## The 144's "2 Chronicles 7:14" PRAYER

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## **FASTING**

24 HOUR COVENANT

EVERY "1ST SATURDAY/SABBATH" of EACH MONTH

FOR 24 HOURS (Friday Sunset -through- Saturday Sunset)

## **The COVENANT**

Do Your BEST to:

"FAST" from at least "1 (one) Person/Place/Thing"

"PRAY" as much as possible on the theme of "2 Chr.7:14"

And GOD will do the REST