

COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR) SEPTEMBER 2025 Newsletter



Columbia County Pathways to Recovery is a RCO (Recovery Community Organization) – a grassroots group which grew out of the concern for a need for awareness, education, advocacy, and change in regard to the public health crisis of addiction.

Stories of Impact:

- [The One Who Stayed: My Mom and My Recovery](#)
- [She Helped Him Get Sober Through a Fateful Phone Call in 2020.](#)

In this newsletter you can expect:

Community Updates

Schedule of Meetings and Events

Recovery News

List of Local Food Pantries

Resources and HELP Lines

Harm-reduction and Prevention Education



CCPR RECOVERY COMMUNITY CENTER CALENDAR



MONDAYS

7:30 pm – SMART meeting – all are welcome

TUESDAYS

10 am to 1 pm – Coffee Hour Drop-in
6 pm – AA Women's Step Meeting
7:30 pm – AA Step and Tradition Meeting

WEDNESDAYS

6 pm – Revelation Wellness Exercise class (all fitness levels; co-ed)

THURSDAYS

5 pm – 7 pm – LGBTQ Connection Network Support Meeting
6 pm – AA Men's Meeting
7:30 pm – Young People's Recovery Coffee Hour (2nd and 4th Thursdays)

FRIDAYS

9 am to 12 pm – Coffee Hour Drop-in

SATURDAYS

7 pm – AA meeting which reads from the book As Bill Sees It

ALSO – MON/TUES/WED afternoon/eve **BY APPOINTMENT** – CRAFT (Community Reinforcement and Family Training) one-on-one support mtg Call Barbara 518-764-1749.

All are welcome in our safe, non-judgmental space!

at
CCPR's RECOVERY COMMUNITY OUTREACH CENTER
1 Taconic Place (off Rt. 66), Chatham, NY

WE'RE STILL EXPANDING OUR SERVICES! WE WELCOME ALL RECOVERY RELATED SUPPORT GROUPS. NEED A SPACE FOR YOUR MEETING? CALL OR EMAIL US!

Presented by Columbia County Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org columbiapathwaystorecovery@gmail.com
Phone: 518-966-2775 HELPLINE 877-HOPE-365 9am-9pm 7 days



COLUMBIA COUNTY HELPLINE!



Recovery Helpline

877-HOPE-365
877-4673-365

Do you need help with substance use issues?

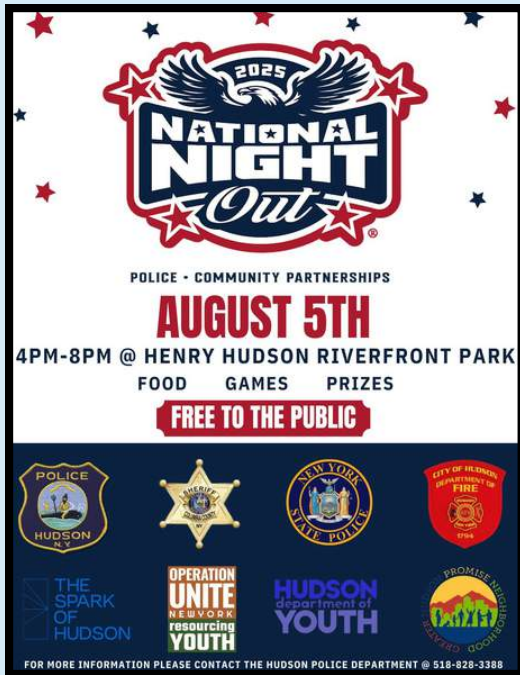
9 am to 9 pm
7 Days A Week

Information, Resources and Referrals

NATIONAL
RECOVERY
MONTH
SEPTEMBER



CCPR Work From AUGUST



In August, Columbia County Pathways to Recovery was proud to take part in Hudson's National Night Out. This event brought together local organizations, law enforcement, and families for an evening of food, games, and community support at Henry Hudson Riverfront Park.

NATIONAL RECOVERY MONTH

September is officially designated as Recovery Month, a nationwide effort to celebrate recovery, reduce stigma, and promote access to support services.

