

PATIENT INFORMATION SHEET

۲ Last Name	First Name	MI
SSN# DOB		
Address		State Zip
Phone #1 () Hom	e =Cell =Work Phone #2 ()	□Home □Cell □Work
Email	Preferred method	of appt. reminder: 🗆 Text 🗆 Email
Referred By:		
Sex: Male Female Gender Identity:	□ Male □ Female □ Transgender m	ale or female 🛛 Asexual 🗆 Other
Marital Status: Single Married Partr	ner 🗆 Divorced 🗆 Widowed	
Race: □ White □ African American □ Hisp	anic 🗆 American Indian 🗆 Asian 🗆	□ Other
Ethnicity: □ Hispanic-Latino □ Non-Hispanic	c-Latino Language: English	Spanish 🗆 Other
Country of Origin: □ USA □ Other		
Employment Status: □ Employed □ Unemp Employer: Emergency Contact	Occupation:	
Address		
Phone ()		
Primary Insurance	Policy #	
Secondary Insurance	Policy #	
	R HEALTH INSURANCE, SUCH AS MEDI NO (If so, please provide us with a co	
I haraby authorize LifeMay Inc. and for its st	haff and affiliates to reader medical tr	anter out to use as a second with the life of the second sec

I hereby authorize LifeWay, Inc., and/or its staff and affiliates, to render medical treatment to me as necessary. I fully understand that I am responsible for payment for all services provided to me and request that payment from my insurance carrier by made directly to LifeWay, Inc. I also understand that by signing below, my insurance carrier(s) has full access to my entire medical records.

Patient's Signature



LifeWay <u>PATIENT MEDICAL HISTORY FORM</u>

Name:			Today's Date:			
SSN:	<u>-</u>	DOB://	Age:	Sex: □ Male	□ Female	

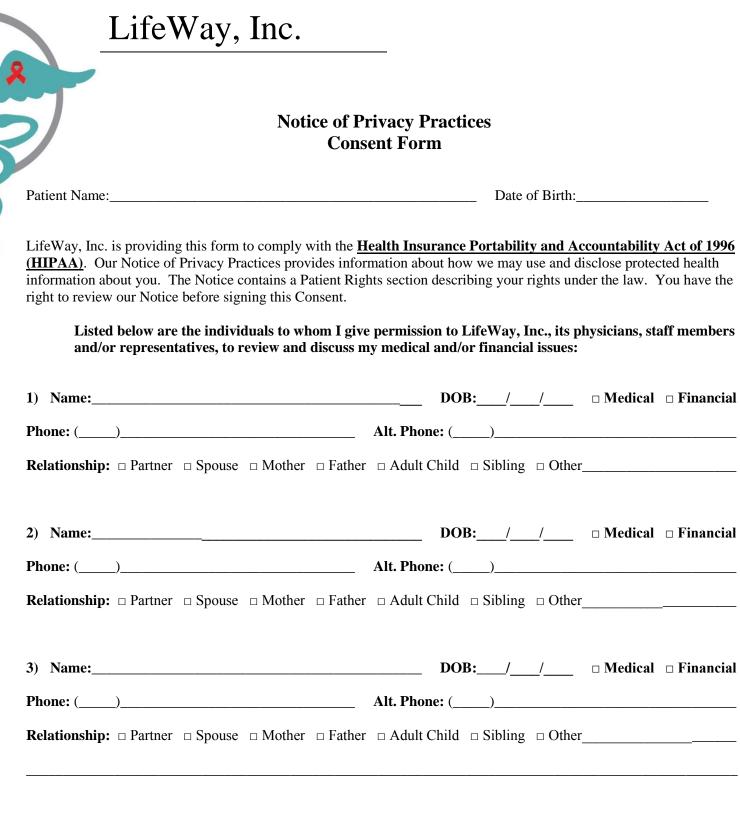
Reason for Visit/Chief Complaint:_____

DRUG ALLERGIES:		FAMILY HISTORY							
	<u>(Indicate if deceased)</u>	Father	Mother	Father's Parents	Mother's Parents	Siblings	Children		
	Heart Disease								
	High Blood Pressure								
	Stroke								
	Cancer								
CURRENT MEDICATIONS:	Glaucoma								
	Diabetes								
	Epilepsy/Convulsions								
	Bleeding Disorder								
	Kidney Disease								
	Thyroid Disease								
	Mental Illness								
	Osteoporosis								
	HOSPITILIZATIONS OR SURGERIES								

