

# FIRST AID – 2023

Name: \_\_\_\_\_

1. When an object is stuck in a person, you should...
  - a. remove it right away.
  - b. not move it and stabilize it if able.
  - c. Keep the victim from pulling out the object.
  
2. What do you wear to protect you from the victims bodily fluids? \_\_\_\_\_
3. Match what RICE actions to help a bone/limb injury are:
  - a. Rest \_\_\_\_\_
  - b. Ice \_\_\_\_\_
  - c. Compression \_\_\_\_\_
  - d. Elevation \_\_\_\_\_
  1. Place plastic bag, with ice – make sure you have a barrier
  2. Raise injury to keep down swelling
  3. Do not move injured area
  4. Wrap with an ace wrap or gauze
4. 3 Signs of a skull fracture are...
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
5. If you suspect a head injury, what must you not do to cause more injury? \_\_\_\_\_
6. Some signs of a heart attack  
\_\_\_\_\_  
\_\_\_\_\_
  
7. Signs of stroke: What does FAST stand for:
  - a. FACE look at \_\_\_\_\_
  - b. ARM look at \_\_\_\_\_
  - c. SPEECH look at \_\_\_\_\_
  - d. TIME action to do \_\_\_\_\_
  
8. You should never put \_\_\_\_\_ on a burn.
  
9. Before helping someone you see injured, what must you do? \_\_\_\_\_
  
10. When choking why should you not pat them on the back?  
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