



Service BROCHURE 2024

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HIGH 5 TEST

MINDSET > TOOLSET > SKILLSET



HELPING YOU SOLVE THE LEADERSHIP PUZZLE

ROB MOORS

LEADERSHIP COACH EXECUTIVE COACH L&D COACH EVENT SPEAKER PODCAST HOST







To unleash the leaders our world needs, one conversation at a time...

HOW

By using the 'Coach Approach' to trust, understand, challenge and listen to the amazing leaders we have in our workplaces; recognising their positive intent and potential...

WHAT

Through 1-1 Coaching, Group Coaching, Training, Facilitation, Podcast Interviews, Speaking Events, Mindset Workshops, Social Media Content, and Simple Frameworks.

Who's Rob?



SENIO

CHARTERED

MANAGER FELLOW CMgr FCMI (O) Clarity4D

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MY BACKGROUND:

I have over 20 years' experience in Senior Leadership roles within People, L&D and Leadership Development teams; spanning organisations such as the NHS, TalkTalk and Sky.

Everything changed for me when I became a first-time leader of people; a shift I was ready for, but not prepared for. My mistake?... Thinking I had to have all the answers. My epiphany came through leadership coaching, which helped me realise that my job wasn't to be the hero; but to guide, develop and coach others; within my own team, and with the stakeholders I served.

I believe a simple shift is at the heart of future Learning and Leadership. For decades we've trained leaders in the skills and traits we want from them (Skillset), then provided the resources to deploy them (Toolset) but questioned their commitment when it fizzles out (Mindset).

By flipping the approach, it becomes much clearer... Get everyone thinking the same way about what we want to achieve and what we want that to feel like (Mindset). Then co-create the responsibilities, accountabilities and measures that will help us to monitor if it's working (Toolset). Then... coach and develop the skills required to achieve all of this (Skillset).

HOW I GO ABOUT IT:

- D Helping Leaders & Teams to add more value in business, through vision, purpose and execution
- Developing a coaching style & conversational skills in Leaders
- Unlocking a new mindset within Leaders that puts people at the heart of performance

WHAT I DELIVER:

- Leadership Coaching & Facilitation Operational and L&D Leaders
- Workshops, Webinars, and Keynote Speaking

QUALIFICATIONS & ACCREDITATIONS:

- Chartered Fellow CIPD (FCIPD)
- CIPD Level 7 Diploma (HRD)
- Chartered Manager FCMI
- □ CMI Level 7 Diploma Leadership Coaching & Mentoring □
- Fellow Learning & Performance Institute (FLPI)

- D EMCC Accredited Coach (Senior Practitioner)
- Professional Member of EMCC UK & EMCC Global
- Signed to the EMCC Global Code of Ethics
 - Performance Consultants Certified GROW Coach
- ILM Endorsed Manager/Coach



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COACHING



Coaching Discovery Session: 30 Mins - Free of Charge

We will discuss your motivation for seeking coaching, as well as 'why now'. You can reveal your aims and expectations of coaching, and what you are looking to achieve both personally and professionally. It's also a great opportunity for you to ask any questions you might have about me, coaching and how it works.

Option 1

one-off

1 session of 60 minutes

Have you got a difficult decision to make? Maybe you need to choose between a few different paths, or you have a particular challenge.

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Sometime clients want to explore their strengths and personality? I'm a 'High 5 Strengths' Partner and 'Clarity4D Business Partner, so we can look at your strength and communication profiles too.

Option 2

TACTICAL

3 sessions of 60 minutes

You've got a big 3 months ahead, and would like some short term support.

Maybe there's a restructure happening in your team or department? Or struggling to balance leading a team with a course you're completing?

Also, this is perfect for a first time leader as they start out.

Option 3

STRATEGIC

6 sessions of 60 minutes

You see Coaching as an essential part of the bigger picture, and want to gauge the benefits over a longer period.

You want to begin feeling the impact of coaching on all aspects of your work; helping you to solve the problems, meet the challenges and explore the opportunities that you both see, and don't see.

Option 4

GROWTH

12 sessions of 60 minutes

You recognise coaching as an essential part of your continued development and growth.

You value a regular sounding board and confidant... who will challenge and support you.

