

# Teacher Resource Workbook

Character Development follow-up to Power & Light classroom presentation

## Leading Classroom Sessions for Students

Session 1: Student Feedback Survey

Session 2: Discussion re. Goals of Character Development via Power & Light

Session 3: Changing the atmosphere aka culture of your school

Sessions 4-10: Creating a culture of core values and strategies [scenarios for discussion]

- Every person can make a difference [Bringing light to your school / Power & Light card]
- I have the POWER to choose and the POWER to change! [Share stories/examples & discuss]
- I have immense and incredible value! [Discuss that everyone has value & it never changes]
- Every person is a unique, irreplaceable gift, and the world needs you! [I am a World Changer!]
- I must learn to discern messages communicated to me. [Present skills & strategies to process]
- Everyone has the power and responsibility to reject false labels *aka* lies communicated.
- I can accept the truth about my true value. [Present & discuss how to discern and accept truth]
- I can help others understand their unchanging value and gifts to be a world changer.

## Session Enhancers to Cultivate a Culture of Power & Light

- ① Discerning light from darkness [splat game w/posters]
- ② True Value vs. Sense of Value [ball toss in hoop game]
- ③ Behavior chart: results of sowing seeds of darkness or light
- ④ Light & Darkness scenarios/skits
- ⑤ Adopting a language of Power & Light [matching game, spelling bee, connecting word art]
- ⑥ Removing False Labels [individual/group exercise]
- ⑦ You Are Special (read book and/or skit)
- ⑧ Value Seat [2-4 chairs affirming fellow students with statements of true value]
- ⑨ Planning chart to bring light to my school [basic chart to designate individuals/tasks]
- ⑩ The Goal-setting Wheel [chart to lay out student's plan to make their school better]
- ①① How to help in that situation? [cyberbullying, lunchroom, hallway, classroom, etc.]
- ①② Class and/or grade-level projects [short and long term projects of Power & Light]

## TEACHERS: Understanding a Values-Based Approach to Modify Behavior

Session 1: Affirming the value of your students, their parents, and your co-workers

Session 2: Communicating identity & destiny to modify behavior

Session 3: Separating behavior from value

Session 4: Discipline vs. Punishment

Session 5: Giving students two choices