

COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR)

JANUARY 2026 Newsletter



Columbia County Pathways to Recovery is a RCO (Recovery Community Organization) – a grassroots group which grew out of the concern for a need for awareness, education, advocacy, and change in regard to the public health crisis of addiction.



**Community
HOPELINE**

877-HOPE-365

Addiction, Mental Health & Community Resources

Herefor you everyday of the year 9am -9pm
because no oneshould walk the path alone

**In this newsletter
you can expect:**

**Community
Updates**

**Schedule of
Meetings and
Events**

**Recovery
News**

**List of Local
Food Pantries**

**Resources and
HELP Lines**

**Harm-
reduction and
Prevention
Education**

Hardships often
prepare
ordinary people
for an
extraordinary
destiny.

Stories of Impact:

- Recovery goes beyond quitting substance use.
- Stories of Recovery – Liz, Albany, NY
- A Story of Resilience: Meet James

Sponsor Highlight of the Month:

Ascenzio Family Foundation

This month, we celebrate the Ascenzio Family Foundation, the newest foundation to join our efforts in supporting local initiatives.

We also extend our heartfelt thanks for their recent donation to our Wellness Speakers Series, coming this spring to Columbia County Schools.

Their ongoing commitment to giving back helps strengthen our community every day.

If you would like to make a contribution to our efforts, please click here.

OUR NEW WEBSITE HAS LAUNCHED!

columbiapathwaystorecovery.org

Stay Connected

Follow us for updates, holiday hours, and event reminders:
Facebook & Instagram: @ColumbiaPathwaysToRecovery

Interested in Volunteering?

Ask staff or visit our website to learn simple ways to support the center this winter.



CCPR Recovery Community Center

📍 1 Taconic Place, Chatham, NY
columbiapathwaystorecovery.org
518-966-2775 | 877-HOPE-365

January 2026

MON	TUE	WED	THU	FRI	SAT
🍁 7:30 PM SMART MEETING	☕ 10 AM-1 PM COFFEE HOUR DROP-IN 👯 6 PM AA WOMEN'S STEP MEETING 📖 7:30 PM AA STEP & TRADITION MEETING	🧘 6 PM REVELATION WELLNESS EXERCISE CLASS 📖 8 PM THE CHATHAM BEGINNERS AA MEETING	🌈 5-7 PM LGBTQ CONNECTION NETWORK 📖 6 PM AA MEN'S MEETING 🖋 7 PM CREATIVE WRITING FOR RECOVERY 🍷 7:30 PM YOUNG PEOPLE'S RECOVERY COFFEE HOUR (DEC. 11TH AND 25TH)	☕ 9 AM-12 PM COFFEE HOUR DROP-IN 🎮 6-8 PM LGBTQ GAME NIGHT (DEC. 5TH AND 19TH)	🕒 7-7:45 AM QIGONG (DEC. 13TH) 🕒 8 AM REFUGE RECOVERY (DEC. 13TH) 📖 7 PM AA MEETING BIG BOOK STUDY GROUP

☀️ ALSO - MON/TUES/WED afternoon/eve BY APPOINTMENT - CRAFT (Community Reinforcement and Family Training) one-on-one support meetings 📞 Call Barbara 518-764-1749.

💚 All are welcome in our safe, nonjudgmental space.



Thank you for an amazing year!

As the 2026 year begins, we extend our sincere thank you to the individuals, businesses, and volunteers who stood with us and helped shape a meaningful 2025 year.



We are incredibly grateful to everyone who contributed to Columbia County Pathways to Recovery. Your generosity helps provide vital peer support, resources, and connection for individuals and families affected by substance use.

Every donation—big or small—creates real pathways to healing and recovery across our community. Thanks to you, hope is stronger, and recovery is possible for even more people. From all of us, thank you for making a difference!

New Year, New Beginnings!

If you're seeking help for alcohol or other drug use or mental health support options are available. Taking that first step can lead to health & healing. You're not alone—help is available.

**When the road
gets bumpy**

we'll help find even ground.



877-HOPE-365

9am-9pm everyday

Addiction, Mental Health & Community
Helpline for Columbia County residents.
Staffed by people who know how you feel
and how to help.