Each time we'll focus on both your topical and ongoing challenges, opportunities and continued development.





CONSULTANCY & GROUP COACHING



Defining/Redefining your Vision

Articulating your Mission

Building your Values

Creating Leadership Standards

Scoping Leadership Development

Supporting L&D Impact

Overcoming Barriers

Executive 1-1 / Team Coaching

Performance Management

Culture Development

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Helping you solve the leadership puzzle

Whether your establishing a new business, building a new Senior Leadership Team, looking to set a new direction, or are simply stuck looking to generate new ideas to solve existing challenges; group coaching and consultancy can generate that spark to energise the business.







THE COACH APPROACH' PROGRAMME





GOLD PACKAGE THE PROGRAMME FLOW: WORKSHOP 1 **1-1 COACHING** supervision EVALUATION GROUP WORKSHOP 2 **1-1 COACHING** supervision GROUP WORKSHOP 3 **1-1 COACHING** supervision GROUP WORKSHOP 4 1-1 COACHING SUPERVISION GROUP WORKSHOP 5 1-1 COACHING Supervision GROUP 1-1 COACHING WORKSHOP 6 supervision 6-month CATCH-UP EVALUATION www.robmoors.com Clarity4D HIGH 5 TEST **ROB@ROBMOORS.COM** 07764 487892



AN EXAMPLE BESPOKE PROGRAMME...



KICK-OFF / CONSULTANCY

A 'Kick-off' event/webinar/workshop to cover Culture and Leadership themes; e.g. the role of a leader and the ingredients of an effective culture. **OUTPUT:** A co-created culture promise, based on how we want people to feel, rather than what we want them to do; built and owned by the group. This is then the measure of programme impact; a survey to measure the growth of key impact/measurables.

EXAMPLE THEME 1	EXAMPLE THEME 2		EXAMPLE THEME 3	EXAMPLE THEME 4		EXAMPLE THEME 5		
TEAM	TRUST		communication	PURPOSe		Performance		
Motivation Engagement Teamwork Strengths	Building Trust Relationships Rapport Psychological Safety		Communication Great Conversations Challenging Conversations Listening	Shared Vision Shared Mission Cascading Purpose Alignment		Accountability Responsibility Change Goal Setting		
PROGRAMME ROLLOUT								
MINDSET		TOOLSET		SKILLSET				
WORKSHOPS		Embedding		EVOLVING				
explore what we mean by each of them, what builds them, what gets in the way, why are wo		ated Coaching conversations be orkshop to bring the learning fr rkshops to the real world, for ea vidual/team; to challenge and fo	om the ach	A before and after survey to assess the progress of the team against set goals; to also be used to identify future development needs to achieve further growth and results.				



FACILITATED TRAINING WORKSHOPS



Think Like A Leader

Think Like A Coach

Your Team is Your Business

Influencing Skills

The Coaching Skill

Inspiring Performance

Having Great Conversations

Challenging Conversations

Individual and Team Strengths

Colour Energy and Profiling

Training is an essential part of '100% Development'.

This is an example list of workshops I run, which can be hosted as:

1-3 Hour Webinars 1/2-Full Day Training Finding Your 'Why'

Managing Change

Problem Solving

The Art of Storytelling

Stakeholder Engagement

Managing Time and Priorities

Setting Effective Goals

Presentation Skills

Effective Communication

Building a Feedback Culture

'CLARITY4D' ACCREDITED TRAINER







Keynote speaking

ership traits'...

can feel

to make your people feel supported and engaged; co perform at their best."

Bespoke Talks

'Out of the Box' Talkes

Event Facilitation

Audience Workshops

Leadership Talks

Great Leaders, Leadership Development, Vision, Engagement, Motivation, Feedback...etc

Coaching Talks

What is coaching, why should we care? Coaching Vs Coaching style, Listening to understand...etc

L&D Talks

L&D Value and ROI, Restructure & Redundancy, Performance Consultancy...etc



Helping you solve the leadership puzzle





People don't buy coaching...

... THEY BUY THE ROUTE TO THEIR DESIRED CHANGE OR TRANSFORMATION.

So, Instead of selling coaching to you, I THOUGHT YOU'D PREFER TO HEAR FROM LEADERS I'VE ALREADY WORKED WITH...



