

COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR)

MARCH 2025 Newsletter



Columbia County Pathways to Recovery is a [RCO \(Recovery Community Organization\)](#), – a grassroots group which grew out of the concern for a need for awareness, education, advocacy, and change in regard to the public health crisis of addiction.

Stories of Impact:

This month's impact story is about a family who didn't wait for 'rock bottom' to help their loved one with their addiction

[Click HERE for NPR read or listen](#)

Also:
[Chantel's Story of Recovery](#)

Follow [Don Downey](#), an advocate of the recovery community and a riveting journalist out of Hudson, NY.

In this newsletter you can expect:

Community Updates


Schedule of Meetings and Events

Recovery News


List of Local Food Pantries

Resources and HELP Lines

Harm-reduction and Prevention Education



**CCPR RECOVERY
COMMUNITY
CENTER
CALENDAR**



MONDAYS
7:30 pm – SMART meeting – all are welcome

TUESDAYS
10 am to 1 pm – Coffee Hour Drop-In
6 pm – AA Women's Step Meeting
7:30 pm – AA Step and Tradition Meeting

WEDNESDAYS
6 pm – Revelation Wellness Exercise class (all fitness levels; co-ed)

THURSDAYS
9 am to 12 pm – Coffee Hour Drop-In
6 pm – AA Men's Meeting
7:30 pm – Young People's Recovery Coffee Hour (2nd and 4th Thursdays)

SATURDAYS
7 pm – AA meeting which reads from the book As Bill Sees It
ALSO – MON/TUES/WED afternoon/eve **BY APPOINTMENT** - CRAFT (Community Reinforcement and Family Training) one-on-one support mtg
Call Barbara 518-764-1749.

All are welcome in our safe, non-judgmental space!
at
CCPR's RECOVERY COMMUNITY OUTREACH CENTER
1 Taconic Place (off Rt. 66), Chatham, NY

WE'RE STILL EXPANDING OUR SERVICES! WE WELCOME ALL RECOVERY RELATED SUPPORT GROUPS. NEED A SPACE FOR YOUR MEETING? CALL OR EMAIL US!

Presented by Columbia County Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org columbiapathwaystorecovery@gmail.com
 Phone: 518-966-2775 HELPLINE 877-HOPE-365 9am-9pm 7days



Prevention Education



CCPR has partnered with Columbia-Greene Addiction Coalition and Columbia-Greene Youth Clubhouses to present prevention education to Columbia County Schools.

So far!

We have visited:

Hudson High School,
Ichabod Crane High School and Middle School,
Taconic Hills High School and Middle School,

Since 2025:

Hawthorne Valley High School

Upcoming Presentations:

Hawthorne Valley Middle School

We teach kids how to recognize addiction, how to use coping skills and harm reduction tools through data-informed research and the personal stories of those who work in this field.

CCPR is also working on bringing Courtney Lovell, an internationally renowned speaker on the topic of substance misuse and recovery, to Columbia County School districts.

Local Recovery Resources:

Columbia County Pathways To Recovery Helpline

877-HOPE-365

877-467-3365

9am to 9pm

7 Days A Week



We Can Help Connect You To Recovery Options To Guide You On Your Journey To Recovery

#HopeInRecovery

NYS Office of Addiction Services and Supports

Website: [Click Here](#)

Youth Voices Matter-NY
1529 Western Avenue Albany, NY
Reach out to a Youth Recovery Program Specialist in Your Region!

Website: [Click Here](#)

Greener Pathways Mobile Outreach Columbia & Greene Counties

518-291-4500

Afterhours Hotline:

(518) 822-0090

Website: [Click Here](#)

Alliance offers free HIV testing, mobile needle exchange, and more!



160 Fairview Ave,
Hudson, NY 12534



No Judgement
No Shaming
No Preaching
JUST LOVE!

Call if you're going to use when you're alone. An operator will ask for your first name, EXACT location, and the # you're calling from. If you stop responding after using, we will notify EMS of your location, & possible overdose.

1(877)696-1996

www.NeverUseAlone.com

Naloxone Box Locations in Columbia County, NY

[CLICK HERE FOR MAP](#)

is a SAFE sharps collection program for needle and syringe disposal.
If you have used/unwanted needles, or would like a free sharps container, please visit one of the drop-off kiosk locations listed below.

