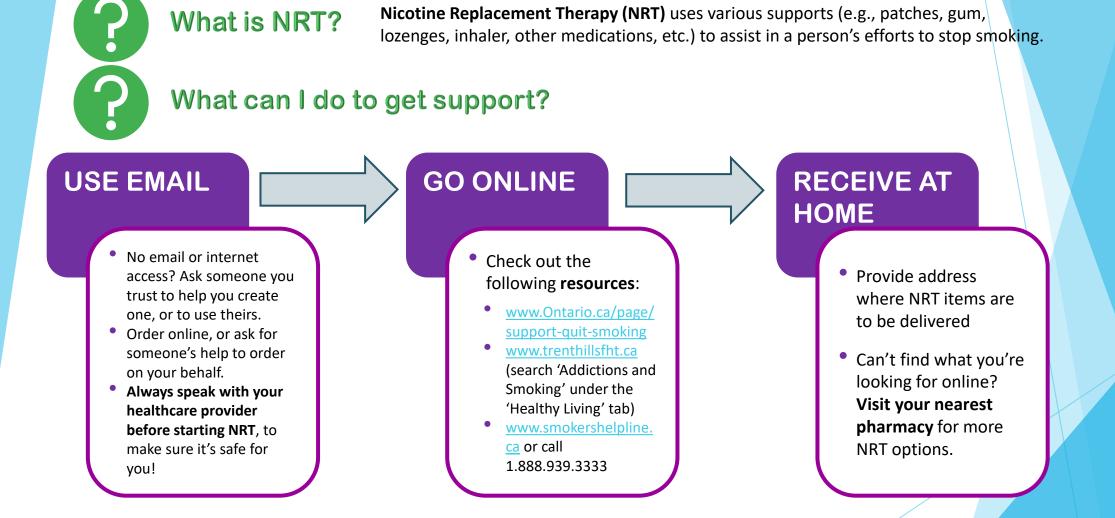
## How to Access Nicotine Replacement Therapy (NRT)



For more help with smoking cessation and/or accessing NRT resources, please contact the **THFHT Mental Health Team** at **705.653.1801 x4918**. *We are here to help!* 

**TRENT HILLS FAMILY HEALTH TEAM** Improving Lives Together