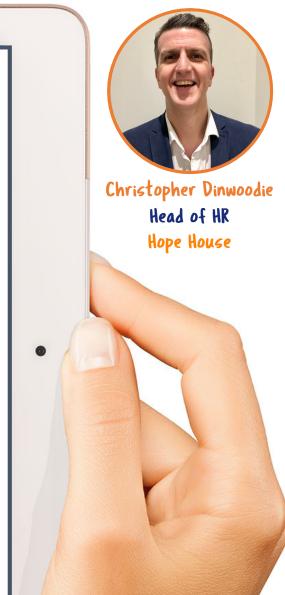
Helping you solve the leadership puzzle

"We worked with Rob over a 9-month period to develop and deliver a bespoke "Great Coaching Conversations" programme for our hospice care leadership team.

The programme focused on supporting the team to learn how to pragmatically and practically use coaching skills to bring out the best in their team during everyday conversations.

It was great to work with Rob, as he was extremely positive, flexible and responsive to our needs.

The programme was well received by the team and its successful application could be seen in the pre and post training survey assessments that we completed. "





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"Rob has coached me through a significant change in my role, and I have found his mix of conversational style, challenge and experience sharing very beneficial.

He has struck a balance between helping me find my own style as a leader, and offering useful tips to help shape my approach to key activity through this time. I always come out of our coaching sessions with renewed energy and the belief that I can do this. It's been the right mix of challenge and encouragement.

I would say that Rob's experience in L&D, plus his ability to listen to your specific needs add value to individuals and organisations. The tools that he has shared have helped me to build my own plan, based on my personal strengths and development areas, of how to effectively operate in my new role.

I would highly recommend him to add value to your business!"

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"Being coached by Rob is like going to the most fantastic hardware store and discovering valuable practical tools to prepare for and navigate the difficult conversations I constantly face with my stakeholders and internal customers, as a Talent Development Manager.

Rob has helped me practice more empathy with myself because even talent development professionals are not perfect as professionals. And he has done a great job in coaching me to think and collaborate differently when it comes to being a solid partner for the business leaders I serve in my role.

If you need to start thinking out of the traditional L&D box, work with Rob!"

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Alison Fraser L&D and Talent Manager

Leadership

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"I have personally experienced and found Rob to have a natural ability to connect, listen and empower me to believe in my own ability and focus on my personal development.

Our coaching conversations have never felt staged or rehearsed but flow and are incredibly enjoyable. His style feels holistic as do his responses which are specific, thought provoking and constructive.

By far the most personable, polished coach of which I would highly recommend."

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"Rob is a great listener, with a natural ability to coach. I've worked with Rob in the past and he's always shown compassion and interest when helping others. He coached me when I was made redundant which really helped me to move on with finding a new role. Rob is very knowledgeable in Learning and Development too which makes him a great mentor.

He communicates in a clear way that is easy to understand and has a lot of patience. Rob is currently coaching me as I find myself in a stand-alone L&D role. I'm really seeing the benefits of having a great coach and how important it is for me."



ane Aslama-Lanjri Coach



"Rob has it ALL!

I have not regretted a single moment since hitting the send button on my first message to Rob. From the very first conversation we had, his authenticity and personable nature came across in droves and I knew he would be the perfect Coach for me.

Not only is Rob a great listener, he is genuinely interested in every word that you utter. He asks questions which challenge you, but in the best of ways, constructively enabling and empowering you to bring to the surface the qualities which he has intuitively recognised are in there already!

Rob's depth and breadth of experience within the L&D space offered me the reassurance that he could empathise with the challenges I faced. During our conversations, Rob demonstrated how both his coaching skills and experience can come together to formulate the perfect balance of self-discovery and helpful ideas.

I felt Rob worked hard to understand my core values, how they drive and motivate me to do what I do, and how he could support me to do that.

If you need a professional, friendly and highly skilled coach who will help you drive results. You've found him!"

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"Finding a GREAT coach, like Rob, is like finding the RIGHT lipstick! The right lipstick makes you feel 'good about yourself' even when you aren't feeling on top of your game.

Rob's MO is conversational, with no judgement, so you feel equally as comfortable exploring your 'WHY', as you do when you are stuck for an answer regarding your next steps and he calmly accommodates.

