



# REPORT

DECEMBER 2025

## The Birth of Jesus Christ, Luke 2:1-7 ESV

2 In those days a decree went out from Caesar Augustus that all the world should be registered. <sup>2</sup> This was the first registration when Quirinius was governor of Syria. <sup>3</sup> And all went to be registered, each to his own town. <sup>4</sup> And Joseph also went up from Galilee, from the town of Nazareth, to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, <sup>5</sup> to be registered with Mary, his betrothed, who was with child. <sup>6</sup> And while they were there, the time came for her to give birth. <sup>7</sup> And she gave birth to her firstborn son and wrapped him in swaddling cloths and laid him in a manger, because there was no place for them in the inn.

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**'25-'26 School Theme: Let's Make a Joyful Noise!**

*"Make a joyful noise to the Lord, all the earth:  
Break forth into joyous song and sing praises!"*

Psalm 98:4

Let's  
Make  
a Joyful  
Noise **2025-26**

## Christmas Greetings!

*"From our families to yours, may the light of Christ fill your heart with peace, your home with joy, and your life with unshakable hope. Wishing you a blessed Christmas as we celebrate the greatest gift ever given — our Savior, Jesus Christ."*

**Campus Administrator**

Mr. Van Guillotte

**Business Manager**

Mrs. Giselle King

**ECC Director**

Ms. Niece Pearson

**Individual Instruction**

Mrs. Lynn Cunningham

**Teacher's Aid**

Ms. Stephanie Dodd

**Music Education**

Brian Tidwell

**Library**

Mrs. Marla Junghanns  
(The Traveling Librarian)

**7<sup>th</sup> & 8<sup>th</sup> Grades**

Mr. Mitchell Bryant

**5<sup>th</sup> & 6<sup>th</sup> Grades**

Ms. Belinda Harke

**3<sup>rd</sup> & 4<sup>th</sup> Grades**

Ms. Kerriona Carson

**2<sup>nd</sup> Grade**

Mrs. Sadie Downes

**1<sup>st</sup> Grade**

Mrs. Grace Rohwer

**Kindergarten**

Mrs. Dana Johnson

**Pre-K**

Mrs. Alesha Baumann  
and Ms. Sam Johnson

**Pre-School**

Ms. MarQuisha Love

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## Upcoming Dates of Importance

**Friday, December 5<sup>th</sup>— All School Pep Rally, 2:45pm – 3:15pm, School Gym**

**Sunday, December 14<sup>th</sup> — Christmas Sing for the Church Congregation, 10:15am-11:30am**

**Thursday, December 18<sup>th</sup> — School Christmas Program, 10:00am – 11:00am or  
6:30pm – 7:30pm, School Gym**

**December 22<sup>nd</sup> – January 2<sup>nd</sup> — Christmas Holiday, **NO SCHOOL****



*"For to us a child is born, to us a son is given, and the government will be on his shoulders.  
And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace."*

Isaiah 9:6

**Monday, January 5<sup>th</sup>— Professional Development Day, **NO SCHOOL****

**Tuesday, January 6<sup>th</sup> — SCHOOL RESUMES, START OF THE 3<sup>RD</sup> QUARTER**



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To provide a quality, Christ-centered educational experience which allows children in our communities to grow, flourish and become outstanding young adults.

## GSLs Rams Pep Rally, Friday, November 7, 2025

Sgt. E. Ramsey, and his partner, Rocky, of the Midwest City Police Department, joined the monthly Pep Rally and demonstrated some of the talents that Rocky has in carrying out "The mission of the Midwest City Police Department to provide law enforcement services, education and leadership through community oriented policing." Thank you, Sgt. Ramsey and Rocky, for your service!



## Veteran Day's Program, Monday, November 10, 2025

The Pre-School children's poster summed up the message for the day:



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## A Night in Bethlehem

At A Night in Bethlehem, the children will explore the city at the time of Jesus' birth. Through hands-on experiences they'll find out about the most important baby ever—and learn that Jesus came to save us!

