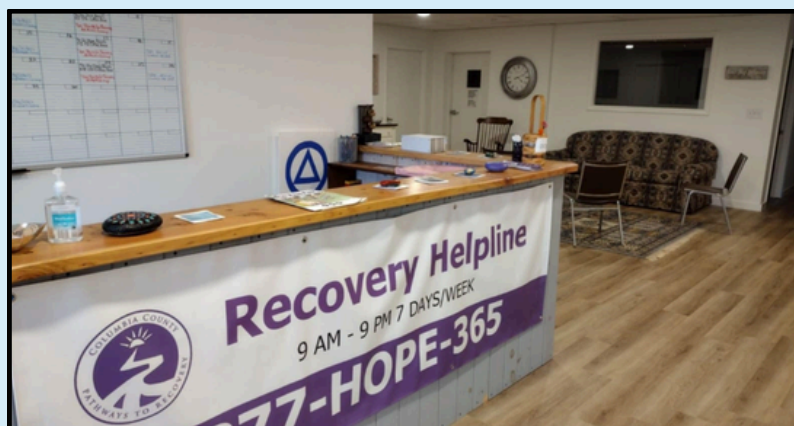


# COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR)

## AUGUST 2025 Newsletter



Columbia County Pathways to Recovery is a RCO (Recovery Community Organization), – a grassroots group which grew out of the concern for a need for awareness, education, advocacy, and change in regard to the public health crisis of addiction.

### Stories of Impact:

- [Sean's Success Story](#)
- [Paul Fontana – From Dealer to Harm Reduction Advocate](#)
- [He Fell into Addiction as a Teen, and Then Found a Novel Way to Help Thousands of Other People Recover](#)

### In this newsletter you can expect:

Community Updates

Schedule of Meetings and Events

Recovery News

List of Local Food Pantries

Resources and HELP Lines

Harm-reduction and Prevention Education



#### MONDAYS

7:30 pm – SMART meeting – all are welcome

#### TUESDAYS

10 am to 1 pm – Coffee Hour Drop-in  
6 pm – AA Women's Step Meeting  
7:30 pm – AA Step and Tradition Meeting

#### WEDNESDAYS

6 pm – Revelation Wellness Exercise class (all fitness levels; co-ed)

#### THURSDAYS

5 pm – 7 pm – LGBTQ Connection Network Support Meeting  
6 pm – AA Men's Meeting  
7:30 pm – Young People's Recovery Coffee Hour (2<sup>nd</sup> and 4<sup>th</sup> Thursdays)

#### FRIDAYS

9 am to 12 pm – Coffee Hour Drop-in

#### SATURDAYS

7 pm – AA meeting which reads from the book As Bill Sees It

**ALSO – MON/TUES/WED** afternoon/eve **BY APPOINTMENT** - CRAFT (Community Reinforcement and Family Training) one-on-one support mtg  
Call Barbara 518-764-1749.

*All are welcome in our safe, non-judgmental space!*

at  
**CCPR's RECOVERY COMMUNITY OUTREACH CENTER**  
1 Taconic Place (off Rt. 66), Chatham, NY

WE'RE STILL EXPANDING OUR SERVICES! WE WELCOME ALL RECOVERY RELATED SUPPORT GROUPS. NEED A SPACE FOR YOUR MEETING? CALL OR EMAIL US!

Presented by Columbia County Pathways to Recovery, Inc. (CCPR)  
[www.columbiapathwaystorecovery.org](http://www.columbiapathwaystorecovery.org) [columbiapathwaystorecovery@gmail.com](mailto:columbiapathwaystorecovery@gmail.com)  
Phone: 518-966-2775 HELPLINE 877-HOPE-365 9am-9pm 7days



INTERNATIONAL  
**OVERDOSE**  
AWARENESS DAY  
— AUGUST 31ST —

# CCPR Work From July

## Hope Rocks Event Albany, NY



**JULY 19, 2025**

**SOUTHBOUND WRITERS ROUND TOUR**  
JIM RANGER IAN FLANIGAN RANDALL FOWLER

**The Record Company**

**HOPE Rocks**  
EVENTS  
mini Fest

**LARK HALL**  
Lark Hall, Albany, NY

for tickets





# Click HERE to register!



The golf format will be a four-person scramble format. Multiple prizes for contests on the course.

This outing will be an important fundraiser to help our Recovery Community Outreach Center in Chatham, NY where we provide resources, education, and support to increase pathways to recovery

## Shotgun starts at 12 noon

### \$125 per person includes:

- A round of golf with a GPS golf cart. If you have less than four registrants, we will do our best to pair you with other golfers.
- A buffet dinner under the tent prepared by a Culinary Institute of America chef, is included.

