAKFAST BAGEL.....	16.95
Fresh scrambled egg, melted cheddar, two slices of back bacon on a toasted bagel.	
SALMON & EGGS.....	22.95
2 eggs (any style), smoked salmon, capers, spinach, tomatoes, cranberry. Served with	
miso lemon dressing.	
STEAK AND EGGS.....	24.95
8oz Sirloin steak and eggs prepared as you like them.	

☺ We make fresh food! Long hour may occur during rush hours. Thank you for your patience. ☺

OMELETS

Our omelets are prepared with three large local farm eggs, hash brown and toast

Toast choices: brown, white, multi-grain or rye

Toast replaced for fruit cup or a pancake for \$2.00

BACON AND CHEESE OMELET	17.95
HAM AND CHEESE OMELET.....	17.95
SUN-DRIED TOMATO, SPINACH AND SWISS CHEESE OMELET.....	18.95
MUSHROOM AND CHEESE OMELET	17.95
BROCCOLI AND CHEESE OMELET	17.95
VEGETARIAN OMELET.....	18.95

Mushroom, celery, green pepper, tomatoes, onion and cheddar cheese

FARMER'S OMELET.....	18.95
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Potato, onion and cheddar cheese, choice of following: bacon, ham or sausage

WHYTE AVENUE VEGGIE OMELET.....	18.95
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Fresh spinach, red peppers, tomatoes, and feta cheese

MEXICAN OMELET	19.95
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Sausage, red pepper, green pepper, onion, jalapeños & cheddar. Served with Salsa and sour cream on the side.

WEST COAST OMELET.....	19.95
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Smoked salmon, baby spinach and Swiss cheese

ADD OR SUBSTITUTE FOR AN ADDITION!

- * EGG WHITES \$ 2.00
- * MEAT \$2.00
- * VEGGIE \$1.50

BREAKFAST BOWL AND SKILLET

Toast choices: brown, white, multi-grain or rye

Toast replaced for fruit cup or a pancake for \$2.00

CHORIZO BREAKIE BOWL	19.95
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Three scrambled eggs, chorizo sausage, chunky potatoes, tomatoes, green & red pepper and onion. Topped with hollandaise sauce and jalapeños.

BLACKSTONE BREAKIE BOWL.....	19.95
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Three scrambled eggs, crisp bacon, tomatoes, chunky potatoes, red & green pepper and onion. Topped with hollandaise sauce, olive and green onion.

UNFORGETTABLE BOWL.....	20.95
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Three scrambled eggs, crispy chicken strips, avocado, chunky potato, tomato, bell pepper and onion. Topped with hollandaise sauce and jalapeños

HAWAII BOWL.....	20.95
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Chopped smoky ham, three scrambled eggs, chunky potato, pineapple, red and green pepper, and onion. Topped w/ hollandaise sauce

WILD SKILLET.....	23.95
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A link of bison sausage, a link turkey sausage, a link of Chorizo sausage, hash-brown, grilled tomato and 2 scrambled eggs

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PANCAKE & FRENCH TOAST

All pancakes & French toast items are served with butter and syrup (whip cream optional)

BUTTERMILK PANCAKES.....	12.95
3 of our famous feather-light pancakes	
With 2 fresh eggs	15.95
With ham or bacon or sausage.....	15.95
With 2 fresh eggs & choice of following: bacon, ham or sausage	19.95
PANCAKES WITH FRUIT SAUCE.....	14.95
Strawberry- apple - blueberry - fresh fruit cup (assorted)	
FRENCH TOAST	12.95
Two slices of French bread dipped in eggs	
With 2 fresh eggs	16.95
With ham or bacon or sausage.....	16.95
With 2 fresh eggs & choice of following: bacon, ham or sausage	19.95
FRENCH TOAST WITH FRUIT SAUCE.....	15.95
Strawberry- apple - blueberry - fresh fruit cup (assorted)	
PANCAKES OR FRENCH TOAST COMBO	23.95
With 2 links sausage, 2 strips bacon, ham and 2 eggs	