➡ [Recovery Month Toolkit Link HERE](#)



➡ [Click the link for info on stigma](#)

Candlelight Memorial

✦ Walk for Recovery ✦

Join us as we honor loved ones lost to
Substance Use Disorder and celebrate
the strength of those in recovery.

FRIDAY, SEPTEMBER 19th
6:00 PM

📍 Chatham Village
Tracy Hall
77 Main Street
Chatham, NY 12037

Let's come together to honor,
remember, and walk in love
and support for those impacted
by substance use. Let's

light the night with love, remembrance, and hope for recovery.



+ FREE MEMORIAL SIGNS AVAILABLE FOR LOVED ONES +

Together we remember. Together we heal.
Together we walk for hope.



Click HERE to register!



The golf format will be a four-person scramble format. Multiple prizes for contests on the course.

This outing will be an important fundraiser to help our Recovery Community Outreach Center in Chatham, NY where we provide resources, education, and support to increase pathways to recovery

Shotgun starts at 12 noon

\$125 per person includes:

-A round of golf with a GPS golf cart. If you have less than four registrants, we will do our best to pair you with other golfers.

-A buffet dinner under the tent prepared by a Culinary Institute of America chef, is included.

IF YOU ARE NOT A GOLFER, PLEASE JOIN US FOR DINNER FOR \$30

SPONSORSHIPS

- **SPONSOR A HOLE FOR \$100: SIGN LOCATED AT A TEE BOX WITH YOUR NAME OR MESSAGE.**
- **DONATING \$500 WILL LIST YOU AS A SPONSOR AND WILL INCLUDE RECOGNITION AT THE DINNER.**
- **DONATING \$1000 WILL LIST YOU AS A BENEFACTOR, AND WILL INCLUDE ADMISSION FOR 4 GOLFERS AND RECOGNITION AT THE DINNER**

FOR MORE INFORMATION

Please contact Frank Marshall
EMAIL: frank.ccpr@gmail.com
PHONE: 518-755-0236

<https://www.surveymonkey.com/r/DL9FPLT>

OR scan QR code for registration form and PayPal, Venmo options



DINNER WILL BE HELD RAIN OR SHINE

RECOVERY COMMUNITY OUTREACH CENTER
#1 TACONIC PLACE, CHATHAM, NY 12037

Looking for sober-friendly events or a safe space to connect? Reach out anytime!

CCPR RECOVERY COMMUNITY CENTER — DROP-IN HOURS



📍 1 TACONIC PLACE, CHATHAM, NY

Tuesdays
Fridays

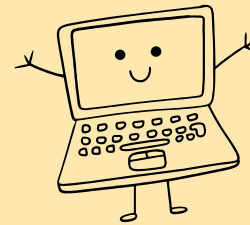
10:00 AM – 1:00 PM

9:00 AM – 12:00 PM

Looking for help with a résumé, job search, or recovery support? Or maybe you just need a quiet place to relax?



- Free coffee & chill vibes
- Friendly conversation
- One-on-one support
- 📺 Chill movie corner
- Free access to computers
- Kids playroom



No pressure. No appointments. Just drop in.

**NEW! FREE PUBLIC TRANSPORTATION
— STARTING JUNE 10**

Tuesdays & Fridays | 9:00 AM – 2:00

● Three loops per day Hudson-Chatham
publictransportation.columbiacountyny.com



columbiapathwaystorecovery@gmail.com

☀️ SUPPORT GROUPS WANTED! ☀️

Bring your meeting to CCPR Recovery Center

💬 We welcome:

- *Substance use groups (12-step & non-12-step)*
- *Mental health & wellness groups*
- *Family & codependency support*
- *Gambling & overeating recovery*
- *Yoga & wellness circles*
- *...and more!*



What we offer:

- ☀️ *Safe, welcoming space*
- ☀️ *Peer-led, peer-supported community*
- ☀️ *Sober fun & social activities*
- ☀️ *Local service connections*
- ☀️ *Heated, comfortable meeting rooms*



1 Taconic Place, Chatham, NY



518-966-2775



columbiapathwaystorecovery@gmail.com



Start a group. Bring your group.