A Night in Bethlehem will be presented at  
Good Shepherd Lutheran Church  
on Friday, December 5, from 5 pm to 7 pm

We invite you to be a part of this amazing evening as the children stroll through the streets of Bethlehem visiting Bethlehem Bakery, the Metal Shop, the Carpentry Shop, the Scribe's Tent, the Pottery Shed, the Painter's Hut—and most importantly, the stable where they will find Mary and Joseph, and the Baby Jesus!

Please see Ms Dana for  
registration forms.



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## ADVENT

### At Christmas, we celebrate a birth that happened centuries ago.

The God of the universe was born of a human mother. This baby Jesus in the manger was not a new God, but the God who had created the world. He had known it from the beginning. On Christmas, for the first time, He looked at His world through human eyes.

The God who had created man still loved His creation. Though humankind had wandered away from Him again and again, He loved them. Though He knew they would kill Him, He loved them — enough to die for them.

**Jesus came at Christmas to save those lost men. He came to save you.**

During Advent, the season that comes before Christmas, the church sings "O Come, O Come Emmanuel." Emmanuel means "God with us." Humankind still wanders away from God again and again. Alone, we lose the way. We need a God who is not far off, but who will come to rescue us.

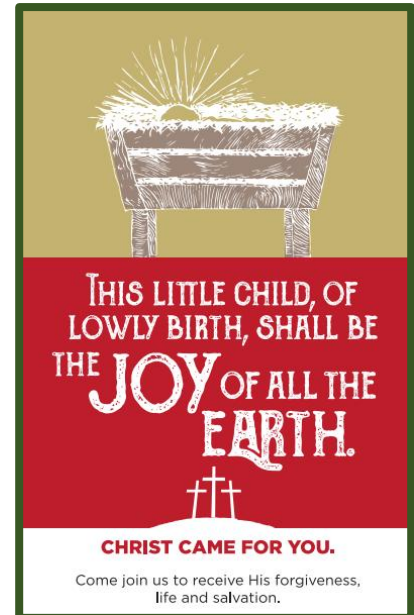
God is with us. Jesus came at Christmas to save you. But not just at Christmas. **He comes to save you now.**

Believers in Jesus gather together at church every week, and there Jesus meets them. He speaks to them through His Word in the Bible. He brings the forgiveness of sins to those who trust in Him. He is there with comfort and peace for His people. Every week.

As we gather together in church under His name, we know that Christ is with us, just as He has promised to be. This is our joy, the joy of all the earth.

Join us on Christmas as we gather together to praise this Christ, who will come to us as truly as He came to earth on that first Christmas.

Rev. Dr. Matthew C. Harrison, President  
The Lutheran Church—Missouri Synod



### Advent Services, Wednesday's:

- 12/3, 6:00pm
- 12/10, 6:00pm
- 12/17, 6:00pm
- 12/24 Christmas Eve, 5:00pm**
- 12/25 Christmas Day, 10:30am**
- 12/31 New Year's Eve, 5:00pm**



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**Trail Life**

Troop OK-4077

*Walk  
Worthy!*

*Colossians 1:10*

Adventure  
Leadership  
Service  
Faith



[trailife.ok4077@gslok.org](mailto:trailife.ok4077@gslok.org)



**AMERICAN  
HERITAGE  
GIRLS**

*Faith,  
Service,  
Fun!*

*Philippians 4:13*



[ahg.ok4077@gslok.org](mailto:ahg.ok4077@gslok.org)

*Raising up godly women  
of integrity for Christ  
and country.*



**Contact Information**

**Church:**

700 N. Air Depot Blvd.  
Midwest City, Oklahoma 73110  
Phone (405) 732-2585  
Website: [www.MyLutheran.church](http://www.MyLutheran.church)

**Church Services:**

Sunday Worship: 8:00AM & 10:30AM  
Bible Study & Sunday School: 9:15AM

**Wednesday Midweek:**

Confirmation, 5:00pm  
Fellowship Meal, 5:30pm  
Adult Bible Study 6:00pm – 7:00pm  
& Children's Class

**School:**

Phone (405) 732-0070  
Fax (405) 732-3977  
Website: [www.MyLutheran.school](http://www.MyLutheran.school)  
E-mail: [schoolsecretary@gslok.org](mailto:schoolsecretary@gslok.org)  
School Hours:  
Mon-Fri: 8:15 AM - 3:45 PM