**Community
HOPELINE**

2024 New Year! New You! *Wellness Tips*



- 1. Set realistic, attainable goals.** Focus on short-term, realistic goals to get to long-term objectives. Creating New Year resolutions that are overly ambitious or “big” can lead to disappointment and frustration, which may adversely affect your mental health. Instead, focus on setting small, manageable goals. For instance, rather than aiming to “eliminate stress,” consider incorporating daily mindfulness practices or allocating specific weekly time for self-care activities.
- 2. Fitness that fits.** Find a fitness routine that fits your lifestyle and schedule. Let fitness be incorporated into your daily lifestyle by taking the stairs, short walks, or moderate chores. Consider activities with family and friends that revolve around movement, not food.
- 3. Prioritize self-care.** Self-care is not a luxury; it's a necessity for good mental health. Commit to prioritize self-care in your daily and weekly routines. Whether taking a leisurely walk, practicing meditation, indulging in a hobby, or simply allocating time for relaxation, prioritize activities that rejuvenate your mind and spirit.
- 4. Be kind to yourself.** As you embark on a new year filled with aspirations and resolutions, be kind and compassionate to yourself. Accept that setbacks might occur and know it's okay to recalibrate your goals throughout your journey.
- 5. Everyday eating.** Small steps can help you get on the road to maintaining a healthy weight. Watch your portion size by eating off smaller plates and sharing high-calorie foods. Change the way you prepare food by cutting back on added fats, grilling instead of frying, and eating more whole grains. Adjust your eating habits by drinking water before a meal, eating before you get too hungry, and stopping eating when you're full. 
- 6. Track your progress.** Reflect on what worked and what didn't, adjusting routines for continued improvement.
- 7. Use the SMART Approach.** Effective goals are specific, measurable, achievable, relevant, and time-bound (SMART). For example, rather than saying, “I want to improve my recovery,” try, “I will attend four alumni events this year to strengthen my recovery community.”

School Wellness Speakers Series Announcement

BACK BY POPULAR DEMAND

Getting Candid With Cortney

Guest Speaker: Cortney Lovell
National Public Health Leader • Person in Recovery • Advocate

A circular portrait of Cortney Lovell, a woman with long, wavy blonde hair, wearing a dark floral top. The portrait is set against a light pink circular background.

We are thrilled to announce that, thanks to the generosity of our incredible funders, we will be able to bring our School Wellness Speakers Series to the middle schools of Columbia County!

We would like to extend a special thank you to Ascenzio Family Foundation, Kinderhook Toyota, Stewart's Shops, and Columbia-Greene Addiction Coalition whose contributions make this possible.

Your commitment to our community helps empower students with the tools, resources, and support they need to thrive.

Together, we are creating a healthier, stronger future for our youth!

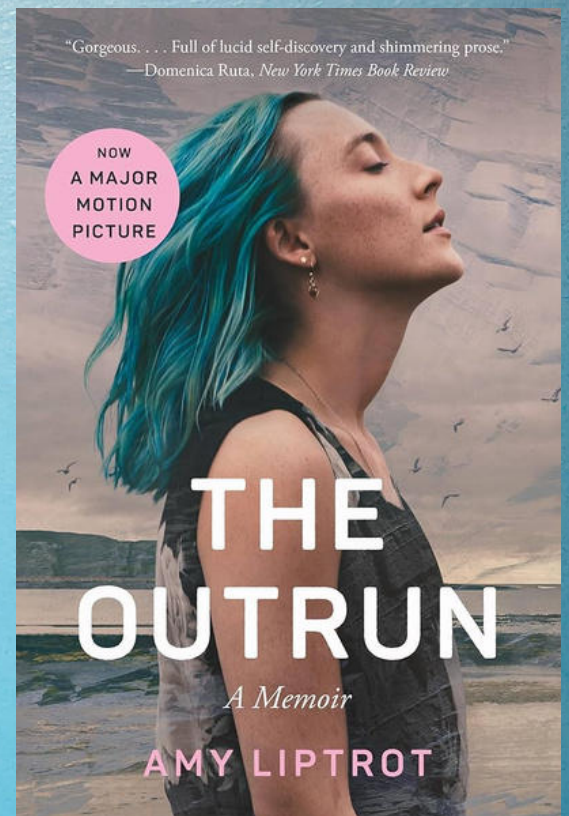
News

- Crisis Intervention Training aiding overdose decline
- OASAS Shows Significant Progress in 2025, Sets Course for 2026
- Researchers testing molecules that may reduce opioid overdose deaths
- Sustainment of Integrated Care in Addiction Treatment Settings
- Law reauthorizes SUD programs through fiscal 2030