Let's build community wellness together!

CCPR Meetings and Events



QUEER & TRANS CONNECTION NETWORK

COME CONNECT WITH FELLOW MEMBERS OF
THE QUEER AND TRANS COMMUNITY,
EXCHANGE RESOURCES AND BUILD RESILIENCY!

CRAFT NIGHT

Date/Time
2nd Tuesdays 6-8

Location
ARTLife717 Gallery
717 Columbia Street
Hudson

COMMUNITY NIGHT

Date/Time
Every Thursday 5-7

Location
CCPR
#1 Taconic Place
Chatham
(entrance in back)

GAME NIGHT

Date/Time
Every other Friday 6-8
(contact toby@c-gac.org for dates)

Location
CCPR
#1 Taconic Place
Chatham
(entrance in back)

****we are looking to expand into Greene County! get in touch if you want to be involved****

CONTACT TOBY@C-GAC.ORG for more info, virtual link, or help with transportation
children are welcome





FOLLOW US ON INSTAGRAM @QTCONNECTIONCG

NEW GAME NIGHT!

SMART Recovery Meeting

(Self Management and Recovery Training)

Where people choose their own goals, skills and tools.


SMART Recovery is an evidenced-informed recovery method grounded in Rational Emotive Behavioral Therapy (REBT) and Cognitive Behavioral Therapy (CBT), that supports people with substance dependencies and mental health needs, led by trained volunteers.

Smart Recovery is a fresh approach to addiction recovery.

Mondays @ 7:30 PM

Connect with great people with refreshments in our air conditioned recovery community center!

A non-12 step and self-empowering approach to overcoming addictive behavior and leading a balanced life.



CCPR Recovery Community Outreach Center
#1 Taconic Place, Chatham, NY 12037

Young People's Coffee & Recovery Hour

THE 2ND AND 4TH THURSDAY
OF THE MONTH AT 7:30PM

@ CCPR RECOVERY COMMUNITY
OUTREACH CENTER


1 TACONIC PLACE, CHATHAM, NY

Come hang out for an open hour of casual conversations and discussions about recovery. This is not a 12-step meeting or structured group; we welcome anyone at any stage of recovery to join us.

Call or text 518-495-4796 or 518-816-7751

Presented by Columbia County Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org
columbiapathwaystorecovery@gmail.com
518-966-2775

HELPLINE 877-HOPE-365
9am-9pm | 7 days



- Do you or someone you know have a loved one struggling with substance misuse?
- Feeling helpless and hopeless?
- Want to learn a better way to communicate with your loved one?

CCPR is now offering One-On-One Support with CRAFT family training

Beginning mid-September

Monday/Tuesday/Wednesday
Late afternoons or evenings

Please call Barbara at 518-764-1749

By appointment only

Location: CCPR Recovery Community Center
1 Taconic Place, Rt. 66
Chatham, NY 12037



518-966-2775



columbiapathwaystorecovery@gmail.com



Co-Sponsored by (NECAP)
Northeast Community
Action Partnership

CCPR Meetings



Tuesdays @ 7:30pm
Tuesday Traditions &
Steps
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775

**SEE YOU AT THE
AA MEETING**

Thursdays @ 6pm
Men's Meeting
Thirsty for Recovery
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Frank @ 518-755-0236



Tuesdays @ 6pm
Step Sisters
Women's 12 Step Study Group
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Michele @ 518-929-2014



Saturday @ 7pm
How It Works
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775



THE QUEER & TRANS CONNECTION NETWORK

proudly presents

QUEER BOOK CLUB

All are welcome!!

*Where: The Chatham Bookstore
(27 Main St, Chatham)*



*When: Tuesday, September 30th
5:30 – 6:30pm*

Join us for an evening of discussion and community. You're encouraged to read the whole book, but don't let it stop you from joining us if you haven't finished!

