

TAEGEUK YI JANG (2) PART ONE

1. Ready stance	2. Walking stance, low block	3. Front stance, middle punch	4. Walking stance, low block	5. Front stance, middle punch
6. Walking stance, reverse middle block	7. Walking stance, reverse middle block	8. Walking stance, low block	9. Front kick	10. Front stance, high punch
11. Walking stance, low block	12. Front kick	13. Front stance, high punch	14. Walking stance, high block	15. Walking stance, high block