Book of the Month

The Outrun by Amy Liptrot

The Outrun is a deeply personal memoir by Amy Liptrot about her struggle with alcoholism and her journey into recovery. After a decade of heavy drinking and a chaotic life in London, she returns to her windswept childhood home in the Orkney Islands off northern Scotland following rehab. There, immersed in the wild natural world — from frigid ocean swims to birdwatching and solitary walks — Liptrot gradually rebuilds her life, finding solace, resilience, and hope in the landscape and community around her. The book blends honest reflections on addiction with lyrical nature writing, offering a powerful story of healing, self-discovery, and the possibility of transformation.



Clear Mind Sticker Design Contest!

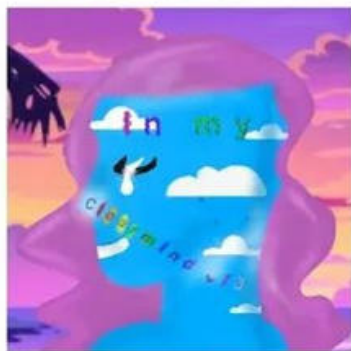
Greene and Columbia County Youth!

You are invited to submit a substance use prevention image promoting a **substance-free** or **CLEAR MIND** lifestyle

You can focus on **ANY** substance or combination such as Cannabis (edibles, vaping, smoking), Alcohol and Prescription Pills.

3 winners from 2 age groups (10-13, 14-18) will receive \$75, \$50, and \$25 gift cards AND copies of their sticker!

Winning Designs from 2025:



Deadline for Submission:
JANUARY 30, 2026 at 11:59pm

Scan QR code to upload your design

or mail to:
Columbia-Greene Addiction
Coalition
PO Box 845
Hudson, NY 12534
please include participant's age,
name and address

CONTACT: Toby@c-gac.org or 518.303.3665 with QUESTIONS

Clubhouse presents

YOUNG ADULT NIGHT



NEW GROUP

Come Join us!

Young Adult Centered (18-35)

Community Engagements

Harm Reduction & Recovery Discussions

Games

Skill Building

Creative Arts

1st Group
December 10th
5 pm - 6:30 pm



Join us at MHACG Offices
713 Union Street, Hudson

Light Refreshments Will Be Provided



CCPR Meetings and Events

Young People's Coffee & Recovery Hour

THE 2ND AND 4TH THURSDAY
OF THE MONTH AT 7:30PM

@ CCPR RECOVERY COMMUNITY
OUTREACH CENTER

1 TACONIC PLACE, CHATHAM, NY

Come hang out for an open
hour of casual conversations
and discussions about recovery.
This is not a 12-step meeting
or structured group;
we welcome anyone at any
stage of recovery to join us.

Call or text 518-495-4796
or 518-816-7751

Presented by Columbia County
Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org
columbiapathwaystorecovery@gmail.com
518-966-2775



HELPLINE 877-HOPE-365
9am-9pm | 7days



REFUGE RECOVERY

Earlybird every 2nd Saturday
8 AM - 9 AM



Columbia County Pathways to Recovery Center
1 Taconic Place Chatham, NY 12037

columbiapathwaystorecovery@gmail.com



Refuge Recovery is a Buddhist-inspired, non-theistic approach to addiction recovery. It offers a path to healing that doesn't rely on a higher power, but instead on mindfulness, compassion, and personal responsibility.

DEC
13



EARLY BIRD QI GONG PRACTICE WITH BEE

Every Second Saturday
7 am- 8:45 am \$10

Curious to learn the ancient practice of Qi Gong? Join in on this class each month to learn and cultivate mind, body & spirit with Qi Gong leader Bee. Enjoy tea and moving meditation practice.