Locations—Greene County

24/7 Outdoor Access unless otherwise noted

Cairo (2 locations)

CVS Pharmacy—Routes 23 & 32
and
Hannaford—223 Main Street

Catskill (2 locations)

Greene County Office Building—
Stairs at Water St Entrance
and
Greene Medical Arts Pharmacy—159 Jefferson Hts
(inside: M-F 8a-5p, Sat 9a-2p, Sun closed)

Coxsackie

EmUrgent Care—11835 Route 9W

East Durham

Durham Town Hall—7309 Route 81

Greenville

Kelly's Pharmacy—4852 Route 81
(inside: M-F 9a-7p, Sat 9a-5p, Sun 9a-3p)

Tannersville

Hunter Ambulance—5740 Route 23A

Windham

Windham Pharmacy—68 Route 296

For more information, call
Greene County Public Health Department
(518) 719-3600

Locations—Columbia County

24/7 Outdoor Access unless otherwise noted

Livingston

Hannaford—32 NY-82

Valatie

Hannaford—2967 Route 9

Hudson

Hudson Police Department—701a Union St

For more information, call
Columbia County Department of Health
(518) 828-3358



• Northeast Problem Gambling Resource Center

100 Great Oaks Blvd., Suite 104, Albany, NY

Providing 1:1 attention and support to those seeking assistance for a gambling problem or a friend or family member's gambling. We also raise awareness of gambling harm through agency partnership development and by offering educational training opportunities.

Phone: (518) 801-1491

Email: rfetterman@nycpg.org

[Click here for resource center:](#)

[Click here for further information and blog.](#)

Community Events and Meetings at CCPR:

Just need to get out of the house? Come relax, chat, and have a cup of coffee. Need help with a resume/job searches? Other recovery supports? Or just chill and watch a movie.

CCPR Community Center

DROP IN AND SEE WHAT WE'RE ALL ABOUT!

1 TACONIC PLACE (off Rte 66), CHATHAM, NY 12037

Drop in Hours:

TUESDAYS -10 am to 1 pm

THURSDAYS 9 am to noon

COLUMBIA COUNTY PATHWAYS TO RECOVERY, INC.
COLUMBIAPATHWAYSTORECOVERY@GMAIL.COM
@COLUMBIA_PATHWAYS_TO_RECOVERY
FB-COLUMBIAPATHWAYSTORECOVERY

518-966-2775

HELPLINE 877-HOPE-365 9AM-9PM / 7 DAYS



SMART Recovery Meeting

(Self Management and Recovery Training)

Where people choose their own goals, skills and tools.

SMART Recovery is an evidenced-informed recovery method grounded in Rational Emotive Behavioral Therapy (REBT) and Cognitive Behavioral Therapy (CBT), that supports people with substance dependencies and mental health needs, led by trained volunteers.

Smart Recovery is a fresh approach to addiction recovery.

Mondays @ 7:30 PM

Connect with great people with refreshments in our air conditioned recovery community center!

A non-12 step a self-empowerin approach to overcoming addictive behavi and leading a balanced life.

CCPR Recovery Community Outreach Center
#1 Taconic Place, Chatham, NY 12037



YOUNG PEOPLE IN RECOVERY

COME AS YOU ARE! Join us in the common struggle in whatever stage of recovery you might be in. Zoom option available.

Young People's Coffee & Recovery Hour

THE 2ND AND 4TH THURSDAY
OF THE MONTH AT 7:30PM

@ CCPR RECOVERY COMMUNITY
OUTREACH CENTER

1 TACONIC PLACE, CHATHAM, NY

Come hang out for an open hour of casual conversations and discussions about recovery. This is not a 12-step meeting or structured group; we welcome anyone at any stage of recovery to join us.

Call or text 518-495-4796
or 518-833-8288

Can't make it in person?
You can reach us on Zoom

MEETING ID: 416 276 7518
PASSCODE: 13579

Presented by Columbia County
Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org
columbiapathwaystorecovery@gmail.com
518-966-2775



HELPLINE 877-HOPE-365
9am-9pm | 7days



One-on-one support by appointment
with Barbara, at CCPR Recovery Center

- Do you or someone you know have a loved one struggling with substance misuse?
- Feeling helpless and hopeless?
- Want to learn a better way to communicate with your loved one?

CCPR is now offering One-On-One Support
with CRAFT family training.