His approach has enabled me to consider challenges in a positive way, allowing me to appreciate that I DO have the knowledge and experience to get the result/s I want.

Thank-you, Rob."



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Ashleigh Fenwich L&D Manager

Sucan Goodbrand

Leadership

Consultant

"Rob has all the attributes you look for in a Coach; he's thought provoking, incisive and supportive whilst offering the right level of challenge and reflection to enable useful reframes and to generate options and possibilities, on top of all that he's a damn nice bloke too!"

"There are not enough positive words to describe Rob.

I had the pleasure of having several chats with him over the past few weeks where he guided and coached me into finding not only my potential and strengths but also supporting me into embracing my weaknesses in a proactive and positive way.

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He carefully listened to my story and experiences and reacted with positivity, enthusiasm and empathy. His deep knowledge of L&D and work experience make him an open and "think-outside-the-box' professional who supports people in finding their best selves.

If he were able to have such a big and positive impact on me, I cannot imagine what greater impact can have in a company as a leadership coach. It is an absolute pleasure to work with you, Rob and I cannot thank you enough for what you did and are still doing with me."



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Head of People

"The sessions really made me reflect on my own working practices, and it was great to get an outside opinion on aspects around team working; with useful leadership models and tools relating to real life and creating meaningful context for working practice.

Rob created a friendly and relaxed environment allowing conversation to take place in a comfortable and encouraging way, which really helped get to the core of the sessions; it was really beneficial to have a sounding board that offered advice when needed, while always leading me to find answers myself and undertake actions."

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Chris Dobson Technical Manager Redrow Homes "After 18 years with one company I was embarking on a new journey in an Industry that was remarkably different from what I knew. Whilst I settled in really quickly, I knew I needed a little bit of extra help navigating my first few months in a new role. As an advocate of a coaching culture, being a fan of the work Rob had being doing with Leadership Untitled Podcast and having previously been a colleague of Rob's, I reached out to explore coaching options with him.

What I love about Rob is he asks poky questions, the ones you know you are shying away from to get to the route of where you need to work. Rob tailored each session to meet my needs and focused on where I needed to stretch out of my comfort zone.

Rob introduced me to his RISE model and it's something that I now use intuitively as a planning tool ahead of most conversations which has helped me grow in confidence in conversations that I may have previously perceived as challenging. This also helped me to keep 'imposter syndrome' at bay, since working with Rob, it has never entered my thoughts.

The funny thing about L&D folks, we are quick to support the development of others and often deprioritise our own needs and it's something I recognised in myself a long time ago and know that I need to 'put my own oxygen mask on first' in order to be at my best for everyone else. I'd highly recommend Rob, in fact I do regularly with my colleagues, he is an exceptional coach, L&D expert and I value the support he has given me through coaching, enabling me to be the best version of myself. Thanks Rob!"

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TESTIMONIAL ACQUIRED THROUGH: INSPIRE IGNITE

"The coaching sessions with Rob have made a significant impact on my public speaking skills. Rob has a keen eye for identifying client's pain points and possesses extensive knowledge of psychological counselling which is very impressive.

I enjoyed talking with Rob and often learnt new things from our communication - How to think outside the box? How to wisely manage others' expectations? And so on... all of these have been very helpful for my individual development plan for both at work and personal life."



Louise Kerr Learning Manager Phoenix Group

TESTIMONIAL ACQUIRED THROUGH: INSPIRE IGNITE

"Having taken over a new team I wanted to work with a training provider who over a suite of training sessions could:

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- Build the team
- Help the team think broader
- Have different lenses to help understand more about the customer
- Build confidence and resilience

When I was introduced to Rob he listened to my requirements and was flexible in both approach and content to ensure the program would cover all my requirements get the best out of us as a team.

Whether the sessions were face to face or online Rob was great in getting to know the team, making us all feel relaxed, while still helping us step out of our comfort zone in a safe environment.

The training never felt formal, always engaging and often fun.

As a team we have gone from strength to strength and the training program was a great catalyst for this."