Location: Columbia County Pathways to Recovery at 1 Taconic Pl. Chatham, NY 12037
Contact Bee via email: recovering.naturehv@gmail.com

CREATIVE WRITING FOR RECOVERY

**THURSDAY EVENINGS 7:00 PM
STARTING DECEMBER 4TH**

Open to all looking for a safe place
to share experiences, reflections on
recovery, and give voice for future hopes
through creative writing.

Location:

**Columbia County Pathways to Recovery
1 Taconic Place, Chatham, NY 12037**

CONTACT:

SCOTT FINNEGAN

FINNEGANSCTOTT@YAHOO.COM



CCPR RECOVERY COMMUNITY CENTER — DROP-IN HOURS

📍 1 TACONIC PLACE, CHATHAM, NY

Tuesdays
Fridays

10:00 AM – 1:00 PM

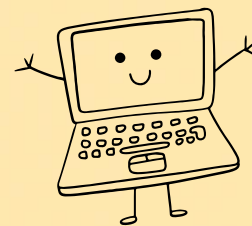
9:00 AM – 12:00 PM



Looking for help with a
résumé, job search, or
recovery support? Or maybe
you just need a quiet place
to relax?



- Free coffee & chill vibes
- Friendly conversation
- One-on-one support
- 📺 Chill movie corner
- Free access to computers
- Kids playroom



No pressure. No appointments. Just drop in.

**NEW! FREE PUBLIC TRANSPORTATION
— STARTING JUNE 10**

Tuesdays & Fridays | 9:00 AM – 2:00

● Three loops per day Hudson-Chatham
publictransportation.columbiacountyny.com



columbiapathwaystorecovery@gmail.com

SMART Recovery Meeting

(Self Management and Recovery Training)

**Where people choose their own goals,
skills and tools.**

SMART Recovery is an evidenced-informed recovery method grounded in Rational Emotive Behavioral Therapy (REBT) and Cognitive Behavioral Therapy (CBT), that supports people with substance dependencies and mental health needs, led by trained volunteers.

**Every Monday
@ 7:30 PM**

**Smart Recovery
is a fresh
approach to
addiction
recovery.**

A non-12 step and self-empowering approach to overcoming addictive behaviors and leading a balanced life.

CCPR Recovery Community Outreach Center
#1 Taconic Place, Chatham, NY 12037



Supporting Families Affected by Substance Use

- Do you have a loved one struggling with substance use?
- Feeling overwhelmed, helpless, or unsure what to do next?
- Want healthier ways to communicate – without conflict or fear?

CCPR is now offering One-on-One Family Support

using **CRAFT** (Community Reinforcement and Family Training).

CRAFT helps families:

- Improve communication
- Reduce conflict
- Encourage positive change
- Take care of yourself, too

Available:

Monday • Tuesday • Wednesday
Late afternoons or evenings

Call Barbara: 518-764-1749

Confidential • Supportive • Judgment-free

CCPR Recovery Community Center

1 Taconic Place (Route 66)

Chatham, NY 12037

 518-966-2775

columbiapathwaystorecovery@gmail.com



518-966-2775



columbiapathwaystorecovery@gmail.com



Co-Sponsored by
Northeast Community
Action Partnership
(NECAP)

CCPR MEETINGS



Tuesdays @ 7:30pm
Tuesday Traditions &
Steps
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775

**SEE YOU AT THE
AA MEETING**

Thursdays @ 6pm
Men's Meeting
Thirsty for Recovery
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Frank @ 518-755-0236



Tuesdays @ 6pm
Step Sisters
Women's 12 Step Study Group
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Michele @ 518-929-2014



Saturday @ 7pm
How It Works
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775



QUEER & TRANS CONNECTION NETWORK

**COME CONNECT WITH FELLOW MEMBERS OF
THE QUEER AND TRANS COMMUNITY,
EXCHANGE RESOURCES AND BUILD RESILIENCY!**

CRAFT NIGHT

Date/Time

2nd Tuesdays 6-8

Location

ARTLife717 Gallery
717 Columbia Street
Hudson

GAME NIGHT

Date/Time

Every other Friday 6-8
(contact toby@c-gac.org
for dates)

Location

CCPR
#1 Taconic Place
Chatham
(entrance in back)

COMMUNITY NIGHT

Date/Time

Every Thursday 5-7

Location

CCPR
#1 Taconic Place
Chatham
(entrance in back)

*****we are looking to expand
into Greene County! get in
touch if you want to be
involved*****

**CONTACT TOBY@C-GAC.ORG
for more info, virtual link, or help
with transportation
children are welcome**



FOLLOW US ON INSTAGRAM @QTCONNECTIONCG

SUPPORT SAFE HOLIDAYS

This holiday season, **prevent harm** and **promote joy** at your bar or restaurant.

