

# GSLs Lunch Menu

## October 2018

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Corn dogs, glazed carrots, peaches, milk	2 Chicken Fried Rice w/vegetables, Egg Rolls, orange halves, milk	3 Beef Burrito Casserole, 1/2 banana, bread & butter, milk	4 Pizza, mixed vegetables, pears, milk	5 Hamburger casserole, green beans, bread & butter, milk	6
7	8 Chicken nuggets, mashed potatoes w/ gravy, peas, bread & butter, milk	9 Bologna & cheese sandwich, vegetable soup, apple slices, milk	10 Hamburger Helper, mixed vegetables, Jello w/fruit, milk	11 Taco Salad w/ tomatoes & cheese, tator tots, fruit, milk	12 Hot dogs w/chili, baked beans, chips, 1/2 banana, milk	13
14	15 Fish sticks, Au Gratin potatoes, green beans, bread & butter, milk	16 Beanie Wienies, Glazed Carrots, 1/2 Apple, Bread & Butter, Milk	17 Chicken Parmesan, w/noodles, Corn, Banana, Milk	18 Beef & cheese nachos, Spanish rice, refried beans, milk	19 Frito Chili Pie w/ beans & cheese, orange half, milk <b>P/T Conferences/No School</b>	20
21	22 Chicken nuggets, mashed potatoes, glazed carrots, bread and butter, milk <b>FALL BREAK/NO SCHOOL</b>	23 Chicken Alfredo, mixed vegetables, apple, bread & butter, milk	24 Ravioli, mixed vegetables, orange half, bread & butter, milk.	25 Soft beef taco w/ lettuce, tomato & cheese, tator tots, Jell-O w/fruit, milk	26 Peanut Butter & Jelly Sandwich, Chips, banana, Celery Sticks, milk/ <b>Prof. Day Dismissed @ Noon</b> Fall Festival/6pm-8pm	27
28	29 Chicken Patty Sandwich, pasta salad, fruit cocktail, milk	30 Macaroni & Cheese, peas, bread & butter, apple half, milk	31 Lasagna, salad, peaches, bread & butter, milk	1 Cheese Quesadillas, pinto beans, Spanish rice, milk	2 Hamburgers, tator tots, orange, milk	