



25 Things You Can Do with Your Time Each Day!

1. Break out your cookbook and explore new recipes.
2. Plan a zoom masquerade call with friends.
3. Bike ride.
4. Go for a daily walk.
5. Learn a new language.
6. Binge watch educational videos of movies.
7. Play games in your back yard.
8. Start reading a good book- and finally finish it 😊
9. Make your post coronavirus plan- where will you travel when this is all over?
10. Keep a gratitude journal.
11. Take a virtual tour of a museum online (just google it!).
12. Start a home improvement project.
13. Shock someone and send a hand-written letter through the mail.
14. Go on a virtual fantasy shopping spree (new house and all!).
15. Spring clean- twice!
16. Create a vision board.
17. Linger with your pet dog in the backyard.
18. Serve others by placing supportive calls each day.
19. Start a new exercise routine.
20. Luxuriate with a long bath each day.
21. Enjoy dinner with friends over a zoom or facetime link.
22. Clean out your email inbox.
23. Take up a new hobby.
24. Start a new meditation practice.
25. Search out a new online course.