Beginning mid-September

Monday/Tuesday/Wednesday
Late afternoons or evenings

Please call Barbara at 518-764-1749

By appointment only

Location: CCPR Recovery Community Center
1 Taconic Place, Rt. 66
Chatham, NY 12037



518-966-2775



columbiapathwaystorecovery@gmail.com



Co-Sponsored by (NECAP)
Northeast Community
Action Partnership

NEWS

- Brain structure differences are associated with early use of substances among adolescents

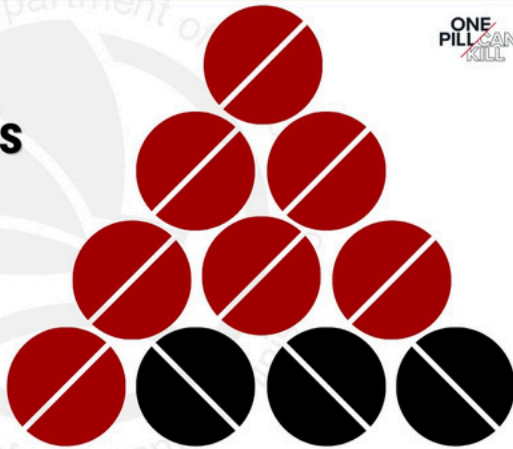
-Outcomes of Childhood Preventive Intervention

-What is medetomidine?

Columbia County Overdose Report:

- There have been 2 fatal overdoses in Columbia County within one week of each other, between February 9th and February 17th.

7 out of 10
DEA tested pills
with fentanyl
are potentially
DEADLY



SOCIAL MEDIA **Drug Trafficking Threat**

WHAT WE KNOW

With the growth of social media and the proliferation of smartphones, a dangerous and deadly new drug threat has emerged: **criminal drug networks are abusing social media to expand their reach, create new markets, and target new clientele.** This includes by selling deadly fake fentanyl and methamphetamine pills, often to unsuspecting teenagers, young adults, and older Americans, who think they are buying the real thing.

No longer confined to street corners and the dark web, criminal drug networks are now in every home and school in America because of the internet apps on our smartphones.

HOW IT WORKS

ONE-STOP SHOP

Drug traffickers have turned smartphones into a one-stop shop to market, sell, buy, and deliver deadly, fake prescription pills and other dangerous drugs. In just three steps, deadly drugs can be purchased and delivered to your home just like any other good or service.

1. Advertise

Drug traffickers advertise on social media platforms like Facebook, Instagram, Snapchat, TikTok, Twitter and YouTube. These advertisements are in disappearing, 24-hour stories and in posts, which are promptly posted and removed. Posts and stories are often accompanied by known code words and emojis that are used to market and sell illicit and deadly drugs on social media. These code words and emojis are designed to evade detection by law enforcement and by the preset algorithms used by social media platforms.



ADVERTISE

JANUARY 2022

#ONEPILLCANKILL [dea.gov/onepill](https://www.dea.gov/onepill)

BREAKING NEWS

NYS SUES **THE NATION'S LARGEST** **VAPE DISTRIBUTORS**

"For too long, these companies have disregarded our laws in order to profit off of our young people, but we will not risk the health and safety of our kids. Today, we are taking critical steps toward holding these companies accountable for the harm they have caused New Yorkers."

Thank you for taking steps to protect our youth!

CCAC
COLUMBIA COUNTY ADULT CRIME CENTER

DID YOU KNOW...

Accidental drug overdose deaths are now the number one cause of accidental deaths in the United States ([cdc.gov/drugoverdose](https://www.cdc.gov/drugoverdose)).

More people misuse prescription opioids than use heroin, cocaine, methamphetamine, and hallucinogens..COMBINED!

The United States makes up 5% of the world's population, yet consumes 99% of prescribed hydrocodone worldwide.

Harm Reduction

NARCAN 101

DID YOU KNOW?

Naloxone DOES NO HARM
It is safe for children and pregnant people

NARCAN SHOULD BE IN EVERY HOME

Over 80% of overdose deaths in Columbia & Greene counties happen in private homes

where can I get some?

Naloxone = Narcan
(it's like tissue vs. Kleenex)



The safest way to use is NEVER ALONE
call! someone will make sure life saving efforts are utilized should an overdose occur



Scan QR code or visit
c-gac.org/harm-reduction for info on how to access free supplies!
518.303.3665

In NY State, under the Good Samaritan Law, you and the person ODing are both protected from legal prosecution



Signs of Opioid Overdose



small, constricted pinpoint pupils



falling asleep or loss of consciousness



slow, shallow breathing



choking or gurgling sounds



pale, blue or cold skin



blue nails or lips

CALL 911 IMMEDIATELY
if you see these overdose signs



CONTACT US FOR FREE MEDICATION LOCK BAGS



<http://>



518.303-3665
INFO@C-GAC.ORG
WWW.C-GAC.ORG



OVERDOSE DEATHS ARE DECREASING.
HEALTH & HARM REDUCTION PLAY A BIG ROLE.

