

THE FIRST 90 DAYS CLARITY, CONFIDENCE, AND A CALM FOUNDATION — FROM DAY ONE.



Stepping into leadership isn't just a title change. It's a mindset shift, a relational shift, and often, a confidence leap.

Why it matters

The early months in leadership are critical.

Without the right support, new leaders can feel isolated, overwhelmed, or unsure of how to balance people, performance, and pressure.

The First 90 Days programme gives them space to reflect, reset, and step forward with presence, clarity, and growing capacity.

What it is

A structured three-month coaching programme that helps new leaders:

- Build confidence and quiet authority
- Clarify priorities and expectations
- Manage time, energy, and delegation effectively
- Communicate with presence and impact
- Lay the foundations for long-term leadership success

Format

- 6 × 1:1 coaching sessions (online or in person)
- Reflection tools & real-time support
- Optional check-ins with HR or line managers

Why it works

This isn't a generic course or a list of hacks.

It's calm, confidential support that meets new leaders where they are — and helps them grow into their role without burning out.

The result: leaders who don't just survive their first quarter, but begin leading with clarity, confidence, and capacity.

Next steps

Ready to support your new leaders in their first 90 days?

Book a free clarity call to explore how this programme can fit your organisation's needs.

BOOK A CLARITY CALL