GIFTS YOU'LL GET

- Learn Tools for Safe Alcohol Serving
- Overdose Prevention Training
- FREE Narcan, Test Strips & More!
- Community Recognition
- 30 minutes or less!



GIFTS YOU'LL GIVE

- Prevent Accidents - Drunk Driving deaths rise during the holidays.
- Save Lives - Overdose rates increase during the holidays.
- Promote Joy - More people feel stressed during this season.



TO SCHEDULE CONTACT
INFO@C-GAC.ORG 518.303.3665
LEARN MORE WWW.C-GAC.ORG



THE QUEER & TRANS CONNECTION NETWORK

proudly presents

QUEER BOOK CLUB

All are welcome!!

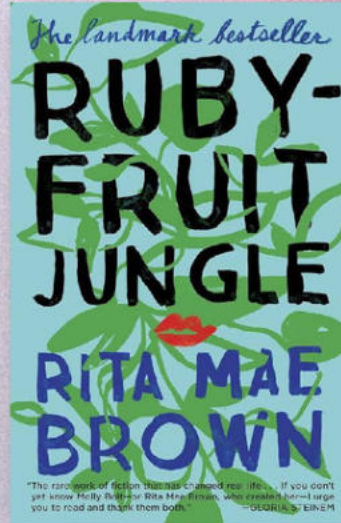
*Where: The Chatham Bookstore
(27 Main St, Chatham)*



*When: Tuesday, September 30th
5:30 – 6:30pm*

Join us for an evening of discussion and community. You're encouraged to read the whole book, but don't let it stop you from joining us if you haven't finished!

~Our Very First Read~



Join us Virtually



SCAN ME

<https://meet.google.com/gkn-hptc-aiz>

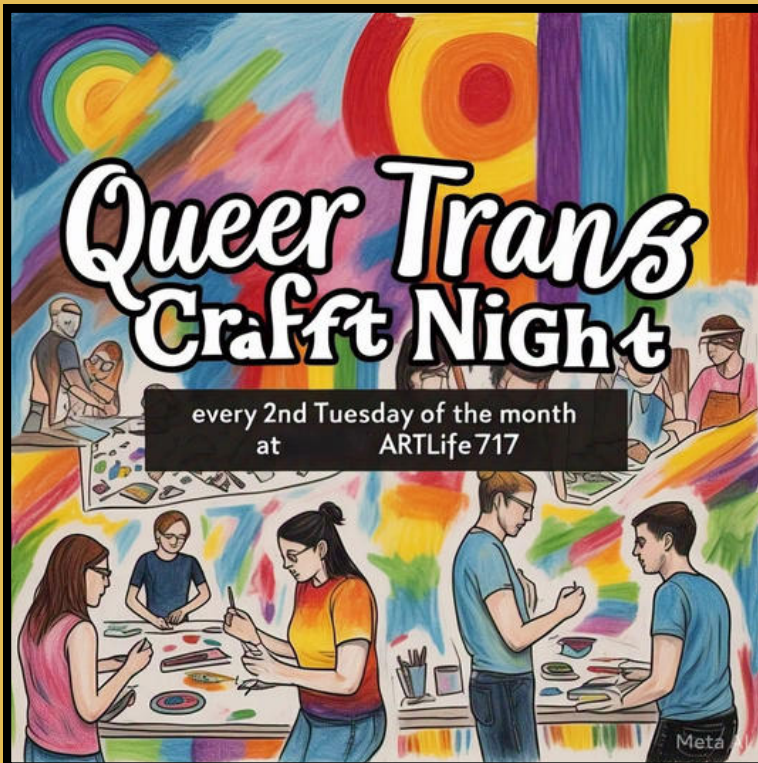
Pick up a copy at the Chatham Library
or buy it at the Chatham Bookstore –
there's a 10% discount for being a book
club member.