**Early Childhood Center:**

Phone (405) 732-7667  
Fax (405) 732-3977  
Website: [www.MyLutheran.school](http://www.MyLutheran.school)  
E-mail: [eccdirector@gslok.org](mailto:eccdirector@gslok.org)  
Early Childhood Center Hours:  
Mon-Fri: 6:00 AM - 6:00 PM



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# Christmas Dinner & Court of Honor

*TrailLife and AHG Troops OK-4077 are hosting a  
Christmas Dinner & a Court of Honor  
on Monday, December 15 @ 5:30pm  
and you're invited to join us!*

*The boys and girls will perform a flag ceremony,  
then we'll hand out the awards they've earned,  
and serve dinner. The event is open to members  
of the Charter (GSLC) and the school.  
We hope to see you there!*

**<< RSVP Required by 12/08/2025 >>**

RSVP: [TrailLife.OK4077@gslok.org](mailto:TrailLife.OK4077@gslok.org) or 405.831.7358



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## Beyond Thanks: 5 Ways to Nurture Gratitude in Children

By: Datta Munshi MD, FAAP

As parents, we want to provide our children a sense of stability and normalcy during times uncertainty, fear and change. That's not always easy.

During stressful times, we may not always be able to change the reality of the moment. However, we **can** focus our energies on "controlling what we can control." We can also practice gratitude for the events—no matter how small—that enrich our days.

**The habit of gratitude can help us get off the treadmill of everyday life and acknowledge the small victories that we all have every single day.**

### Reasons to be thankful: the health benefits

A growing number of studies have looked at the impact of gratitude on our overall well-being. The results show benefits to both our physical and emotional health, including happiness in children. Luckily, gratitude can be added to our daily routines without increasing our "to-do" and "to-learn" lists.

### Tips to practice gratitude & improve your family's mental health

Teaching polite manners, such as saying "thank you," isn't the only way to promote gratitude in children. Here are some tips to help build a habit of gratitude in your children.

1. **Focus on what went "right" each day.** Take a couple of minutes at bedtime to write down or talk about at least one thing, no matter how small, or one part of the day that you and your family are grateful for. Consider collecting them in a family "gratitude jar."

Studies show that gratitude improves sleep quality and decreases symptoms like unexplained aches and pains. By focusing on the positive parts of the day, gratitude promotes a positive outlook.

2. **Don't save conversations about gratitude for Thanksgiving.** Whether driving back home or enjoying a family game night, talking about the people you are grateful for in your life—and why—can go a long way.

Think about positive traits in others that make us feel grounded, loved and give us a sense of security. Reminding ourselves of those high-quality relationships can help us better manage anxious and sad thoughts.

3. **Promote sincere verbal or written expressions of thankfulness.** Your children build a habit of thankful expression. Thanking others helps to increase self-esteem, mental strength and positive social behaviors—such as helping, sharing and volunteering. All of these are vital to strengthening our resiliency, a trait that we all need right now.

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4. **Find ways to help others in need.** It's important to encourage children and teens to take active steps in providing service to their communities. Help them find causes that they are interested in, such as volunteering for a nursing home or raising money for charity. By participating in giving activities, they will gain a sense of purpose and develop skills that will help them succeed in life.
5. **Be a role model.** One way to teach your children to be more grateful is by actually being more grateful yourself. Show them your appreciation on a regular basis and they will learn to follow in your footsteps. You can start by modeling good behavior and practicing positive discipline techniques.

#### **Remember—**

Spending just a few minutes a day to practice gratitude with our families can have a positive impact on how we address stressful situations life unexpectedly throws our way. It is especially effective as part of an overall family wellness plan that focuses on healthy eating, sleeping, screen time habit and daily physical activity.

Regular check-ups with your pediatrician are also a wonderful opportunity to further discuss gratitude and other ways to improve your family's physical and emotional resilience. Be sure to talk with your pediatrician if you have any concerns about your child's health and wellbeing.