HOSPITILIZATIONS OF SURGERIES							
REASON	DATE	REASON	DATE				

MEDICAL HISTORY							
□ ADD/ADHD	Depression	🗆 Hepatitis A, B, C	Pneumonia				
□ Allergies	Diabetes	🗆 Hernia	Prostate disease/BPH				
🗆 Anemia	Epilepsy	□ Herpes	Sexual dysfunction				
Anxiety	Gallbladder disease	□ HIV/AIDS	Sinus issues				
□ Arthritis/Joint pain	□ GI disorder/Acid reflux	□ Hypertension	Stroke				
□ Asthma/Emphysema	🗆 Glaucoma	🗆 Insomnia	Syphilis				
🗆 Bipolar disorder	Gout	🗆 Kidney disease	Thyroid disease				
□ Bowel irregularity	□ Headache	□ Neuropathy					
	Heart disease/MI	Osteoporosis	Vascular disease/PVD				
Cholesterol high	□ Heart murmur	Pain chronic	□ Other				

IMMUNIZATIONS	HABITS	TESTS AND SCREENINGS
Flu vaccine: Pneumonia vacc: Tetanus vaccine: Hepatitis A: Hepatitis B:	 Smoker packs daily Former smoker Never smoked Alcohol: Beer Wine Liquor Frequency: # Day Week No alcohol consumption 	Colonoscopy:



By signing below, I acknowledge that I have read and understand the Patient Privacy Notice from LifeWay, Inc. and consent to the release of information as I have specified above.

Patient's Signature

5333 N. Dixie Highway, Suite 110 Ft. Lauderdale. FL 33334

HEALTH RISK ASSESSMENT



PHYSICAL ACTIVITY

- How many days per week do you exercise?
 - □ More than 3 days per week
 - □ Less than 3 days per week
 - □ Currently not exercising (Skip to next section)
- How long do you exercise (in minutes)? ______
- How intense is your typical exercise?
 - □ Light (stretching or slow walking)
 - Moderate (brisk walking)
 - □ Heavy (jogging or swimming)
 - □ Very heavy (fast running or stair climbing)

TOBACCO USE

- <u>Tobacco status:</u>
 - □ Never used tobacco (*Skip to next section*)
 - Former tobacco user
 - How many years?
 - When did you quit? _______
 - Current tobacco user
 - When did you start? ______
- • Tobacco product:

 □ Cigarettes □ Cigars □ Pipe □ Smokeless

ALCOHOL USE

- <u>Alcohol Intake:</u>
 - □ No alcohol consumption (*Skip to next section*)
 - Beer _____ drinks per occasion
 - □ Wine ______ glasses per occasion
 - □ Liquor _____ drinks per occasion
- Alcohol Frequency:
 - □ Socially
 - Once per week
 - 2-3 times per week
 - □ More than 3 times per week

ILLICIT DRUG USE

- <u>Illegal and prescription drugs:</u>
 - □ No illicit drug use (*Skip to next section*)
 - □ History of: When did you stop? _
 - Current use: When did you start? ______
- What type of drug(s)?
 - Cocaine
 - Crack cocaine
 - Crystal meth
 - Heroin
 - Marijuana
 - Prescription_____
 - Other _____

NUTRITION

- Fruits and vegetables:
 None
 Some
 Moderate
 A lot
- <u>High fiber or whole grain:</u>
 None Some Moderate A lot
- <u>Fried or high-fat food:</u>
 None Gome Gome Moderate Gome A lot
- Sugar:
 None
 Some
 Moderate
 A lot
- <u>Caffeine:</u>
 None Some Moderate A lot

GENERAL HEALTH

- In general, would you say your <u>health</u> is:
 Excellent Overy Good Good Fair Poor
- How would you describe your <u>mouth and teeth?</u>
 Excellent

 Very Good
 Good
 Fair
 Poor
- How would you describe your <u>hearing</u>?
 Excellent

 Very Good
 Good
 Fair
 Poor
- How would you describe your <u>vision</u>?
 Excellent

 Very Good
 Good
 Fair
 Poor

DEPRESSION/ANXIETY

- Do you feel down, depressed or hopeless?
 Almost always
 Often
 Sometimes
 Rarely
- Do you feel little interest or pleasure in doing things?
 □ Almost always □ Often □ Sometimes □ Rarely
- Do you feel nervous, anxious or on edge?
 Almost always
 Often
 Sometimes
 Rarely
- How often are you not able to stop or control your worrying?
 Almost always
 Often
 Sometimes
 Rarely
- Is stress a problem for you in handling things such as your health, finances, relationships or work?
 Almost always
 Often
 Sometimes
 Rarely
- Do you get the social and emotional support that you need?
 Almost always
 Often
 Sometimes
 Rarely