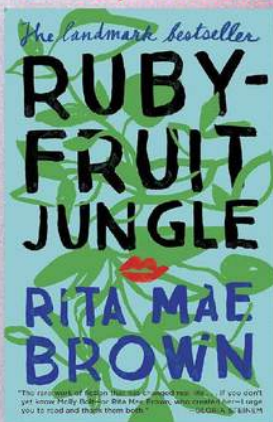
Join us Virtually



SCAN ME

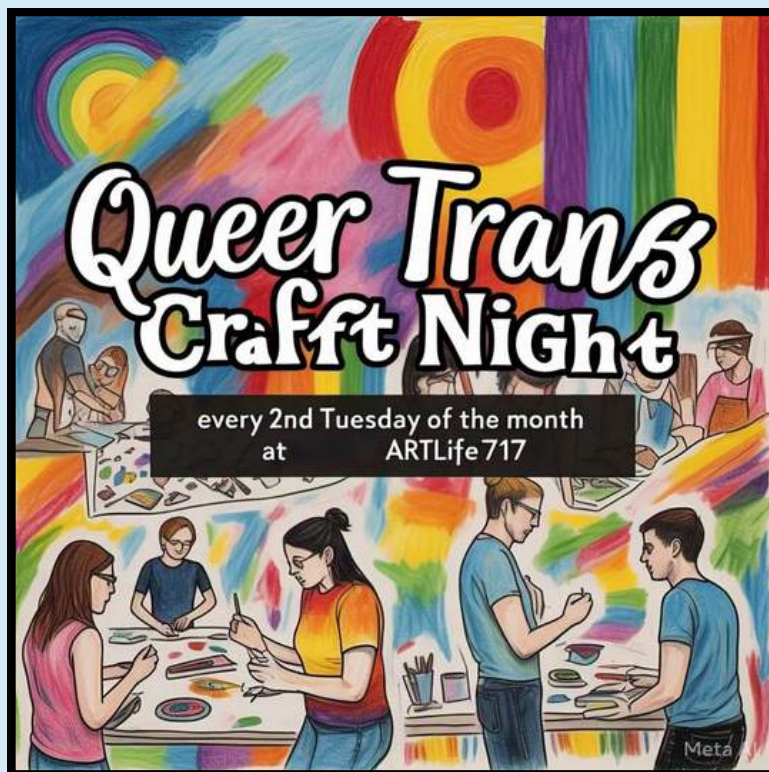
<https://meet.google.com/gkn-hptc-qiz>

~Our Very First Read~



Pick up a copy at the Chatham Library or buy it at the Chatham Bookstore – there's a 10% discount for being a book club member.

*For more information contact
Toby@c-gac.org*



HIKES

Recovering Nature

MARCH 1 • BIG DAY OUT • DUTCHESS COUNTY HIGHPOINT
BRACE MOUNTAIN • QUARRY HILL RD MILLERTON 12546 • 3.6 MI/1,509' VG

MARCH 15 • BURGER HILL PRESERVE
NY-RT 9G RHINEBECK 12572

APRIL 19 • NYQUIST-HARCOURT WILDLIFE SANCTUARY
133 HUGUENOT ST NEW PALTZ 12561

MAY 17 • 4TH ANNIVERSARY CELEBRATION AT HOWE CAVERNS
(EMAIL TO RESERVE SPACE)

JUNE 1 • BIG DAY OUT • GREENE COUNTY HIGHPOINT
HUNTER MOUNTAIN • 6.8MI/1,971' VG

JUNE 21 • ESOPUS MEADOWS PRESERVE (LITTER CLEAN UP ALONG THE
TRAILS) 255 RIVER RD. ULSTER PARK 12487

JULY 19 • INNAKE NATURE PRESERVE
9 VAN DAM RD HYDE PARK 12538

AUGUST 15-17 • 2ND ANNUAL CAMPOUT
907 LIVINGSTON RD ELIZAVILLE 12523 (EMAIL FOR DETAILS)

