



## PATIENT INFORMATION SHEET

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

SSN# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone #1 (\_\_\_\_) \_\_\_\_\_ Home Cell Work Phone #2 (\_\_\_\_) \_\_\_\_\_ Home Cell Work

Email \_\_\_\_\_ Preferred method of appt. reminder:  Text  Email

Referred By: \_\_\_\_\_

Sex:  Male  Female | Gender Identity:  Male  Female  Transgender male  Transgender female  Non-binary  Other

Marital Status:  Single  Married  Partner  Divorced  Widowed

Race:  White  African American  Hispanic  American Indian  Asian  Other \_\_\_\_\_

Ethnicity:  Hispanic-Latino  Non-Hispanic-Latino Language:  English  Spanish  Other \_\_\_\_\_

Country of Origin:  USA  Other \_\_\_\_\_

Employment Status:  Employed  Unemployed  Retired  Student  Disabled

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship: \_\_\_\_\_

Address \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Cellular (\_\_\_\_) \_\_\_\_\_

Primary Insurance \_\_\_\_\_ Policy # \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ Policy # \_\_\_\_\_

- ARE YOU **ELIGIBLE** UNDER ANY OTHER HEALTH INSURANCE, SUCH AS MEDICARE?  YES  NO
- If you are eligible for Medicare Part B, what is your effective date? \_\_\_\_/\_\_\_\_/\_\_\_\_
- Do you have a Living Will?  YES  NO (If so, please provide us with a copy for your medical chart.)

*I hereby authorize LifeWay, Inc. and/or its staff and affiliates to render medical treatment to me as necessary. I fully understand that I am ultimately responsible for payment for all services provided to me and request that payment from my insurance carrier be made directly to LifeWay, Inc. I also understand that by signing below, my insurance carrier has full access to my entire medical records that may include sensitive, personal and confidential information.*

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date



# PATIENT MEDICAL HISTORY FORM

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

Reason for Visit: \_\_\_\_\_

Last Routine/Well Exam:  Less than 1 year  Greater than 1 year (Date: \_\_\_\_\_)

DRUG ALLERGIES:	FAMILY HISTORY						
	<i>(Indicate if deceased)</i>	Father	Mother	Father's Parents	Mother's Parents	Siblings	Children
	Heart Disease						
	High Blood Pressure						
	Stroke						
	Cancer						
	Glaucoma						
	Diabetes						
	Epilepsy/Convulsions						
	Bleeding Disorder						
	Kidney Disease						
	Thyroid Disease						
	Mental Illness						
	Osteoporosis						

HOSPITALIZATIONS OR SURGERIES			
REASON	DATE	REASON	DATE

MEDICAL HISTORY			
<input type="checkbox"/> ADD/ADHD	<input type="checkbox"/> Depression	<input type="checkbox"/> Hepatitis ( <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C)	<input type="checkbox"/> Pneumonia
<input type="checkbox"/> Allergies	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Hernia	<input type="checkbox"/> Prostate disease/BPH
<input type="checkbox"/> Anemia	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Herpes	<input type="checkbox"/> Sexual dysfunction
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Gallbladder disease	<input type="checkbox"/> HIV (Date _____)(State____)	<input type="checkbox"/> Sinus issues
<input type="checkbox"/> Arthritis/Joint pain	<input type="checkbox"/> GI disorder/Acid reflux	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Stroke
<input type="checkbox"/> Asthma	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Syphilis
<input type="checkbox"/> Bipolar disorder	<input type="checkbox"/> Gout	<input type="checkbox"/> Kidney disease	<input type="checkbox"/> Thyroid disease
<input type="checkbox"/> Bowel irregularity	<input type="checkbox"/> Headache/Migraine	<input type="checkbox"/> Neuropathy	<input type="checkbox"/> Ulcer
<input type="checkbox"/> Cancer _____	<input type="checkbox"/> Heart disease/MI	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Vascular disease/PVD
<input type="checkbox"/> Cholesterol high	<input type="checkbox"/> Heart murmur	<input type="checkbox"/> Pain chronic _____	<input type="checkbox"/> Other _____

IMMUNIZATIONS	HABITS	TESTS AND SCREENINGS
COVID vaccine: ____   ____   ____	<input type="checkbox"/> Smoker _____ packs daily <input type="checkbox"/> Former smoker <input type="checkbox"/> Never smoked	Colonoscopy: ____   ____   ____
Flu vaccine: ____   ____   ____		<input type="checkbox"/> Alcohol: Beer   Wine   Liquor <input type="checkbox"/> Frequency: # _____ Day   Week <input type="checkbox"/> No alcohol consumption
Pneumonia vacc: ____   ____   ____		Mammogram: ____   ____   ____
Tetanus vaccine: ____   ____   ____		Bone density: ____   ____   ____
Hepatitis A: ____   ____   ____		Eye exam: ____   ____   ____
Hepatitis B: ____   ____   ____		



## Notice of Privacy Practices Consent Form

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

LifeWay, Inc. is providing this form to comply with the Health Insurance Portability and Accountability Act of 1996 (HIPAA). Our Notice of Privacy Practices provides information about how we may use and disclose protected health information about you. The Notice contains a Patient Rights section describing your rights under the law. You have the right to review our Notice before signing this Consent.