SIGNATURE BREAKFAST

THREE-IN-ONE.....	16.95
1 Pancake or 1 French Toast w/ 2 Eggs & 2 Bacon or 2 Sausage	
COUNTRY HARVEST.....	17.95
2 eggs (any style) bison or Italian sausage and a French toast or a pancake, served with hash browns	
EGG QUESADILLA WRAP	16.95
Two scrambled eggs and choice of following: ham, bacon, sausage or tofu with green & red pepper, chives and cheddar wrapped in a tortilla. (No toast included)	
FRENCH CONCOCTION	18.95
Grilled ham, grilled tomato, two sunny side-up eggs on grilled French bread, melted cheddar cheese topped with onion. Served with hash brown	
EXTREME BAGEL.....	20.95
Baby spinach, avocado, onion, smoked salmon, cream cheese on a toasted bagel. (No toast included)	

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BEST EGGS BENEDICT

All Benedict items are served with 2 poached eggs on English muffin, topped w/ white wine hollandaise sauce and served with seasoned hash brown.

EGGS BENEDICT	16.95
Choice of following; back bacon, bacon, ham or sausage	
EGGS BENNY COMBO MEAT	23.95
2 slices back bacon, 2 slices bacon, 2 links sausage & ham	
BC BENEDICT.	18.95
Cheddar and bacon	
WHYTE AVENUE BENEDICT.....	19.95
Avocado, bacon and tomatoes	
WEST COAST BENEDICT	20.95
Smoked salmon and avocado	
COWBOY BENEDICT	20.95
Back bacon, jalapeño, tomatoes and avocado	
FRIENDS & NEIGHBOURS EGG BENEDICT	24.95
Grilled tomatoes, fresh avocado, fresh spinach & smoke salmon on a lightly toasted croissant	
MELBOURNE.....	19.95
Fresh avocado, tomatoes and steamed spinach	
VEGGIE DELIGHT	19.95
Grilled tomatoes, steamed spinach and mushroom	
HA W A I I EGG BENEDICT.....	19.95
Grilled Pineapple and ham	

SIDE ORDER

POUTINE.....	9.95	SIDE BACON (3).....	4.95
CHICKEN FINGERS.....	13.95	SIDE SAUSAGE (3)	5.25
TOAST & JAM.....	4.95	SIDE TURKEY SAUSAGE (2 LINKS).....	6.95
BAGEL CREAM CHEESE	4.95	SIDE BISON SAUSAGE	7.95
GARLIC TOAST (2 slices)	4.95	SINGLE EGG.....	1.95/DOUBLE EGG 3.75
SINGLE PANCAKE	5.95	SIDE HASH BROWN.....	5.25
SINGLE FRENCH TOAST	7.50	SIDE SAUTÉED MUSHROOM	5.95
FRESH FRUIT CUP.....	5.95	SIDE GRAVY	2.95
FRENCH FRIES.....	6.45	SIDE HOLLANDAISE SAUCE	3.25
ONION RING.....	7.45	SIDE TOMATO (FRESH / GRILLED)	3.95

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SALAD

Add chicken breast for additional \$6.00

CAESAR SALAD.....	SMALL 7.95	LARGE 10.95
GARDEN SALAD	SMALL 5.25	LARGE 8.95
Your choice of dressing: Thai, Italian, Thousand Island, Lemon miso or Ranch		
THAI SALAD	14.95	
Spinach, bean sprout, red cabbage, house spicy dressing topped w/ sesame seeds		
MANGO SALAD.....	14.95	
Shredded mango, lettuce and carrot topped with almond and peanut. Served with our spicy homemade signature Thai dressing		
KALE SALAD.....	14.95	
Fresh kale, carrot and purple cabbage, topped with almond and Feta cheese. Served with our homemade miso lemon dressing or vegan dressing		
APPLE AND AVOCADO SALAD.....	13.95	
Topped with onion, almond and sea salt		

BURGERS

We grind our own 100% Canadian beef

All our hamburgers are 6oz of fresh ground beef served with lettuce, tomato, onion, relish and pickle on a toast Kaiser bun. Add choice of side for extra \$3.95

CHOICE OF SIDE

- FRENCH FRIES
- HASH BROWNS
- ONION RINGS +\$2.00
- GARDEN SALAD
- KALE SALAD + \$2.00
- CAESAR SALAD + \$2.00
- SMALL FRUIT CUP +\$2.00

- DELUXE BURGER..... 11.95
- » CHEESE BURGER (MOZZA OR CHEDDAR) ...13.95
- » BACON & CHEDDAR BURGER.....14.95
- » BACON & MOZZA BURGER.....14.95
- » MUSHROOM BURGER.....13.95
- » MOZZA & MUSHROOM BURGER.....14.95

All premium burgers come with the choice of side:

CRISPY CHICKEN BURGER..... 18.95
 Breaded chicken strips cooked it crispy outside, but stays moist and tender inside. Served with mayo and a side of your choice.