SEPTEMBER 20 • HEMLOCK RIDGE
LEWIS LN PLATTEKILL 12589

SEPTEMBER 21 • BIG DAY OUT • COLUMBIA COUNTY HIGHPOINT
HARVEY MOUNTAIN • 521 E. HILL RD AUSTERLITZ 12017 • 4.3MI/925' VG

OCTOBER 18 • BUTTERCUP FARM AUDUBON SANCTUARY
STISSING LN STANFORD 12581

NOVEMBER 23 • FIRE TOWER TRADITION • STISSING MOUNTAIN
499 LAKE RD PINE PLAINS 12567

NOVEMBER 24 • BIG DAY OUT • ULSTER COUNTY HIGHPOINT
SLIDE MOUNTAIN • 1991 OLIVEREA RD BIG INDIAN 12410 • 5.3MI/1,781' VG

DECEMBER 21 • ISRAEL WHITMAN SANCTUARY
OLD MILL RD SAUGERTIES 12477

FOR MORE INFORMATION SEND AN EMAIL TO
RECOVERYHIKENY@GMAIL.COM OR GO TO:

CCPR in the Community: Where to find Us at Local Events This Month

SAVE THE DATE!

35th ANNUAL TREATMENT AND RECOVERY WORKS RALLY

COME OUT TO SUPPORT

FI Tuesday, September 16, 2025

12:00 p.m. KICK-OFF

Hope House, Inc.

877 Madison Avenue

Albany, NY 12208

Barbeque, banner contest, raffles, dancing, cornhole tournament:
Washington Park Lake House



**HOPE
HOUSE**

**FOOD & ACTIVITIES: including talent show,
cornhole, and banner contest!**

**Co-sponsored by Albany County STOP-DWI and the City of
Albany**

Planning Participants:

**Albany County Substance Abuse Prevention, Treatment and Recovery
Providers**

Don't forget about the Banner Contest Theme:
**RECOVERY IS FOR EVERYONE: Every Person, Every
Family, Every Community!**

Participants are invited to design a banner representing your agency. Bring the

Ghent Community Day 2025

SAVE THE DATE September 27, 2025 11am - 3pm Ghent Town Garage	<i>Meet your neighbors</i> <i>Support your town</i> <i>Fun, food, music</i> <i>Vendor and Sponsor Information to follow</i>
--	--

🌿 Have a hard time
concentrating during
meditation? You're not
alone!

Stay tuned for a **NEW**
guided nature meditation
class designed to help you
focus, relax, and reconnect.

COMING SOON!

Contact us for more info.

✨ Wellness Corner

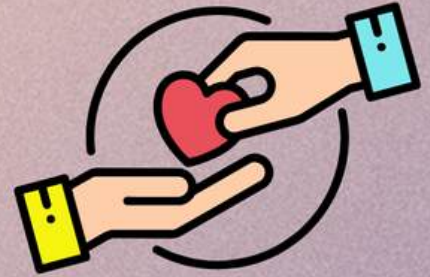
When life feels heavy, pause and
ground yourself with the 5-4-3-2-1
technique:

- 👁️ 5 things you can see
- 👋 4 things you can touch
- 💡 3 things you can hear
- 👃 2 things you can smell
- 👅 1 thing you can taste

A quick reset to bring lightness,
clarity, and peace. ☀️

Talk Saves Lives

A Community Suicide Prevention Training



6:00 PM



**Friday
September 26th**



**Columbia Pathways
to Recovery
#1 Taconic Place,
Chatham + Virtual**

**Scan to
register:**



**CONTACT:
toby@c-gac.org**

**Join us to learn what you can do
to help save lives.**

Dinner will be provided.

**This training will focus on supporting LGBTQ+ populations.
This training is free and open to everyone.**



**American
Foundation
for Suicide
Prevention**

Capital Region
New York



Movie Screening & Community Discussion

Join us for a **free screening of A Good Person** (starring Morgan Freeman and Florence Pugh, directed by Zach Braff, rated R), a moving and powerful story about the challenges of addiction and the enduring bonds of family.



6 PM



**Thursday
September 18th**



**Story Screen
Cinema, Hudson**



FREE admission!
Sm. Popcorn and soda
included with ticket!



Panel Discussion to follow – Hear from local voices about recovery, overdose prevention, and how our community can work together to create hope.

All are Welcome — whether you've been personally affected, are in recovery, or simply want to learn and be part of the conversation. Together we will shine light on the complex challenges of substance use disorder, including honoring those we've lost to overdose and those in recovery.