**Listed below are the individuals to whom I give permission to LifeWay, Inc., its physicians, staff members and/or representatives, to review and discuss my medical and/or financial issues:**

1) Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_  Medical  Financial  
Phone: (\_\_\_\_) \_\_\_\_\_ Alt. Phone: (\_\_\_\_) \_\_\_\_\_  
Relationship:  Partner  Spouse  Mother  Father  Adult Child  Sibling  Other \_\_\_\_\_

2) Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_  Medical  Financial  
Phone: (\_\_\_\_) \_\_\_\_\_ Alt. Phone: (\_\_\_\_) \_\_\_\_\_  
Relationship:  Partner  Spouse  Mother  Father  Adult Child  Sibling  Other \_\_\_\_\_

3) Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_  Medical  Financial  
Phone: (\_\_\_\_) \_\_\_\_\_ Alt. Phone: (\_\_\_\_) \_\_\_\_\_  
Relationship:  Partner  Spouse  Mother  Father  Adult Child  Sibling  Other \_\_\_\_\_

**By signing below, I acknowledge that I have read and understand the Patient Privacy Notice from LifeWay, Inc. and consent to the release of information as I have specified above.**

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

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Email: [info@LifeWayMD.com](mailto:info@LifeWayMD.com)



# HEALTH RISK ASSESSMENT

## PHYSICAL ACTIVITY

- **How many days per week do you exercise?**
  - More than 3 days per week
  - Less than 3 days per week
  - Currently not exercising (*Skip to next section*)
- **How long do you exercise (in minutes)?** \_\_\_\_\_
- **How intense is your typical exercise?**
  - Light (stretching or slow walking)
  - Moderate (brisk walking)
  - Heavy (jogging or swimming)
  - Very heavy (fast running or stair climbing)

## TOBACCO USE

- **Tobacco status:**
  - Never used tobacco (*Skip to next section*)
  - Former tobacco user
    - How many years? \_\_\_\_\_
    - When did you quit? \_\_\_\_\_
  - Current tobacco user
    - When did you start? \_\_\_\_\_
- **Tobacco product:**
  - Cigarettes  Cigars  Pipe  Smokeless
- **Tobacco usage daily:**
  - < ½ pack  1 pack  > 1 pack  2 packs
  - Other: \_\_\_\_\_

## ALCOHOL USE

- **Alcohol Intake:**
  - No alcohol consumption (*Skip to next section*)
  - Beer \_\_\_\_\_ drinks per occasion
  - Wine \_\_\_\_\_ glasses per occasion
  - Liquor \_\_\_\_\_ drinks per occasion
- **Alcohol Frequency:**
  - Socially
  - Once per week
  - 2-3 times per week
  - More than 3 times per week

## ILLICIT DRUG USE

- **Illegal and prescription drugs:**
  - No illicit drug use (*Skip to next section*)
  - History of: When did you stop? \_\_\_\_\_
  - Current use: When did you start? \_\_\_\_\_
- **What type of drug(s)?**
  - Cocaine
  - Crack cocaine
  - Crystal meth
  - Heroin
  - Marijuana
  - Prescription \_\_\_\_\_
  - Other \_\_\_\_\_

## NUTRITION

- **Fruits and vegetables:**
  - None  Some  Moderate  A lot
- **High fiber or whole grain:**
  - None  Some  Moderate  A lot
- **Fried or high-fat food:**
  - None  Some  Moderate  A lot
- **Sugar:**
  - None  Some  Moderate  A lot
- **Caffeine:**
  - None  Some  Moderate  A lot

## GENERAL HEALTH

- In general, would you say your health is:
  - Excellent  Very Good  Good  Fair  Poor
- How would you describe your mouth and teeth?
  - Excellent  Very Good  Good  Fair  Poor
- How would you describe your hearing?
  - Excellent  Very Good  Good  Fair  Poor
- How would you describe your vision?
  - Excellent  Very Good  Good  Fair  Poor