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**Datta Munshi MD, FAAP**, is a practicing community pediatrician and mom of three in Atlanta. She has a strong interest in collaborating with schools and local community resources to promote physical and emotional wellness for all children. She serves on various committees including the Georgia Chapter of the American Academy of Pediatrics Chapter's Committee on School Health, the Forsyth County Total Wellness Collaborative, and Children's Healthcare of Atlanta Behavioral Health Initiative to promote improved communication between organizations serving children.

#### **Source**

American Academy of Pediatrics (Copyright © 2020)

The information contained on this Web site should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.



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<div>  <h1>GSLs Activities December 2025</h1>   </div>						
SUN	MON	TUE	WED	THU	FRI	SAT
1		2	3 10:00am Chapel 5:00pm Confirmation 5:30pm Fellowship Meal 6:00pm Advent Services	4	5 2:45pm—3:15pm All School Pep-Rally  5:00pm—7:00pm Night in Bethlehem	6
7 8:00am Worship Service 9:15am-10:15am Bi- ble Study & Sunday School 10:30am Worship	8	9	10 10:00am Chapel 5:00pm Confirmation 5:30pm Fellowship Meal 6:00pm Advent Services	11	12	13
14 8:00am Worship Service 9:15am-10:15am Bi- ble Study & Sunday School 10:30am Worship	15	16 5:00pm Ministry Of Parochial Ed Com- mittee Meeting Fellowship Hall	17 10:00am Chapel 5:00pm Confirmation 5:30pm Fellowship Meal 6:00pm Advent Services	18 School Christmas Program 11:00am—12:00pm or 6:30pm—7:30pm School Gym	19	20
21 8:00am Worship Service 9:15am-10:15am Bi- ble Study & Sunday School 10:30am Worship	22	23	24 <b>ECC Closed</b> 5:00pm Christmas Eve Service	25 <b>ECC Closed</b> 10:30am Christmas Day Service <b>Resume Tuesday, Jan. 6th</b>	26	27
28 8:00am Worship Service 9:15am-10:15am Bi- ble Study & Sunday School	29	30	31 New Year's Service @ 5pm	Jan 1 ECC Closed <b>HAPPY New Year!</b> <b>Resume Tuesday, Jan. 6th</b>	Jan. 2	

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# GSLs Menu December 2025



SUN	MON	TUE	WED	THU	FRI	SAT
	1 Spaghetti, corn, garlic bread, strawberries, milk	2 Pizza, salad, fruit, milk	3 Grilled Cheese, tator tots, apple, milk	4 Taco Salad w/ lettuce & cheese, Mexican rice, oranges, milk	5 Chili Dogs, chips, pickles, pineapple, milk	6
7	8 Chicken & Cheese Alfredo, green beans, rolls, pineapples, milk	9 Beef & Cheese Nachos, beans, Spanish rice, milk	10 Com Dogs, carrots, peaches, milk	11 Frito Chili Pie w/cheese, com, oranges, milk	12 Hamburger helper, green beans, grapes, milk	13
14	15 Soft Tacos, Spanish rice, grapes, milk	16 Pizza, salad, fruit, milk	17 Taquitos, Spanish rice, grapes, milk	18 Baked BBQ chicken, green beans, apple sauce, milk	19 Hot dogs, chips, fruit, pickle, milk	20
21	22 Chicken tacos, com, pears, milk <b>School Closed for Christmas</b>	23 Chicken nuggets, mashed potatoes, fruit cocktail, milk <b>School Closed for Christmas</b>	24 ECC Closed/Christmas Eve <b>Break/Classes Resume Tuesday, Jan 6th</b>	25 ECC Closed/Christmas Day <b>Break/Classes Resume Tuesday, Jan 6th</b>	26 Cheese Quesadilla, salad, fruit, milk	27
28	29 Spaghetti, com, garlic bread, strawberries, milk <b>School Closed for Christmas</b>	30 Pizza, salad, fruit, milk	31 Grilled Cheese, tator tots, apple, milk <b>Break/Classes Resume Tuesday, Jan 6th</b>	1 ECC Closed/New Year's Day <b>Break/Classes Resume Tuesday, Jan 6th</b>	2 Chili Dogs, chips, pickles, pineapple, milk	

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