CONTACT:
hannah@c-gac.org
clairec@c-gac.org



ONE 5K
TOO MANY NY
to end child abuse



Saturday, Sept. 13th
Columbia Greene Community College

Register today
at mhacg.org/5k

THE RACE IS ON
TO END CHILD ABUSE

...because even one child
abused is **One Too Many!**

PRESENTED BY



MHACG
MHA of Columbia-Greene
Child Advocacy Center

in conjunction with


NYS CA
NEW YORK STATE CHILDREN'S
ALLIANCE

News

- [National Recovery Month in the Capital Region: Courage, Connection, and Community](#)
- [Beyond the Myths: A Deep Dive Into Understanding Addiction](#)
- [SAMHSA Announces \\$19M in Supplemental Funding to Strengthen Housing Capacity for Homeless People with Serious Mental Illness](#)
- [Promoting recovery ready workplaces in New York](#)

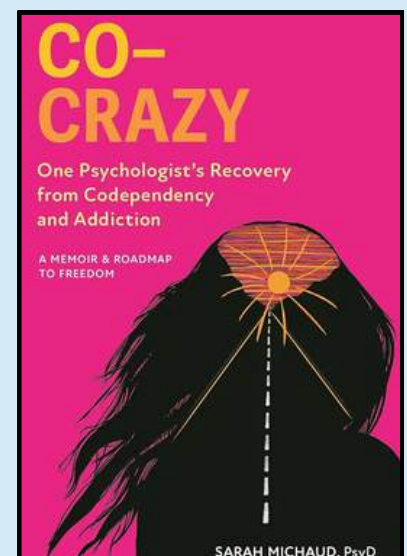
 [Listen here:](#)

[Book of the Month](#)

 ***Co-Crazy: One Psychologist's Recovery from Codependency and Addiction: A Memoir and Roadmap to Freedom***

by Sarah Michaud PsyD

This book tells the story of a psychologist who, while helping others professionally, struggled privately with codependency and addiction. Through candid storytelling and insight, the author shows how codependency fuels destructive patterns. Blending memoir with practical guidance, the book offers both a personal recovery journey and a roadmap to break free from addiction, self-sabotage, and codependent behaviors—pointing toward healing, freedom, and healthier connections.



Family Support Groups

ITC Website Link

SUPPORT GROUP FOR FAMILIES FACING ADDICTION

SUPPORT AND SKILLS GROUP
FOR NEW YORK STATE



**Support and Strategies
for anyone helping
a person who uses substances**

FREE Group in Hudson and on Zoom

Thursdays
6:00 - 7:30 pm
Starting Jan 9th 2025

Clubhouse of MHACG
47 North 5th St
Hudson, NY 12534

This is an ongoing, drop-in anytime, peer supported, facilitated group - come check it out!

Invitation to Change
A different approach to addiction

- Learn tools for helping
- Deepen understanding about substance use
- Strengthen relationships and communication

For more about ITC visit cmccfc.org or contact Jaime Cooper at btitcgroup@gmail.com



SCAN OR CLICK HERE TO
LEARN MORE AND
REGISTER!



Mother Cabrini
HEALTH FOUNDATION



**“Family is often the first line of
defense against addiction —
offering love, stability, and hope
when it feels like the world is
falling apart.”**

Youth Resources

Local Youth Clubhouses

Mental Health Associations of Columbia-Greene County (MHACG)

Hudson, NY Youth Clubhouse

47 North 5th Street
Hudson, NY 12534



Catskill, NY Youth Clubhouse

455 Main St
Catskill, NY 12414
(518) 491-2432

Facebook Link

Website Link

**Do you
smoke or vape?**

FREE

**breath carbon monoxide screening*
nicotine patches, lozenges, gum****

Catskill Clubhouse | **Wednesday**
455 Main St | **September 17**
Catskill, NY | **2:30pm - 5pm**

*Certified Tobacco Treatment Specialist will assist and answer any questions
**Must be 18 years or older using cigarettes, cigars, and/or e-cigarettes.