HELPING YOU SOLVE THE LEADERSHIP PUZZLE

Anna Pizzey HR Service Delivery Manager Weetabix Melody Chen Marketing Specialist Xaar



"It was one of the best learning experiences I had working with Rob Moors on a part of our Line manager's learning programme. Rob is an incredibly talented coach. His values-centred guidance challenged me to think beyond just "the content curation" and focus more on capitalizing on my passions and strengths as a Coach myself which was highly uplifting.

I found Rob to be a gifted, intuitive listener who distilled my wandering musings into clear, actionable goals for our Line managers' learning programme.

His positive and kind personality makes him wonderful to work with, which really helped our group of line managers open up more easily. He has not only been an amazing coach but also a caring mentor, and the strategies and lessons he has provided have inspired and motivated our aspiring leaders.

I have found his model of #MindsetToolsetSkillset highly effective in designing our Learning and Development strategy. I would highly recommend Rob for oneto-one, business, and executive coaching."

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"Rob is a fantastic coach.

He helped me harness the power addressing WHY in the realm of L&D and Leadership Development.

He is a thought leader and shows genuine care for making sure his clients are getting value out of the coaching relationship. He invested in the relationship outside of the allotted time for each session.

I'd recommend him to anyone!"

HELPING YOU SOLVE THE LEADERSHIP PUZZLE



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Rinku Raina L&D Manager Cambridge University

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Senior L&D

Manager

Chobani

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"A disrupter - Kindred spirits breaking the mould one coaching conversation at a time

Having been connected with Rob for a couple of years and being aware of with work as a leadership coach I sent out an SOS a year ago asking for his support with a challenging situation at work. Rob quickly put his coaching skills to work to enable myself and my manager to determine the right program. Investing time and energy to ensure the program was right for us and where we were, at that point, as a management team. No cookie cutter or off the shelf approach here.

Rob is able to access a wealth of experience to facilitate a conversational approach to learning and coaching.

Rob and I have continued to work together since, he's allowed me to see the real leader I am and want to be, a leader that inspires the best in others. Rob knows just what to say to allow you to have confidence in self and leadership ability."

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"Rob recently delivered his 'Coaching Conversations Masterclass' to us at Community Gateway. Having attended previous coaching workshops, I found Rob's Masterclass refreshing and relevant.

He tailored the session according to our needs. Everyone was engaged throughout. The tools and resources he has provided us will really help us to embed a coaching culture."



GMP & Quality training manager Evotec

Coach

"Rob designed and delivered a learning programme for my team which opened up their minds and taught them skills they had not experienced in the past. Not only the content which blew them away, it was his curious style and ability to disrupt years of thinking and habits. Rob is engaging, fun, professional and truly cares.

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If you are looking for a solution which is at the other end of the chalk talk scale, and want your team inspired through his immersive solutions then reach out to him he's awesome!"

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"Rob is both a wonderful coach and facilitator of learning.

His warm, down to earth and engaging style puts people at ease and helps them to be their true authentic selves,

creating the perfect environment for learning.

And that's why he's one of our chosen few lead

Not to mention a wicked podcast host.

I'd recommend Rob all day everyday!

facilitators at Coaching Culture."

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aren Chalmers Director of Operations SThree

Co-Founder

Coaching Culture

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"Rob Moors is a highly qualified man, however certificates don't hold much with me, experienced too many people with certs who were not too effective. The models are great tools, shows your thinking, however a tool & like most tools it depends on whose using them.

I would say though that you are a top fella, kind, considerate, welcoming & empathetic, just listen to his podcast. You have a great sense of humour, put people at ease & create safe environments, I know this first hand from chats we have had.

At the end of the day if you're looking for a coach, look beyond all the flashy stuff, because that's just there to blind and confuse with many people. Look to the human skills, that ability to get you thinking, challenge your beliefs, because it is here where the magic lies, where the inspiration lives, confidence is nurtured & courage blossoms.

Spend 30 minutes with Rob & you will understand, understand why he is the coach you need!!!"

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"Rob has been a big part of the Inspire Ignite team over the last few years. He's brought his passion, energy and enthusiasm to several clients and built strong relationships with teams and individuals.

Specifically, he's been working on team dynamics and development, supporting individuals to identify their personal strengths and career opportunities and the design and delivery of a range of short virtual 'ignition' sessions on a wide range of topics.





Scott Benbow Head Coach Football Fun Factory

Managing Director

Inspire Ignite