Please consider donating to our cause. As the only Recovery Community Organization in Columbia County, we hope to continue serving the community through 2025.



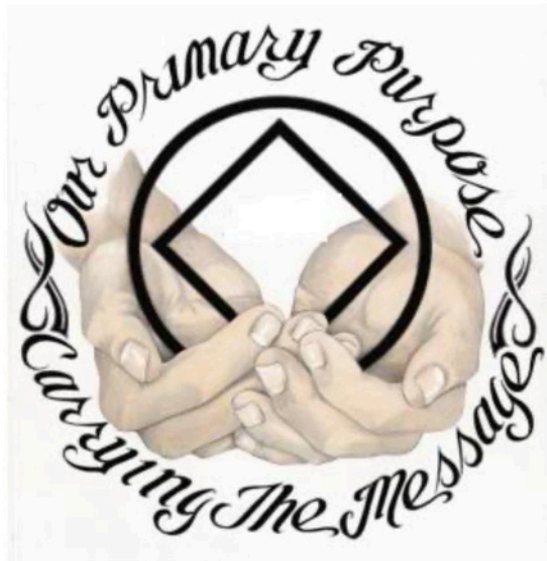
venmo

Call CCPR @ 1 518-966-2775
for free Narcan!
Equip yourself and your loved ones with life-saving opioid reversal medication.



877-HOPE-365
877-4673-365

• New Narcotics Anonymous Meeting •



No Matter What Group

40 Woodland Ave Catskill, NY (Rear of building)

Every Wednesday 7:00-8:15 (Open meeting)

Just for Today

Candlelight • Coffee

"Better Together"

A new in-person Al-Anon meeting in Chatham Village!



When: Thursday mornings from 9-10a.m. weekly

Where: Colbert house (of St. James Church) at 129 Hudson Ave. Chatham, NY 12037. ***Enter through the rear entrance.***

Al-Anon is a 12 Step program of recovery and support for family and friends of people with alcohol (or substance abuse) problems. All are welcome!

For more information, call or text Steve M. @310-433-5192



Support.
Connection.
Friendship.

SOBER MOMS CLUB

SAFE

Thursdays 7-8 p.m.

If you are living or exploring an alcohol-free lifestyle, you're in the club!



JOIN US!

Navigating the world of sobriety and recovery as a Mom can be SO hard—you are not alone!

Join us every Thursday for connection, support, and friendship!

Register today! tinyurl.com/safemoms

\$25

THE SPARK OF HUDSON

MINI CERAMIC ORNAMENT WORKSHOP

Led by Jackie Fischer

Tuesday, March 11, 5-8pm

OPEN TO ALL AGES



502 Union Street, Hudson, NY 12534

Did you hear about the
First Aid and CPR Course
at the Philmont Community Center?!



Saturday, March 8th from 9:30-2:30

Free for Village of Philmont Residents Employees

\$85 for Nonresidents - Only 10 Spots Available

Email julieeganver@gmail.com or Text 518-567-8220 to Sign Up
Please include your full name and contact information. First come first serve.

