



120 East Fire Tower Road, Winterville, NC 28590  
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We Celebrate 32yrs. Teaching  
 Taekwondo In Greenville Area

	MON	TUE	WED	THUR	FRI	SAT
11:00-11:45	Family All Belt		Family All Belt		Family All Belt	9:15-9:50 Little Tiger
3:15-3:50	After School Class	After School Class	After School Class	After School Class	After School	10:00-10:45 Family All Belt
3:50-4:25	After School Class	After School Class	After School Class	After School Class		11:00-11:45 Family All Belt
4:30-5:10	Children H. Yellow & Under	Children Green & Up	Children H. Yellow & Under	Children Green & Up	Children All Belt High Energy Class	12:00-2:00 Demo Practice
5:15- 5:55	Family Green & Up	Family H. Green & Under	Children Sparring	Family H. Green & Under	Family Green & Up	
6:00-6:45	Family H. Green Under	Family Green & Up	Family All Belt	Family Green & Up	Family All Belt	
6:50 - 7:35	Family Sparring	Family All Belt	Family Poomsae	Family All Belt	Adult Sparring	
7:40 - 8:25	Family All Belt	Family All Belt		Family All Belt		

**If Tae Kwon Do is a part of your life, you will find joy in.**

**If Tae Kwon Do (self defense, get in shape, discipline etc...) is your goal, you will become quitter.**

**You need to have a goal inside Tae Kwon Do, don't let Tae Kwon Do be the goal of your life, let it be a tool for your life.**

- **Family All Belt** : Adult and children classes.
- **Children H. Yellow & Under**: Children Beginner classes
- **Children Green & Up** : Children Advance classes
- **Family Green and Up**: All ages advance Belt)
- **Family H. Green and Under** : Family Beginner Classes
- **Sparring** : Yellow belt and up.
- **ASP Class** : After School Program Tae Kwon Do class
- **Adult All Belt**: 13 & older

**Please make it to class at least two (2) times a week. If you cannot make it to class in more than a week, please let us know.**

**TAEKWONDO :** *Be aggressive to learn it.  
 Sweat hard to get it.  
 Be gentle in using it.*

**PRACTICING OF  
 TAEKWONDO:**

*Set a right mind and goal.  
 Put the best effort in practice.  
 Completed it daily training task.*

Date	2020 Up Coming Events	Location	Date	2020 Up Coming Events	Location
Jan. 18	Black Belt Candidate training	Dojang	Jun. 8	Summer Camp Begin	Dojang
Jan. 25	Korean New Year Festival/ Chili Contest	Greenville	Jun. 11-13	Belt Exam (Sat. Black Belt Exam)	Dojang
Feb. 13-15	Belt Exam (Sat. Black Belt Exam)	Dojang	Jul. 11	Black Belt Candidate Training	Dojang
Mar. 6-8	Instructor Training Camp	Camp Oakhill	Aug. 13- 14	Belt Exam	Dojang
Mar. 14	Black Belt Candidate Training	Dojang	Sept. 12	Black Belt Candidate Training	Dojang
Mar. 28	National Capitol Open	Reston, VA	Oct. 8-10	Belt Exam (Sat. Black Belt Exam)	Dojang
Apr. 8-9	Belt Exam	Dojang	Nov. 14	Lee Brother's Cup/ Good Will Games	TBA
April 10-18	King Tiger Korea Trip		Nov. 21	Black Belt Candidate Training	Dojang
May 9	Black Belt Candidate training	Dojang	Dec. 10-11	Belt Exam	Dojang

Dojang will be closed with National Holiday.  
 Dojang, Open Practice Day(10:00 AM –7:00 PM)  
 Black Belt Training.

**Jan 1, May 25, July 4, Sept. 7, Nov. 26-28, Dec. 24-26  
 Nov. 27**

**Jan. 18, Feb. 15, Mar. 14, May 9, Jun 13, Jul. 11, Sept. 12, Oct. 10, Nov. 21**

**Our School Exam Schedule: Feb. 13-15, Apr. 8-9, Jun. 11-13, Aug. 13-14, Oct. 8-10, Dec. 10-11**