
Imagery Form

Record information about the image in the spaces provided. Include specific details in order to help create the scene.

Place: *Where do you want to be? (e.g., beach, forest)*

Vision: *What do you see? (e.g., trees, grass, sun, people, animals)*

Smell: *What do you smell? (e.g., ocean, pine, flowers)*

Sounds: *What do you hear? (e.g., birds, sticks cracking, waves)*

Touch: *What do you feel? (e.g., cool breeze, warm sun, water)*

Taste: *What can you taste? (e.g., salty air, sweet berries, cool water)*

Other: