Meditate on what God says in these promises from Scripture and find lasting hope in a world that can feel hopeless.

- "For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope."
 - -Jeremiah 29:11
- "May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."
 - —Romans 15:13
- "But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."
 - —Isaiah 40:31
- "Rejoice in hope, be patient in tribulation, be constant in prayer."
 - —Romans 12:12
- "He has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you."
 - -1 Peter 1:3-4
- "Our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ."
 - -Philippians 3:20
- "The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing."
 - —Zephaniah 3:17
- "And now, O Lord, for what do I wait? My hope is in you."
 - —Psalm 39:7
- "Waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ..."
 - —Titus 2:13
- "For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen."
 - -2 Corinthians 4:17-18

PRAYER FOR YOUR FUTURE

- "The sufferings of this present time are not worth comparing with the glory that is to be revealed to us."
 - —Romans 8:18
- "Behold, I am coming soon."
 - -Revelation 22:12
- "For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope."
 - —Romans 15:4
- "He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."
 - -Revelation 21:4
- "But this I call to mind, and therefore I have hope: The steadfast love of the Lord never ceases;
 - his mercies never come to an end; they are new every morning; great is your faithfulness."
 - -Lamentations 3:21-23