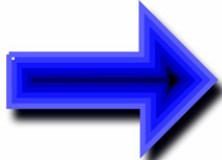


HIKES

- MARCH 1 • BIG DAY OUT • DUTCHESS COUNTY HIGHPOINT
BRACE MOUNTAIN • QUARRY HILL RD MILLERTON 12546 • 3.6 MI/1,509' VG
 - MARCH 15 • BURGER HILL PRESERVE
NY-RT 9G RHINEBECK 12572
 - APRIL 19 • NYQUIST-HARCOURT WILDLIFE SANCTUARY
133 HUGUENOT ST NEW PALTZ 12561
 - MAY 17 • 4TH ANNIVERSARY CELEBRATION AT HOWE CAVERNS
(EMAIL TO RESERVE SPACE)
 - JUNE 1 • BIG DAY OUT • GREENE COUNTY HIGHPOINT
HUNTER MOUNTAIN • 6.8MI/1,971' VG
 - JUNE 21 • ESOPUS MEADOWS PRESERVE (LITTER CLEAN UP ALONG THE TRAILS)
255 RIVER RD. ULSTER PARK 12487
 - JULY 19 • INNAKE NATURE PRESERVE
9 VAN DAM RD HYDE PARK 12538
 - AUGUST 15-17 • 2ND ANNUAL CAMPOUT
907 LIVINGSTON RD ELIZAVILLE 12523 (EMAIL FOR DETAILS)
 - SEPTEMBER 20 • HEMLOCK RIDGE
LEWIS LN PLATTEKILL 12589
 - SEPTEMBER 21 • BIG DAY OUT • COLUMBIA COUNTY HIGHPOINT
HARVEY MOUNTAIN • 521 E. HILL RD AUSTERLITZ 12017 • 4.3MI/925' VG
 - OCTOBER 18 • BUTTERCUP FARM AUDUBON SANCTUARY
STISSING LN STANFORD 12581
 - NOVEMBER 23 • FIRE TOWER TRADITION • STISSING MOUNTAIN
499 LAKE RD PINE PLAINS 12567
 - NOVEMBER 24 • BIG DAY OUT • ULSTER COUNTY HIGHPOINT
SLIDE MOUNTAIN • 1991 OLIVEREA RD BIG INDIAN 12410 • 5.3MI/1,781' VG
 - DECEMBER 21 • ISRAEL WHITMAN SANCTUARY
OLD MILL RD SAUGERTIES 12477
- FOR MORE INFORMATION SEND AN EMAIL TO RECOVERYHIKENY@GMAIL.COM OR GO TO:



CCPR and CGAC will be speaking on this panel!



Saving Hope

OPIOID AWARENESS ROUNDTABLE

HOSTED BY ASSEMBLYMAN SCOTT BENDETT



April 10th
5 p.m.
Chatham High School
50 Woodbridge Ave.
Chatham, NY 12037

you're invited

DINNER TO DIE FOR

ANNUAL FUNDRAISER DINNER EVENT

MAY 2, 2025

Everyone's a suspect. Can you figure out who dunit?
Join MHA of Columbia Greene for a fun night of
dinner, drinks, entertainment, and murder.

TICKETS ON SALE NOW!
VISIT MHACG.ORG/EVENTS



What is ITC?

The Invitation to Change Approach (ITC) is a holistic helping framework based in science and kindness, designed for the families and loved ones of people struggling with substance use, as well as the professionals who support them.

Our trainings and materials invite you to reflect on what it means to help, reimagine the role that loved ones can play in the change process, and learn evidence-supported strategies for helping.

Invitation To Change (ITC)

New free drop-in group for residents of New York State is starting next week! It meets on Tuesday evenings, from 6-8:30 pm ET, and starts on February 4th.

The group is drop-in and will run throughout the year, so if you can't make it this week, we hope you will come by for a future meeting! It provides an overview of the ITC in four sessions, and continually cycles through these sessions, with attendees welcome to join at any point.

-Support and strategies for anyone helping a person who uses substance

To get the zoom link and reminders for this and future sessions of the group, register here:

ITC • SUPPORT GROUPS
○ IN NY STATE

New Round Starting: ITC Drop-In Group

A new round of our free ITC drop-in group for families is about to start! Join us next Tuesday, March 4th, as we start from the top of our 4-week ITC curriculum.

The group provides an overview of the ITC in four sessions, and continually cycles through these sessions, with attendees welcome to join at any point. So if you can't make it on March 4th, you can join a later session and know that we will soon loop back around to session 1 for you to cover anything you missed!

This group meets every Tuesday from 6:30 - 8 pm ET.

In this support and skills group, participants will use the Invitation to Change Approach (ITC) to reflect on what it means to help, reimagine the role that loved ones can play in the change process, and learn evidence-supported strategies for helping a loved one struggling with addiction.

REGISTER FOR ITC GROUP HERE

**Support and Strategies
for anyone helping
a person who uses substances**

FREE Group in Hudson and on Zoom

Thursdays
6:00 - 7:30 pm
Starting Jan 9th 2025

Clubhouse of MHACG
47 North 5th St
Hudson, NY 12534

This is an ongoing, drop-in anytime, peer supported, facilitated group - come check it out!

Invitation to Change
A different approach to addiction

- Learn tools for helping
- Deepen understanding about substance use
- Strengthen relationships and communication

For more about ITC visit cmcfcc.org or contact Jaime Cooper at btitcgroup@gmail.com



SCAN OR [CLICK HERE](#) TO
LEARN MORE AND
REGISTER!



