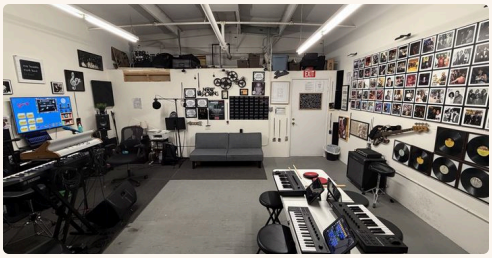
Sound Sprout
VIRTUAL MUSIC ACADEMY

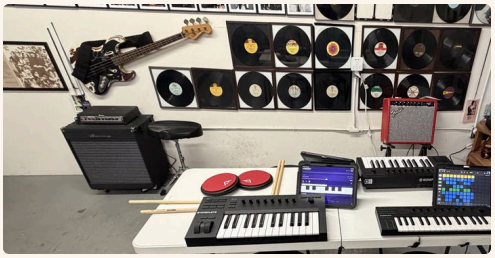
SACRAMENTO • MON–FRI • 9 AM – 3 PM

NOW ENROLLING

A CREATIVE DAY PROGRAM BUILT AROUND WHAT YOU LOVE.

Music, technology, community experience and real connection — designed for adults with intellectual and developmental disabilities. And as the tools change, what we teach changes with them, so the skills people build here stay current.







What participants do here

A full day of creative choices, skill-building and real-world participation.

MAKE MUSIC
Drums, keys, guitar, hand percussion — every experience level welcome.

RECORD & PRODUCE
Write, record and produce original songs in the studio.

HOST A PODCAST
Interviewing, conversation, and hearing your own voice on a real recording.

BUILD WITH AI & CODING
Create a virtual instrument from scratch, then play what you made.

MAKE IT MOVE
Beginner animation — bring a character to life, frame by frame.

EXPLORE STEM
Robotics, engineering and science challenges, built for every ability.

GET INTO THE COMMUNITY
Weekly outings, partner experiences and volunteer opportunities.

RESET WHEN NEEDED
A quiet Chill Zone where nothing is timed and nothing is asked of you.

SHARE YOUR WORK
A live showcase and awards celebration at the end of every month.

WHO IT'S FOR

- Adults with intellectual and developmental disabilities — 18+ with a diploma or certificate, or 22+
- An active Alta California Regional Center day program authorization
- People who enjoy music, creativity, technology and being around others
- No musical experience needed — not now, not ever
- Small groups, with 1:2 and 1:4 staffing

PRACTICAL DETAILS

LOCATION

4311 Attawa Ave, Suite 207
Sacramento, CA

VIRTUAL OPTION AVAILABLE

Same program, from home
On the days a participant can't attend in person.

How to start

1. **GET IN TOUCH** — Call or email us with any question.
2. **TAKE A TOUR** — Come see the studio and meet us.
3. **INTAKE PACKET** — We can send it the same day.
4. **START** — Once your ACRC authorization is in place.

COME SEE SOUND SPROUT.

Tours available — and we can send the intake packet the same day.

(916) 869-9382 • soundsproutvma@gmail.com

Alta California Regional Center vendor #HA1867 • Service Code 531

SCAN TO EMAIL