



Timothy Thomason, MD  
Constance Zhou, MD

### **Tympanoplasty/Mastoidectomy Post-Operative Instructions**

- Take your prescription medications as directed. If you have only mild pain you may take regular Tylenol but do not combine this with the prescription because the prescription pain medication also contains Tylenol.
- Keep dressing in place for 24 hours. Then remove the dressing and the cotton ball from the outer portion of the ear canal. Leave the packing material in place in the inner portion of the ear canal.
- You may be given a prescription of antibiotic ear drops. Apply the ear drops on top of the packing material in the ear canal after the dressing is removed. Sometimes antibiotic ear drops are not necessary and they will not be prescribed in this case.
- You should have a follow-up appointment in one week for removal of sutures and examination of the ear.
- Your hearing will initially be the same or possibly worse than before the surgery because of packing material in the ear canal and behind the eardrum.
- It is normal to have some bloody drainage from the ear canal for about 2 weeks after surgery.
- Do not take aspirin because it can cause bleeding.
- Keep water out of the ear canal for 2 months or until your ENT doctor says that the eardrum is healed.
- Call if you have any of the following:
  - Severe dizziness
  - Nausea and vomiting that lasts more than 8 hours after surgery
  - Severe bleeding
  - Any other concerns that are not listed above.
- Our office number is (972)253-4280