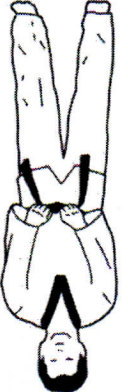
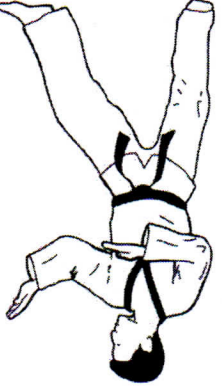
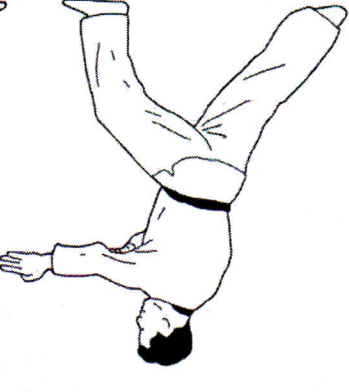
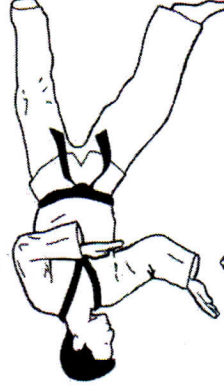
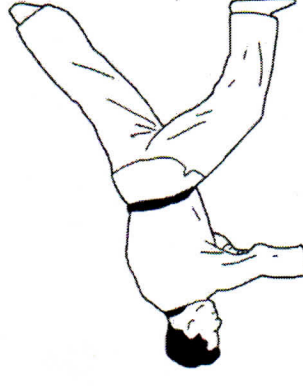

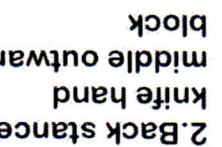
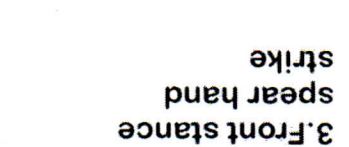
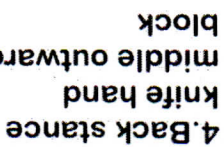
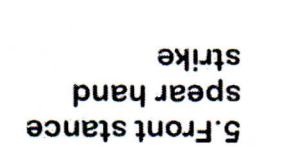
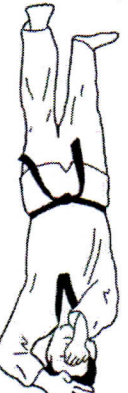
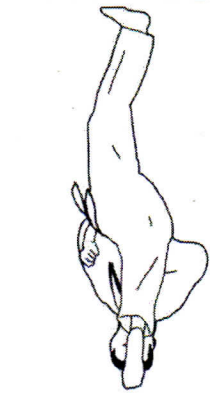
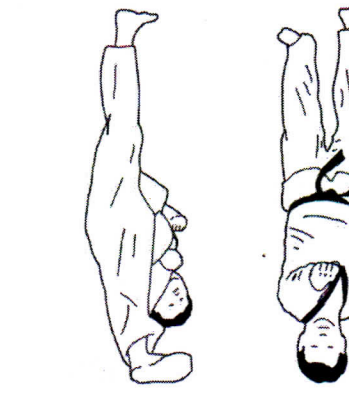
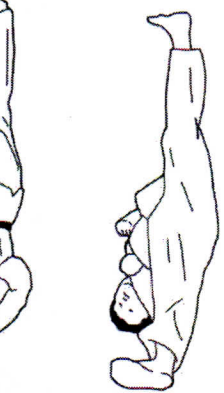
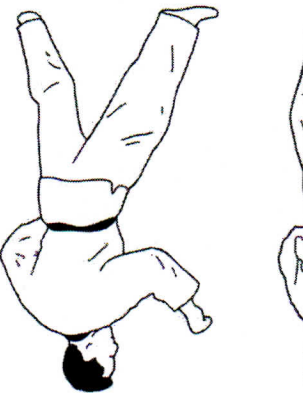
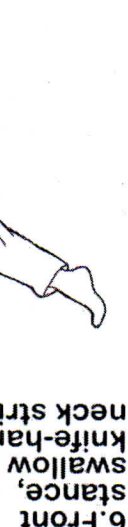
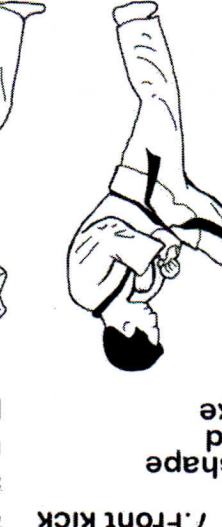


TAEGEUK SA JANG (4) PART ONE

 <p>1. Ready stance</p>	 <p>2. Back stance</p>	 <p>3. Front stance</p>	 <p>4. Back stance</p>	 <p>5. Front stance</p>
 <p>6. Front stance, swallow shape</p>	 <p>7. Front kick</p>	 <p>8. Front stance, reverse middle punch</p>	 <p>9. Side kick</p>	 <p>10. Side kick</p>
 <p>11. Back stance, knife hand</p>	 <p>12. Back stance, middle outward block</p>	 <p>13. Front kick</p>	 <p>14. Back stance, inward middle block</p>	 <p>15. Back stance, outward middle block</p>
 <p>16. Front kick</p>	 <p>17. Back stance, inward middle block</p>			