For more information contact

Toby@c-gac.org

Queer Trans Craft Night

every 2nd Tuesday of the month
at ARTLife717



ITC: Invitation to Change

An empowering approach for families and friends of people struggling with substance use. Learn new ways to support your loved one—and yourself.

SUPPORT GROUP FOR FAMILIES FACING ADDICTION

SUPPORT AND SKILLS GROUP
FOR NEW YORK STATE



Support and Strategies for anyone helping a person who uses substances

FREE Group in Hudson and on Zoom

Thursdays
6:00 - 7:30 pm
Starting Jan 9th 2025

Clubhouse of MHACG
47 North 5th St
Hudson, NY 12534

This is an ongoing, drop-in anytime, peer supported, facilitated group - come check it out!

Invitation to Change *A different approach to addiction*

- Learn tools for helping
- Deepen understanding about substance use
- Strengthen relationships and communication

For more about ITC visit cmcffc.org or contact Jaime Cooper at btitcgroup@gmail.com



SCAN OR [CLICK HERE](http://cmcffc.org) TO
LEARN MORE AND
REGISTER!



Mother Cabrini
HEALTH FOUNDATION

Why Join ITC?

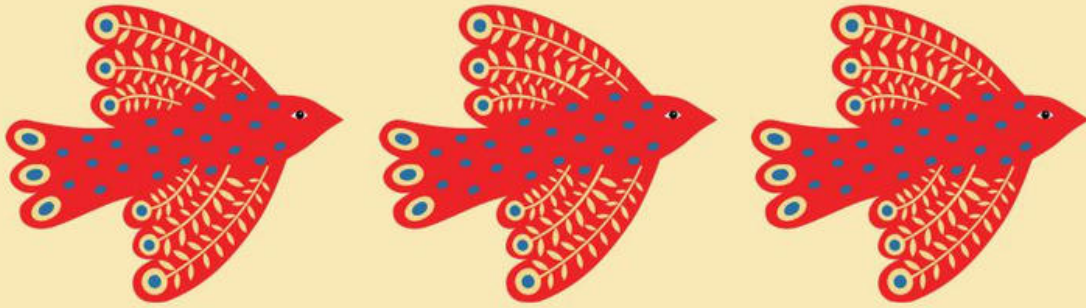
- Learn practical tools for helping without judgment
- Strengthen communication and relationships
- Find support and understanding among peers



“Change begins the moment we stop asking others to be different and start seeing how we can show up differently ourselves.”

Visit cmcffc.org to learn more

AL-ANON MEETING



A 12-STEP SUPPORT PROGRAM FOR

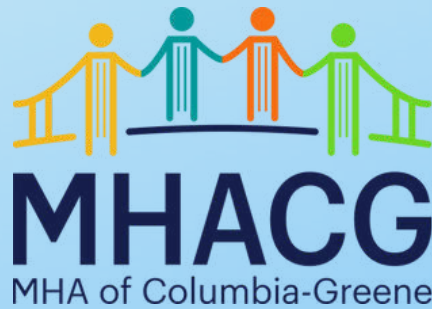
FAMILY AND FRIENDS OF PEOPLE WITH
ALCOHOL OR SUBSTANCE ABUSE PROBLEMS

THURSDAY MORNINGS FROM 9-10A.M. WEEKLY

129 HUDSON AVE.
CHATHAM, NY 12037
ENTER THROUGH THE BACK ENTRANCE

FOR MORE INFORMATION, CALL OR TEXT:
STEVE M. @310-433-5192

Youth Resources



Hudson, NY Youth
Clubhouse
47 North 5th Street
Hudson, NY 12534

[Facebook](#)

[Website](#)

Catskill, NY Youth Clubhouse
455 Main St
Catskill, NY 12414
[\(518\) 491-2432](tel:5184912432)

MHACG Offers:

Children and Family Treatment & Support Services
After School & Mentoring
Health Care Coordination
Mobile Crisis (MCAT)

AND MORE!

