



DR. HOLOWATY MEDICINE

Dr. Melissa Holowaty PhD, MD, CCFP(AM), MSc, CISAM, D-CAPM
*Family Physician with special interests in chronic pain, trauma and
substance use disorders*

Suite 1016, 210 – 21st St E, Saskatoon, SK, S7K 0B9

Fax: 1 (639) 630 2101 Email: drmhollowaty@gmail.com

Referral for EMDR Psychotherapy for First Responders/Healthcare Workers

We will contact your patient directly as well as acknowledging receipt of referral.

Eye movement desensitization and reprocessing therapy can be very useful for traumatic events, PTSD, depression and anxiety as well as recent traumatic events. However, patients require a certain level of self-awareness, engagement, stability and be able to self-regulate prior to delving into past traumatic experiences. Active substance use, even by prescription, can interfere with reprocessing.

Name: _____

Health Card Number: _____ DOB: _____

Address : _____

Phone number: _____

Email address: _____

Consent from patient to email initial intake/appointment information: Y N

Consent to leave voicemail: Y N

Reason for Referral: _____

Medications: _____

Pertinent PMHX: _____

Referring Physician: _____

Family Physician (if different than above): _____

Billing number: _____

Clinic phone number: _____

Referring Physician Signature: _____

Please attach any relevant imaging or lab files.