Back-to-School: Teacher and Parent Tips

- Talk openly about drugs and alcohol — kids notice silence.
- Share facts, not fear.
- Encourage healthy coping skills like sports, art, and journaling.
- Know the signs of stress, anxiety, or substance use.

Check out Parent Prevention Guide here

and

School and Educators Resources

Local Recovery Resources:

Columbia County Pathways To Recovery Helpline
877-HOPE-365
 877-467-3365
 9am to 9pm
 7 Days A Week
 We Can Help Connect You To Recovery Options To Guide You On Your Journey To Recovery
 #HopeInRecovery

NYS Office of Addiction Services and Supports
 Website: [Click Here](#)

Youth Voices Matter-NY
 1529 Western Avenue Albany, NY
 Reach out to a Youth Recovery Program Specialist in Your Region!
 Website: [Click Here](#)

Greener Pathways Mobile Outreach Columbia & Greene Counties

518-291-4500
 Afterhours Hotline:
 (518) 822-0090
 Website: [Click Here](#)

Alliance offers free HIV testing, mobile needle exchange, and more!

Naloxone Box Locations in Columbia County, NY

[CLICK HERE FOR MAP](#)



160 Fairview Ave, Hudson, NY 12534



**No Judgement
 No Shaming
 No Preaching
 JUST LOVE!**

Call if you're going to use when you're alone. An operator will ask for your first name, EXACT location, and the # you're calling from. If you stop responding after using, we will notify EMS of your location, & possible overdose.

1(877)696-1996
www.NeverUseAlone.com

MATTERS
REQUEST FREE NALOXONE WALL BOXES
NALOXBOXES:
 Metal containers with written instructions on either side of the box.
ONEBOXES:
 Plastic containers with video instructions that automatically play upon opening.
 765-MATTERS (628-8377)



• [Northeast Problem Gambling Resource Center](#)

100 Great Oaks Blvd., Suite 104, Albany, NY

Providing 1:1 attention and support to those seeking assistance for a gambling problem or a friend or family member's gambling. We also raise awareness of gambling harm through agency partnership development and by offering educational training opportunities.

Phone: (518) 801-1491

Email: rfetterman@nycpg.org

[Click here for resource center:](#)

[Click here for further information and blog.](#)

SHARPS KIOSK LOCATIONS COLUMBIA COUNTY
 ACCEPTS USED OR UNWANTED NEEDLES & SYRINGES IN CONTAINERS UP TO 1 QUART ONLY

HANNAFORD HUDSON
 32 NY-82, Hudson
 SHARPS ACCEPTED KIOSK LOCATED OUTSIDE 24/7

HANNAFORD VALATIE
 2967 US-9, Valatie
 SHARPS ACCEPTED KIOSK LOCATED OUTSIDE 24/7

HUDSON POLICE DEPT.
 107 Union Street, Hudson
 SHARPS ACCEPTED KIOSK LOCATED INSIDE 24/7

CONTACT:
 COLUMBIA COUNTY PUBLIC HEALTH, 518-828-3358
 FOR FREE SHARPS CONTAINERS!

CCAC

MEDICATION DROP BOX LOCATIONS COLUMBIA COUNTY
 MEDICATION RETURN ONLY

CHATHAM POLICE DEPT.
 77 Main Street, Chatham
 M-F 9-3 or call 518-392-3451

COLUMBIA COUNTY SHERIFF SUBSTATION
 Route 22 & Route 23, Hillsdale 24/7

COLUMBIA COUNTY SHERIFF'S DEPT.
 85 Industrial Tract, Hudson 24/7

CMH, ER WAITING ROOM
 71 Prospect Ave, Hudson 24/7

CVS HUDSON
 160 Fairview Ave, Hudson 8am-10pm

CVS VALATIE
 2962 US-9, Valatie 8am-10pm

HUDSON POLICE DEPT.
 107 Union Street, Hudson 24/7

HANNAFORD HUDSON
 32 NY-82, Hudson 7am-10pm

HANNAFORD VALATIE
 2967 US-9, Valatie 7am-10pm

CCAC

Columbia County Food Pantries:

Food Pantries near Chatham, NY

- **Tracy Memorial Village Silent Food Pantry.**

Tracy Memorial Village Hall
Basement (enter through back door) 77 Main Street Chatham, NY 12037