Online Youth Resources

CATCHING IT EARLY

📖 If you're worried about drug or alcohol use, you're not alone. Our online resources offer evidence-based information and practical tools to help you understand, prevent, and respond with care.

[Learn More](#)

👨👩👧👦 Tools for Kids is a valuable resource to read with children who are impacted by the disease of addiction. These kids deserve to have a safe, caring adult sit with them, remind them they are not alone, and read this together.

[Click Here](#)

LOCAL RECOVERY RESOURCES:

Columbia County Pathways To Recovery Helpline

877-HOPE-365

877-467-3365

9am to 9pm
7 Days A Week

We Can Help Connect You To Recovery Options To Guide You On Your Journey To Recovery

#HopeInRecovery



No Judgement
No Shaming
No Preaching
JUST LOVE!

Call if you're going to use when you're alone. An operator will ask for your first name, EXACT location, and the # you're calling from. If you stop responding after using, we will notify EMS of your location, & possible overdose.

1(877)696-1996

www.NeverUseAlone.com

Is gambling taking a toll on your financial situation?

Millions of Americans are financially affected by problem gambling every year.

Find out how much money gambling costs you each year at knowtheodds.org/cost-of-gambling

If you and/or a loved one is impacted by gambling problem, support is available!

PROBLEM GAMBLING

NORTHEAST
RESOURCE CENTER

1-518-801-1491

NortheastPGRC@nyproblemgambling.org



alliance
for positive health

160 Fairview Ave, Hudson, NY 12534

WHAT WE OFFER

- HIV/STI testing
- PrEP & PEP services
- Housing support
- Syringe exchange

[Click Here to learn more about Alliance](#)

SHARPS KIOSK LOCATIONS COLUMBIA COUNTY

ACCEPTS USED OR UNWANTED NEEDLES & SYRINGES IN CONTAINERS UP TO 1 QUART ONLY

HANNAFORD HUDSON
32 NY-82, Hudson
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HANNAFORD VALATIE
2967 US-9, Valatie
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HUDSON POLICE DEPT.
107 Union Street, Hudson
SHARPS ACCEPTED
KIOSK LOCATED INSIDE
24/7

CONTACT:
COLUMBIA COUNTY PUBLIC HEALTH, 518-828-3358
FOR FREE SHARPS CONTAINERS!



MEDICATION DROP BOX LOCATIONS COLUMBIA COUNTY

MEDICATION RETURN ONLY

CHATHAM POLICE DEPT.
77 Main Street, Chatham
M-F 9-3 or call 518-392-3451

COLUMBIA COUNTY SHERIFF SUBSTATION
Route 22 & Route 23, Hillsdale
24/7

COLUMBIA COUNTY SHERIFF'S DEPT.
85 Industrial Tract, Hudson
24/7

CMH, ER WAITING ROOM
71 Prospect Ave, Hudson
24/7

CVS HUDSON
160 Fairview Ave, Hudson
8am-10pm

CVS VALATIE
2967 US-9, Valatie
8am-10pm

HANNAFORD HUDSON
32 NY-82, Hudson
7am-10pm



HUDSON POLICE DEPT.
107 Union Street, Hudson
24/7

HANNAFORD VALATIE
2967 US-9, Valatie
7am-10pm

Naloxone Box
Locations
in Columbia
County, NY

[CLICK HERE
FOR MAP](#)

325 Columbia Street, Hudson, NY 12534

NO CREDIT CARD, CASH, OR ID NEEDED

How to Access Free Supplies?

Enter:

1. "8377" and "ENTER"
2. The item number you'd like and "ENTER"
You can select up to 3 items
3. Your home ZIP code and "ENTER"
4. Your 4 digit year of birth and "ENTER"

- ✓ Naloxone (Narcan)
- ✓ Fentanyl Test Strips
- ✓ Xylazine Test Strips

Columbia County

Columbia County Food Pantries:

Food Pantries near Chatham, NY Food Pantries in Hudson, NY

- **Tracy Memorial Village Silent Food Pantry.**

Tracy Memorial Village Hall Basement (enter through back door) 77 Main Street
Chatham, NY 12037