THE ONE AND ONLY KING BURGER.....	20.95
Crisp bacon, fried egg, melted cheddar cheese served with a side of your choice.	
Add extra a patty for \$5.00	
HONEY MUSTARD CHICKEN BURGER.....	20.95
Charbroiled chicken breast topped with melt cheddar, mayo and honey mustard. Served with a side of your choice	
JALAPEÑOS BURGER	19.95
6oz homemade patty charbroiled topped with melted mozza cheese, our peanut sauce and jalapeños served with a side of your choice	
FN BURGER.....	24.95
Double patty, crispy bacon, fried egg, melted cheddar cheese served with a side of your choice	

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SANDWICHES

Comes with a side of your choice

TOAST BLT	13.95
CLUB HOUSE (TRIPLE DECKER)	18.95
Roasted chicken, lettuce, bacon, tomato on toasted bread	
REUBEN	19.50
Swiss cheese, sauerkraut and Montreal smoked corn beef w/ Dijon hot mustard on rye bread	
MONTE CRISTO	19.95
Turkey, cheddar, ham and Swiss cheese on white bread dipped in egg and milk mixture and grilled to golden brown	
STEAK SANDWICH.....	24.95
8oz Sirloin steak in your style. Served on garlic toast	
HOT TURKEY	19.95
Served with steamed veggie	
OLD STRATHCONA SANDWICH.....	21.95
Seared tender slices of beef, fried onion, tomatoes, lettuce, pickle and cream cheese on a Kaiser bun	
CHICKEN SALAD SANDWICH.....	18.95
Roast chicken breast, apple, almond, lettuce, tomato, mayo, cucumber on your choice of toast	
WHYTE AVENUE SANDWICH.....	19.95
Grilled lightly breaded chicken breast, melted cheddar cheese, topped with chopped tomatoes and bacon on-ions lay on a French bread.	
MEAT LOVER SANDWICH.....	20.95
Grilled lightly breaded chicken breast, Canadian bacon, melted Swiss cheese, tomato and topped with ranch dressing on ciabatta bread	

MINI SANDWICHES

Add a choice of sides \$3.95

GRILLED CHEESE	5.95
EGG SALAD.....	5.95
BACON & EGG	7.95
GRILLED HAM & CHEESE.....	7.95
VIETNAMESE SUB.....	12.95
Served on French baguette. Choice of BBQ pork, chicken, or beef	

CHOICE OF SIDE

- FRENCH FRIES
- HASH BROWNS
- ONION RINGS +\$2.00
- GARDEN SALAD
- KALE SALAD + \$2.00
- CAESAR SALAD + \$2.00
- SMALL FRUIT CUP +\$2.000

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ENTRÉES

All Entrées are served with house salad to start, comes with vegetables, garlic toast and a side of your choice.

Side choices: mashed potato, baked potato, French fries, or hash browns

FISH & CHIPS19.95

Homemade style! Basa fish. Served with lemon & tartar sauce.

SALISBURY STEAK20.95

8oz juicy beef patty, sautéed onion, topped w/ gravy.

CHICKEN FLORENTINE..... 23.95

Charbroiled chicken breast with sautéed spinach and mushroom

Smothered in a delicious creamy wine sauce

VEAL CUTLET..... 26.95

Grilled lightly breaded fresh veal topped with sautéed fresh mushroom and gravy.

MONTREAL SPICY STEAK 26.95

8oz beef steak charbroiled in your own style, finished w/ Montreal iconic steak seasoning.

PEPPERCORN STEAK..... .26.95

8oz beef steak charbroiled in your own style, finished w/ flavourful creamy peppercorn steak

PAN FRIED SOLE22.95

Grilled lightly breaded fresh fillet sole, topped with almond

LEMON HERB BASA 25.95

Lightly breaded grilled basa fillet topped with toasted almonds

GRILLED CHICKEN DINNER.....24.95

Grilled lightly breaded chicken breast, spinach, mushroom, and white wine hollandaise

sauce

DINNER STEAK.....26.95

8 oz AAA Sirloin beef steak cook as you like them

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