Mother Cabrini
HEALTH FOUNDATION

ITC Website Link

ANNUAL RECOVERY GEMS



THURSDAY · MAY 22 · 5-9PM

SAVE THE DATE

SCREEN
AGERS

UNDER THE INFLUENCE

ADDRESSING VAPING, DRUGS & ALCOHOL IN THE DIGITAL AGE

FREE!

FAMILY MOVIE NIGHT

Bring your teens & tweens for this free showing!

The film highlights the changing landscape of substance use, offering solutions for how we can best empower teens as they face decisions about what they will and will not be influenced by.

**WEDNESDAY MARCH 19TH
FROM 6:00 - 8:00 PM**

Hudson Valley Community College
(Bulmer Telecommunications Center Auditorium)
80 Vandenburg Ave, Troy, NY 12180

Proudly offered by Rensselaer County Department of
Mental Health & The Prevention Services Team



QUEER AND TRANS CRAFT NIGHT!

ARTLife717

A SUBSTANCE FREE SAFE SPACE

BRING YOUR OWN PROJECT TO WORK
ON IN COMMUNITY

OR

BRING AN OPEN HEART AND CRAFT
SUPPLIES WILL BE PROVIDED

When: Weekly on Tuesdays from 6-8

Where: ArtLife717 Gallery, 717

Columbia Street, Hudson

or join us virtually →



THERE WILL BE FREE TEA, SNACKS
AND HARM REDUCTION SUPPLIES



for more info contact tborisschacter@c-pac.org



OAKDALE PLUNGE!



MARCH 1ST, 2025 OAKDALE BEACH

TAKE A DIVE INTO THE WINTERY WATERS TO SUPPORT

THE HUDSON YOUTH DEPARTMENT,

THE PERFECT TEN, AND HUDSON FIRE DEPARTMENT DIVE AND RESCUE TEAM.

REGISTER AT WWW.OAKDALEPLUNGE.COM

Youth Resources

Local Youth Clubhouses

Mental Health Associations of Columbia-Greene County (MHACG)

Hudson, NY Youth Clubhouse

47 North 5th Street
Hudson, NY 12534



Catskill, NY Youth Clubhouse

455 Main St
Catskill, NY 12414
(518) 491-2432

[Facebook Link](#)

[Website Link](#)

Clubhouse Radio:

Catskill teens share music and stories

[Click Here for Website](#)



- [Family Resource Centers of Columbia County](#)

Click the link for local resources for toddlers and young infants.

- [Twin County Recovery Services:](#)

Counseling for those 5 years and older for those at risk of developing substance use disorder or problem gambling.



operationparent

FREE WEBINARS

MAR 4	APR 8	MAY 6
Unpacking the Risks of Modern Marijuana <i>Laura Stack</i> <i>Johnny's Ambassadors</i>	Launch, Don't Crash: Tips to Help them Fly the Nest <i>Dr. Jill Grimes</i> <i>The College Doc</i>	Parenting in an Addictive World: When to Step in & How to Help <i>Kriya Lenzion</i>
Learn how to protect your child from the risks of high-THC marijuana	Help your child build independence & confidence in their health	Guide your child through addictive temptations with trust and impact



Hand in Hand: Supporting Children and Families Impacted by Parental Addiction

Parental Addiction

An interactive course designed to support providers working with children and families impacted by parental addiction and substance use disorder.

**Register for all
Webinars HERE**

Click HERE for link to Hand in Hand FREE Course



**If you are in crisis,
seek help now**

Support is available 24/7

Mobile Crisis Team (MCAT)

518.943.5555

Note: MCAT hours are not 24/7 but your call will be answered and responded to the following morning.

988 Lifeline - Text or Call

988

Attention Peers and People In Recovery!

Join us March 11th-13th in Albany, NY
for our Annual Conference
**Spotlight on New York:
Statewide Impact on Gambling Harm**

**SCAN HERE TO APPLY
FOR A SCHOLARSHIP
TO ATTEND**

**Visit nyproblemgambling.org/conference/
for more Annual Conference details.**

PROBLEM GAMBLING
NEW YORK STATE
RESOURCE CENTERS
Here to Help

Funded by
Office of Addiction
Services and Supports
oasas.ny.gov 877-8-HopeNY

NYS Initiatives



ALLIANCE LEGISLATIVE DAY MARCH 4TH, 2024




Join Us to Fight for Mental Health in Albany!

