



Taekwondo Korean to English Terminology



Tenets of Taekwondo

Etiquette - Modesty - Perseverance - Self Control - Indomitable Spirit

Numbers

1. Hana 2. Dul 3. Set 4. Net 5. Dasut 6. Yosot 7. Ilgob 8. Yadul 9. Ahop 10. Yeol

Common Class Terms

Master (4th - 6th Dan) - Sa Bom Nim

Training Hall - Dojang

Uniform - Dobok

Thank You - Gam Sar Ham Nida

Start - Sijak

Belt - Tee

Attention - Charyet

Ready - Joombi

Return to start - Baro

Bow - Kyong Ye

Stop - Geuman

Patterns - Poomsae

Stances

Short Stance - Ap Seogi

Back Stance - Dwi Koobi Seogi

Tiger Stance - Beom Seogi

Long Stance - Ap Koobi Seogi

Sitting Stance - Juchoom Seogi

Cross (X) Stance - Koa Seogi

Kicks

Half turning kick - Bit Chagi

Axe Kick - Chigio Chagi

Pushing Kick - Milyo Chagi

Side Kick - Yeop Chagi

High Turning Kick - Dolyo Chagi

Back Kick - Dwi Chagi

Crescent Kick - Bandal Chagi

Reverse Turning Kick - Bandi Dolyo Chagi

Front snap kick - Ap Chagi

Hook Kick - Hooryo Chagi

Blocks & Hand Strikes

Low Block - Aare Makki

High Block - Eolgul Makki

Outer Forearm Block - Backat Palmock Makki

Spreading Block - Hetchyeo

Middle Block - Momtong Makki

Inward Block - An Makki

Knife Hand Block - Sonnal Makki

Scissor Block - Gawi Makki

Competition Terms

Sparring - Kyrougi

Player Red - Hong

Break Fight - Kallyo

Chest Pad - Hogu

Player Blue - Chong

Warning - Gam Jum