MONDAYS: 10:00-12:00noon

TUESDAYS: 10:00-12:00noon

CLOSED WEDNESDAYS

THURSDAYS: 4:00-6:00pm

FRIDAYS: 10:00-12:00noon

518-392-7794

chathamsilentpantry@gmail.com

- **Ghent, NY Food Pantry**

Hours: Monday through Thursday 9:00am - 12:00pm For more information, please call (518) 392-4644
2306 NY-66, Ghent, NY 12037

- **Seventh-day Adventist church food pantry**

Drive-thru Hours: Saturday May 15, August 21, November 20 2:00 pm to 4:00 pm First-come first-serve basis. For more information, please call, (518) 784-4400, for details or questions or just stop by.

- **Mellenville-Philmont Food Pantry at Claverack Town Hall**

Food Pantry Distribution Hours: Tuesdays 10:30am - 11:30am and 5:30pm - 6:30pm
(518) 672-7911

- Columbia Opportunities Food Pantry & Emergency Assistance (Please call ahead for an appointment) (518) 828-4611 540 Columbia Street, Hudson, NY, 12534

- Rock Solid Church Food Pantry 2nd and 4th Friday of the month from 10-12 noon, adding 1st and 3rd Thursday from 4-5pm Pre-packaged groceries (518) 828-2444 334 Union St., Hudson, NY 12534

- Salvation Army Food Pantry Monday, Wednesday, Friday, 8am-10am. Pre-packed groceries Pre-packaged groceries. Monday - Friday, 11:30-12:30 (518) 822-1602 40 S. Third St., Hudson, NY 12534

- St. Mark's Lutheran Food Pantry Mon and Thurs, 9-12 noon Pre-packed bags of groceries going forward (518) 822-1688 200 Fairview Ave., Hudson, NY 12534

- Time & Space Limited 5:30 PM comfort food suppers for pick-up or delivery \$5, or pay what you can Order ahead of time: (518) 822-8100 or jeff@timeandspace.org 434 Columbia St., Hudson, NY 12534

- Zion Community Food Pantry 2nd and 4th Tuesday of the month from 5:30pm - 6:30pm, and 1st and 4th Friday of the month from noon to 1pm. They offer grocery bag delivery to Providence Hall on 3rd Tuesday; available to 70+, and handicapped. Please sign up on the sheet in Providence Hall (518) 610-1980 Bliss Towers; 41 N. Second St., Hudson, NY 12534

- Our Community Cares is an organization that provides emotional and financial support to residents of Columbia County who are experiencing hardships.

[Click here for website](#)

We would like to express our gratitude to all of our donors, contributors and volunteers who have continued to support us.

Your generosity and dedication has allowed Columbia County Pathways to Recovery to continue its programs and meetings, offering help and resources to our loved community.

2025 Grants:

OASAS—grant through
NYS SENATOR MICHELE
HINCHEY; Local Impact
Initiative grant
SAMHSA—Community
Talks

Berkshire Taconic
Foundation—Fund for
Columbia County and
Technology grants

The Ackerman Foundation
Community Bank NA
Clara Gott Incentive Fund
The Bank of Greene
County
Clara Gott Fund
Ascienzo Family
Foundation

2025 Individual Donors:

Dr Joseph Lalka and Teresa
Ribadeneyra
Donna and Wesley Coon Northlands
Foundation Wheelock Whitney
Kneller Insurance
First Fuel & Heating
Frank Marshall
Long Energy Ginsberg's Foods
Joseph Lalley
Metz-Wood Insurance
Framarin family
Callander's Nursery
Coon Self Storage
Ghent Reformed Church
Northern Columbia Lions Club
Rotary Club of Northern Columbia
Columbia County Health and Human
Services
Kinderhook Toyota

Thank you for reading!

**RECOVERY ISN'T
ABOUT
PERFECTION, IT'S
ABOUT DIRECTION.**

Columbia County
Pathways to Recovery

(518) 966-2775

New Website coming soon!
Facebook: CCPR's Main Page
Facebook: Community Outreach
Center
CCPR's Instagram:

Address: #1 Taconic Place, Rt 66
Chatham, NY 12037
Mailing Address: P.O. Box 486,
Ghent, NY 12075