

Gluten-Free Menu

Egg Specialities

served with potatoes (or fruit for \$1.50)
sub egg whites or organic tofu for eggs for \$1
substitute vegan egg for \$2.50

Huevos Rancheros 15.5 ...add chorizo for a buck
easy eggs, salsa roja, queso fresco, black bean,
corn tortillas, pico de gallo, avocado, sour cream

Breakfast Tacos 16.25

3 tacos with scrambled egg, chorizo, bell pepper,
black bean, avocado, pico de gallo, cheddar
cheese, cilantro, served with corn tortillas

Shakshouka 16

basted easy eggs, salsa roja, garbanzo bean,
tzatziki, cucumber, feta cheese, cilantro, served
with corn tortillas

Captain's Ration Omelet 16

sausage or artichoke, basil-walnut pesto, crushed
red pepper, onion, garlic, sun-dried tomato,
provolone, red pepper aioli, served with corn tortillas

Javalina Scramble 15.5

egg scramble with chorizo, jalapeno, black bean,
salsa roja, queso fresco, pico de gallo, avocado,
served with corn tortillas

Garden Patch Scramble 14.5

egg scramble with bell pepper, mushroom, onion,
carrot, broccoli, diced tomato, garlic, cheddar
cheese, served with corn tortillas

Queen Anne's Revenge Scramble 15

egg scramble with zucchini, mushroom, sun-dried
tomato, red onion, basil-walnut pesto, served with
corn tortillas

Nest Scramble 14.5

egg scramble with fresh spinach, onion,
mushroom, diced tomato, feta cheese,
served with corn tortillas

Breakfast Staples

Yogurt and Granola 9.25

organic greek yogurt, fresh blueberries, granola,
blueberry coulis, side of fruit

Sailor's Delight Potato Bowl 16

artichoke heart, tomato, garlic, mushroom, sauteed
onion, spinach, potato, cheddar cheese, red pepper
aioli, cilantro, two medium eggs, served with corn
tortilla

The Old Standby 12.5

two eggs any style, potatoes, choice of bacon, ham,
sausage links (or fruit for \$1) served with corn tortilla

Herbivore

Farmhouse Salad 10/ 13.5 w/ grilled chicken

romaine, grape tomato, carrot, cucumber, red onion,
broccoli, shredded cheddar, choice of house-made
ranch, balsamic, caesar dressing

Vegan Kzoo Stir Fry 16

potatoes, organic tofu, or Ann Arbor tempeh, bell pepper,
red onion, broccoli, mushroom, zucchini, garlic, tomato,
carrot, garbanzo bean and spinach, Crow's Nest potato
dust, topped with hummus, served with corn tortillas

Vegan Queen Anne's Revenge Scramble 16

tofu scramble, zucchini, mushroom, sun-dried tomato,
red onion, vegan basil-walnut pesto, side of potatoes,
with corn tortilla

El Sol Scramble 16.75

vegan egg, vegan chorizo, vegan provolone, sauteed
onion, zucchini, cilantro, topped with salsa roja, side of
potatoes, with corn tortilla

Sandwiches

choice of potatoes, hummus & veggie or soup.
(or house salad, Caesar salad or fruit for \$1.50)

Ham Solo 17.5

grilled chicken breast, swiss cheese, ham, sauteed
onion, ranch, salsa verde, on gluten-free roll

Hawkeye Chicken Sandwich 17.5

grilled chicken breast, swiss cheese,
prosciutto ham, sauteed mushroom and onion, roasted
garlic aioli, on a gluten-free roll

Classic Burger 17.5

LV farms beef patty, cheddar, lettuce, tomato, onion,
sliced dill pickle, burger sauce, on gluten-free roll
... add an egg for \$1.5

Corsair 17.5

roasted turkey, avocado, havarti cheese, spinach,
sauteed onion, basil-walnut pesto aioli, on a
gluten-free roll

Sweet Heat Chicken Sandwich 17.5

grilled chicken breast, goat cheese, thymed tomatoes,
jalapeno, red pepper aioli, honey, on a gluten-free roll

**Please let your server know that you are
ordering your entree from our gluten-free
menu to allow us to prepare it safely for you.**