STAND WITH HUNDREDS OF ADVOCATES TO DEMAND INVESTMENTS IN MENTAL HEALTH AGENCIES, HOUSING, AND EXPANDED VOLUNTARY SERVICES! TOGETHER, WE'LL FIGHT AGAINST FORCED TREATMENT EXPANSION AND PUSH FOR REAL, PERSON-CENTERED SOLUTIONS. YOUR VOICE MATTERS—BE PART OF THE MOVEMENT FOR CHANGE! SCAN THE QR TO SIGN UP!

Contact: Luke Sikinyi
LukeS@rightsandrecovery.org

Alliance for Rights and Recovery
28th Annual Legislative Day Program
Hart Auditorium at The Egg, Albany, NY March 4, 2025

PROGRAM SCHEDULE

9:30 am **Reception, Breakfast**
10:00 am **Welcome:** Outside Hart Auditorium, The Egg at Empire State Plaza
Jeff McQueen, Judy Dubois Alliance Board Co-Chairs, Harvey Rosenthal CEO

10:00am – 11:00 am **2025 2026 Public Policy Priorities Presentations**

Fund a 7.8% Rate Enhancement for Community Agencies and their Workforce
Reject Proposals to Expand Involuntary Commitment
Direct \$16.5 million Solely for Enhanced Voluntary Services
Mandate the use of Critical Incident Review Panels
Fund INSET Alternatives to Coercion
Fund Daniel's Law Mental Health/EMT First Responder Pilot
Pass Treatment Court Expansion Act
Fund Peer Bridger Pilots
Fund Upstate Clubhouses
Increase Funding for Mental Health Housing

Glenn Liebman, MHANYS
Harvey Rosenthal, Alliance
Harvey Rosenthal, Alliance
Taina Laing and Modupe Mujota, Baltic Street Wellness Solutions
Christina Sparrock, Ruth Lowenkron, Daniel's Law Coalition
Helen 'Skip' Skipper, NYC Justice Peer Initiative
Taina Laing and Modupe Mujota, Baltic Street Wellness Solutions
Blaise Sackett, Hudson Valley Clubhouse
Doug Cooper, Association for Community Living

11:15 **Featured Speakers**
Dr. Ann Sullivan, Commissioner, NYS Office of Mental Health
Assembly Member Michelle Solages (invited) NYS Assembly
Senator Natalia Fernandez (invited) NYS Senate

11:45 AM **LUNCH**
12:30 PM **MEET WITH YOUR LEGISLATORS/STAFF**
2:00 pm-2:30 pm **CAPITAL RALLY FOR 7.8% RATE ENHANCEMENT! War Room 2nd floor NYS Capital**

4:00 pm **RECONVENE AT BUSES and RETURN HOME**

THANK YOU!



Mental health change takes all of us.



Mental Health Matters Day

2025

A tradition for nearly three decades. Across New York State, advocates visit Albany to learn about mental health policy and engage legislators.



Join us
March 12, 2025
Empire State Plaza, Albany, NY
mhans.org/mental-health-matters-day




ONEPILLCANKILL
DRUG ENFORCEMENT ADMINISTRATION

SOCIAL MEDIA Drug Trafficking Threat

WHAT WE KNOW

With the growth of social media and the proliferation of smartphones, a dangerous and deadly new drug threat has emerged: **criminal drug networks are abusing social media to expand their reach, create new markets, and target new clientele.** This includes by selling deadly fake fentanyl and methamphetamine pills, often to unsuspecting teenagers, young adults, and older Americans, who think they are buying the real thing.

No longer confined to street corners and the dark web, criminal drug networks are now in every home and school in America because of the internet apps on our smartphones.

HOW IT WORKS

ONE-STOP SHOP

Drug traffickers have turned smartphones into a one-stop shop to market, sell, buy, and deliver deadly, fake prescription pills and other dangerous drugs. In just three steps, deadly drugs can be purchased and delivered to your home just like any other good or service.