MONDAYS: 10:00-12:00noon

TUESDAYS: 10:00-12:00noon

CLOSED WEDNESDAYS

THURSDAYS: 4:00-6:00pm

FRIDAYS: 10:00-12:00noon

518-392-7794

chathamsilentpantry@gmail.com

- **Ghent, NY Food Pantry**

Hours: Monday through Thursday
9:00am - 12:00pm For more information, please call (518) 392-4644
2306 NY-66, Ghent, NY 12037

- **Seventh-day Adventist church food pantry**

Drive-thru Hours: Saturday May 15, August 21, November 20 2:00 pm to 4:00 pm First-come first-serve basis. For more information, please call, (518) 784-4400, for details or questions or just stop by.

- **Mellenville-Philmont Food Pantry at Claverack Town Hall**

Food Pantry Distribution Hours:
Tuesdays 10:30am - 11:30am and
5:30pm - 6:30pm
(518) 672-7911

Food Pantries in Hudson, NY

- Columbia Opportunities Food Pantry & Emergency Assistance (Please call ahead for an appointment) (518) 828-4611 540 Columbia Street, Hudson, NY, 12534

- Rock Solid Church Food Pantry 2nd and 4th Friday of the month from 10-12 noon, adding 1st and 3rd Thursday from 4-5pm Pre-packaged groceries (518) 828-2444 334 Union St., Hudson, NY 12534

- Salvation Army Food Pantry Monday, Wednesday, Friday, 8am-10am. Pre-packed groceries Pre-packaged groceries. Monday - Friday, 11:30-12:30 (518) 822-1602 40 S. Third St., Hudson, NY 12534

- St. Mark's Lutheran Food Pantry Mon and Thurs, 9-12 noon Pre-packed bags of groceries going forward (518) 822-1688 200 Fairview Ave., Hudson, NY 12534

- Time & Space Limited 5:30 PM comfort food suppers for pick-up or delivery \$5, or pay what you can Order ahead of time: (518) 822-8100 or jeff@timeandspace.org 434 Columbia St., Hudson, NY 12534

- Zion Community Food Pantry 2nd and 4th Tuesday of the month from 5:30pm - 6:30pm, and 1st and 4th Friday of the month from noon to 1pm. They offer grocery bag delivery to Providence Hall on 3rd Tuesday; available to 70+, and handicapped. Please sign up on the sheet in Providence Hall (518) 610-1980 Bliss Towers; 41 N. Second St., Hudson, NY 12534

- Our Community Cares is an organization that provides emotional and financial support to residents of Columbia County who are experiencing hardships.

[Click here for website](#)

We would like to express our gratitude to all of our donors, contributors and volunteers who have continued to support us. Your generosity and dedication has allowed Columbia County Pathways to Recovery to continue its programs and meetings, offering help and resources to our loved community.

2025 Grants:

OASAS—grant through NYS
SENATOR MICHELE
HINCHEY; Local Impact
Initiative grant
SAMHSA—Community Talks
Berkshire Taconic
Foundation—Fund for
Columbia County and
Technology grants
Coon Self Storage
The Ackerman Foundation
Ghent Reformed Church
Community Bank NA
Clara Gott Incentive Fund
The Greene County Bank
Northern Columbia Lions
Club
Rotary Club of Northern
Columbia

2024 Individual Donors:

Dr Joseph Lalka and Teresa
Ribadeneyra
Donna and Wesley Coon
Northlands Foundation
Wheelock Whitney
Kneller Insurance
First Fuel & Heating
Frank Marshall
Long Energy Ginsberg's Foods
Joseph Lalley
Metz-Wood Insurance
Framarin family
Callander's Nursery



Thank you for reading!

COLUMBIA COUNTY PATHWAYS TO RECOVERY	(518) 966-2775
New Website coming soon! Facebook : CCPR's Main Page Facebook : Community Outreach Center CCPR's Instagram :	Address: #1 Taconic Place, Rt 66 Chatham, NY 12037 Mailing Address: P.O. Box 486, Ghent, NY 12075