RELATIONSHIP

- Are you currently married or in a relationship with a significant other?
 - Yes
 - No

<u>ABUSE</u>

- Has anyone hurt or abused you in the last 6 months?
 - Yes
 - No

SEXUAL HEALTH

- How many sexual partners have you had in the past 12 months?
 - Not sexually active
 - □ 1
 - 2 or more
- Are your sexual partners:
 - Male
 - Female
 - Both
- Do you use protection against sexually transmitted diseases?
 - Always
 - Often
 - Sometimes
 - Rarely or Never

ACTIVITIES OF DAILY LIVING

- In the past 7 days, did you need help from others to perform everyday activities such as eating, getting dressed, grooming, bathing, walking, using the toilet?
 - Yes ____
 - No
- In the past 7 days, did you need help from others to take care of such things as laundry, housekeeping, banking, shopping, using the telephone, food preparation, transportation or taking your medications?
 - Yes ____
 - No

COGNITIVE SCREENING

- Do you have forgetfulness or memory loss?
 □ Yes □ No
- Do you forget important events/appointments?
 □ Yes □ No

A

- Do you lose your train of thought?
 □ Yes □ No
- Are you overwhelmed by tasks or instructions?
 □ Yes □ No
- 5. Do you have trouble navigating around familiar environments?
 □ Yes □ No
- Are you more impulsive or have increasingly poor judgment? □ Yes □ No
- Have family and friends noticed these changes?
 □ Yes □ No

<u>SLEEP</u>

- How many hours of sleep do you get each night? $\Box < 3 \text{ hrs}$ $\Box 4-5$ $\Box 6-7$ $\Box 8-9$ $\Box 10-11$ $\Box > 12 \text{ hrs}$
- Do you snore or has anyone told you that you snore?
 Yes

 - Do you feel sleepy during the daytime?
 - □ Almost always
 - 🗆 Often
 - Sometimes
 - Rarely or Never

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME:	DATE:				
Over the last 2 weeks, how often have you been					
bothered by any of the following problems? (use "√" to indicate your answer)	Not at all	Several days	More than half the days	Nearly every day	
1. Little interest or pleasure in doing things	0	1	2	3	
2. Feeling down, depressed, or hopeless	0	1	2	3	
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3	
4. Feeling tired or having little energy	0	1	2	3	
5. Poor appetite or overeating	0	1	2	3	
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3	
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3	
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so figety or restless that you have been moving around a lot more than usual	0	1	2	3	
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3	
	add columns	-	+ -	F	
(Healthcare professional: For interpretation of TOTA please refer to accompanying scoring card).	AL, TOTAL:				
10. If you checked off any problems, how difficult		Not diffi	cult at all		
have these problems made it for you to do		Somewl	hat difficult		
your work, take care of things at home, or get		Very dif	ficult		
along with other people?		-	ely difficult		

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LifeWay, Inc.

American Urological Association BPH Symptom Score Index Questionnaire

Name _____

Date

Please fill out this short questionnaire to help us find out more about any urinary problems you might have; for questions 1 through 7, circle the number under the column that best describes your situation; for question 6, circle the number in the row which best describes your situation.

	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost Always
1. INCOMPLETE EMPTYING: Over the past month, how often have you had a sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5
2. FREQUENCY: Over the past month, how often have you had to urinate again less than 2 hours after you finished urinating?	0	1	2	3	4	5
2. INTERMITTENCY: Over the past month, how often have you found you stopped and started again several times when you urinated?	0	1	2	3	4	5
3. URGE TO URINATE: Over the past month, how often have you found it difficult to postpone urination?	0	1	2	3	4	5
5. WEAK STREAM: Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5
6. STRAINING: Over the past month, how often have you had to push or strain to begin urination?	0	1	2	3	4	5
	None	1 time	2 times	3 times	4 times	5+ times
7. URINATING AT NIGHT: Over the past month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	0	1	2	3	4	5

Symptom Score:

1-7 Mild, 8-19 Moderate, 20-35 Severe

Total: _____

BOTHERSOME SCORE DUE TO URINARY SYMPTOMS							
	Delighted	Pleased	Mostly	Mixed	Mostly	Unhappy	Terrible
			Satisfied		Dissatisfied		
QUALITY OF LIFE DUE TO URINARY							
SYMPTOMS: How would you feel if you had to	0	1	2	3	4	5	6
live with your urinary condition the way it is now				-		-	-
- no better, no worse - for the rest of your life?							