### **DEPRESSION/ANXIETY**

- Do you feel down, depressed or hopeless?  
 Almost always  Often  Sometimes  Rarely
- Do you feel little interest or pleasure in doing things?  
 Almost always  Often  Sometimes  Rarely
- Have your feelings caused you distress or interfered with your ability to get along with family or friends?  
 Yes  No
- Do you feel nervous, anxious or on edge?  
 Almost always  Often  Sometimes  Rarely
- How often are you not able to stop or control your worrying?  
 Almost always  Often  Sometimes  Rarely
- Is stress a problem for you in handling things such as your health, finances, relationships or work?  
 Almost always  Often  Sometimes  Rarely
- Do you get the social and emotional support that you need?  
 Almost always  Often  Sometimes  Rarely

### **RELATIONSHIP**

- Are you currently married or in a relationship with a significant other?  
 Yes  
 No

### **ABUSE**

- Has anyone hurt or abused you in the last 6 months?  
 Yes  
 No

### **SEXUAL HEALTH**

- How many sexual partners have you had in the past 12 months?  
 Not sexually active  
 1  
 2 or more
- Are your sexual partners:  
 Male  
 Female  
 Both
- Do you use protection against sexually transmitted diseases?  
 Always  
 Often  
 Sometimes  
 Rarely or Never

### **ACTIVITIES OF DAILY LIVING**

- In the past 7 days, did you need help from others to perform everyday activities such as eating, getting dressed, grooming, bathing, walking, using the toilet?  
 Yes \_\_\_\_\_  
 No
- In the past 7 days, did you need help from others to take care of such things as laundry, housekeeping, banking, shopping, using the telephone, food preparation, transportation or taking your medications?  
 Yes \_\_\_\_\_  
 No

### **COGNITIVE SCREENING**

A

1. Do you have forgetfulness or memory loss?  
 Yes  No
2. Do you forget important events/appointments?  
 Yes  No
3. Do you lose your train of thought?  
 Yes  No
4. Are you overwhelmed by tasks or instructions?  
 Yes  No
5. Do you have trouble navigating around familiar environments?  
 Yes  No
6. Are you more impulsive or have increasingly poor judgment?  Yes  No
7. Have family and friends noticed these changes?  
 Yes  No

### **SLEEP**

- How many hours of sleep do you get each night?  
 < 3 hrs  4-5  6-7  8-9  10-11  > 12 hrs
- Do you snore or has anyone told you that you snore?  
 Yes  
 No
- Do you feel sleepy during the daytime?  
 Almost always  
 Often  
 Sometimes  
 Rarely or Never

## PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

Over the last 2 weeks, how often have you been bothered by any of the following problems?  
(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

add columns  +  +

(Healthcare professional: For interpretation of TOTAL, please refer to accompanying scoring card). TOTAL:

<p><b>10.</b> If you checked off <i>any problems</i>, how <i>difficult</i> have these problems made it for you to do your work, take care of things at home, or get along with other people?</p>	<p>Not difficult at all _____</p> <p>Somewhat difficult _____</p> <p>Very difficult _____</p> <p>Extremely difficult _____</p>
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# LifeWay, Inc.

## American Urological Association BPH Symptom Score Index Questionnaire

Name \_\_\_\_\_ Date \_\_\_\_\_

Please fill out this short questionnaire to help us find out more about any urinary problems you might have; for questions 1 through 7, circle the number under the column that best describes your situation; for question 6, circle the number in the row which best describes your situation.

	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost Always
<b>1. INCOMPLETE EMPTYING:</b> Over the past month, how often have you had a sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5
<b>2. FREQUENCY:</b> Over the past month, how often have you had to urinate again less than 2 hours after you finished urinating?	0	1	2	3	4	5
<b>2. INTERMITTENCY:</b> Over the past month, how often have you found you stopped and started again several times when you urinated?	0	1	2	3	4	5
<b>3. URGE TO URINATE:</b> Over the past month, how often have you found it difficult to postpone urination?	0	1	2	3	4	5
<b>5. WEAK STREAM:</b> Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5
<b>6. STRAINING:</b> Over the past month, how often have you had to push or strain to begin urination?	0	1	2	3	4	5
	None	1 time	2 times	3 times	4 times	5+ times
<b>7. URINATING AT NIGHT:</b> Over the past month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	0	1	2	3	4	5

Symptom Score:

1-7 Mild, 8-19 Moderate, 20-35 Severe

Total: \_\_\_\_\_

### BOTHERSOME SCORE DUE TO URINARY SYMPTOMS

	Delighted	Pleased	Mostly Satisfied	Mixed	Mostly Dissatisfied	Unhappy	Terrible
<b>QUALITY OF LIFE DUE TO URINARY SYMPTOMS:</b> How would you feel if you had to live with your urinary condition the way it is now – no better, no worse – for the rest of your life?	0	1	2	3	4	5	6