1. Advertise


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JANUARY 2022
#ONEPILLCANKILL dea.gov/onepill



ADVERTISE

THE TRUTH ABOUT FENTANYL



drugfreeworld.org

Download the booklet

Request the booklet

[Download Free Informational Booklet on Fentanyl!](#)

Columbia County Food Pantries:

Food Pantries near Chatham, NY

- **Tracy Memorial Village Silent Food Pantry.**

Tracy Memorial Village Hall
Basement (enter through back door) 77 Main Street Chatham, NY 12037

MONDAYS: 10:00-12:00noon

TUESDAYS: 10:00-12:00noon

CLOSED WEDNESDAYS

THURSDAYS: 4:00-6:00pm

FRIDAYS: 10:00-12:00noon

518-392-7794

chathamsilentpantry@gmail.com

- **Ghent, NY Food Pantry**

Hours: Monday through Thursday
9:00am - 12:00pm For more information, please call (518) 392-4644
2306 NY-66, Ghent, NY 12037

- **Seventh-day Adventist church food pantry**

Drive-thru Hours: Saturday May 15, August 21, November 20 2:00 pm to 4:00 pm First-come first-serve basis. For more information, please call, (518) 784-4400, for details or questions or just stop by.

- **Mellenville-Philmont Food Pantry at Claverack Town Hall**

Food Pantry Distribution Hours:
Tuesdays 10:30am - 11:30am and
5:30pm - 6:30pm
(518) 672-7911

Food Pantries in Hudson, NY

- Columbia Opportunities Food Pantry & Emergency Assistance (Please call ahead for an appointment) (518) 828-4611 540 Columbia Street, Hudson, NY, 12534

- Rock Solid Church Food Pantry 2nd and 4th Friday of the month from 10-12 noon, adding 1st and 3rd Thursday from 4-5pm Pre-packaged groceries (518) 828-2444 334 Union St., Hudson, NY 12534

- Salvation Army Food Pantry Monday, Wednesday, Friday, 8am-10am. Pre-packed groceries Pre-packaged groceries. Monday - Friday, 11:30-12:30 (518) 822-1602 40 S. Third St., Hudson, NY 12534

- St. Mark's Lutheran Food Pantry Mon and Thurs, 9-12 noon Pre-packed bags of groceries going forward (518) 822-1688 200 Fairview Ave., Hudson, NY 12534

- Time & Space Limited 5:30 PM comfort food suppers for pick-up or delivery \$5, or pay what you can Order ahead of time: (518) 822-8100 or jeff@timeandspace.org 434 Columbia St., Hudson, NY 12534

- Zion Community Food Pantry 2nd and 4th Tuesday of the month from 5:30pm - 6:30pm, and 1st and 4th Friday of the month from noon to 1pm. They offer grocery bag delivery to Providence Hall on 3rd Tuesday; available to 70+, and handicapped. Please sign up on the sheet in Providence Hall (518) 610-1980 Bliss Towers; 41 N. Second St., Hudson, NY 12534

- Our Community Cares is an organization that provides emotional and financial support to residents of Columbia County who are experiencing hardships.

[Click here for website](#)

We would like to express our gratitude to all of our donors, contributors and volunteers who have continued to support us. Your generosity and dedication has allowed Columbia County Pathways to Recovery to continue its programs and meetings, offering help and resources to our loved community.

2025 Grants:

OASAS—grant through NYS
 SENATOR MICHELE HINCHEY; Local Impact Initiative grant
 SAMHSA—Community Talks
 Berkshire Taconic Foundation—Fund for Columbia County and Technology grants
 Coon Self Storage
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 Joseph Lalley
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 Framarin family
 Callander's Nursery



Thank you for reading!

CALLING ALL SUPPORT MEETINGS!!



WE HAVE SPACE!!

WE'D LOVE TO HOST YOUR SUPPORT MEETING!

We welcome ALL recovery-related support groups: substance use; 12-step and non 12-step; mental health and wellness; codependence; gambling and overeaters; family support, etc.

CCPR's Recovery Community Outreach Center is here to demonstrate hope and help in sustaining long term recovery by providing a meeting location, peer-led and peer-driven mutual support groups; sober social and recreational activities, and connections to area services... all in a beautiful, air conditioned, judgment-free, safe space.

PLEASE START OR BRING YOUR MEETINGS TO OUR RECOVERY COMMUNITY OUTREACH CENTER!

1 Taconic Place, Chatham, NY

Call 518-966-2775 or email columbiapathwaystorecovery@gmail.com

COLUMBIA COUNTY PATHWAYS TO RECOVERY

[\(518\) 966-2775](tel:5189662775)

New Website coming soon!

[Facebook](#): CCPR's Main Page

[Facebook](#): Community Outreach Center

CCPR's [Instagram](#):

Address: #1 Taconic Place, Rt 66
 Chatham, NY 12037

Mailing Address: P.O. Box 486, Ghent, NY 12075