IF YOU ARE NOT A GOLFER, PLEASE JOIN US FOR DINNER FOR \$30

## SPONSORSHIPS

- **SPONSOR A HOLE FOR \$100: SIGN LOCATED AT A TEE BOX WITH YOUR NAME OR MESSAGE.**
- **DONATING \$500 WILL LIST YOU AS A SPONSOR AND WILL INCLUDE RECOGNITION AT THE DINNER.**
- **DONATING \$1000 WILL LIST YOU AS A BENEFACTOR, AND WILL INCLUDE ADMISSION FOR 4 GOLFERS AND RECOGNITION AT THE DINNER**

### FOR MORE INFORMATION

Please contact Frank Marshall  
EMAIL: frank.ccpr@gmail.com  
PHONE: 518-755-0236

<https://www.surveymonkey.com/r/DL9FPLT>

OR scan QR code for registration form and PayPal, Venmo options



**DINNER WILL BE HELD RAIN OR SHINE**

RECOVERY COMMUNITY OUTREACH CENTER  
#1 TACONIC PLACE, CHATHAM, NY 12037



Looking for sober-friendly events or a safe space to connect? Reach out anytime!

# CCPR RECOVERY COMMUNITY CENTER — DROP-IN HOURS



📍 1 TACONIC PLACE, CHATHAM, NY

**Tuesdays**  
**Fridays**

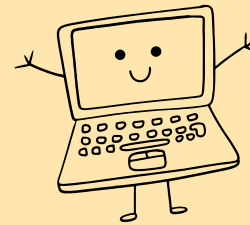
**10:00 AM – 1:00 PM**

**9:00 AM – 12:00 PM**

Looking for help with a résumé, job search, or recovery support? Or maybe you just need a quiet place to relax?



- Free coffee & chill vibes
- Friendly conversation
- One-on-one support
- 📺 Chill movie corner
- Free access to computers
- Kids playroom



No pressure. No appointments. Just drop in.

**NEW! FREE PUBLIC TRANSPORTATION  
— STARTING JUNE 10**

**Tuesdays & Fridays | 9:00 AM – 2:00**

● Three loops per day Hudson-Chatham  
[publictransportation.columbiacountyny.com](http://publictransportation.columbiacountyny.com)

[columbiapathwaystorecovery@gmail.com](mailto:columbiapathwaystorecovery@gmail.com)







# International Overdose Awareness Day

**In Honor of International Overdose Awareness Day**

**CCPR and CGAC invite you to a Community Meeting — come with questions, come with curiosity! Let's learn and connect together.**



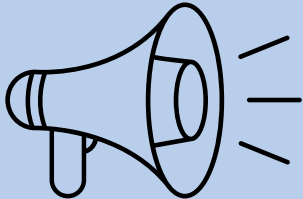
**Community Meeting –  
August 20th or the 22nd | 5–7 PM**



**More details coming soon.**

As we enter the school year and reflect on the impact of substance use in our communities, we invite you to a special Community Meeting focused on education, prevention, and support.

## **We'll explore:**



Current street drug trends in our region

Prevention tools for parents, caregivers & youth

What students are seeing — and how to stay informed

Simple, practical steps for a safer back-to-school transition

Bring your voice — your questions and concerns are welcome!

Let's come together to build awareness, connection, and community resilience.

All are welcome. Refreshments provided.

**Stay tuned for more information — and mark your calendar for this vital community event.**



# CCPR Meetings and Events




## QUEER & TRANS CONNECTION NETWORK

COME CONNECT WITH FELLOW MEMBERS OF  
THE QUEER AND TRANS COMMUNITY,  
EXCHANGE RESOURCES AND BUILD RESILIENCY!

**CRAFT NIGHT**

**Date/Time**  
2nd Tuesdays 6-8

**Location**  
ARTLife717 Gallery  
717 Columbia Street  
Hudson

**COMMUNITY NIGHT**

**Date/Time**  
Every Thursday 5-7

**Location**  
CCPR  
#1 Taconic Place  
Chatham  
(entrance in back)

**GAME NIGHT**

**Date/Time**  
Every other Friday 6-8  
(contact toby@c-gac.org for dates)

**Location**  
CCPR  
#1 Taconic Place  
Chatham  
(entrance in back)

**\*\*we are looking to expand into Greene County! get in touch if you want to be involved\*\***

CONTACT TOBY@C-GAC.ORG for more info, virtual link, or help with transportation children are welcome





FOLLOW US ON INSTAGRAM @QTCONNECTIONCG

**NEW GAME NIGHT!**

## SMART Recovery Meeting

(Self Management and Recovery Training)

Where people choose their own goals, skills and tools.

SMART Recovery is an evidenced-informed recovery method grounded in Rational Emotive Behavioral Therapy (REBT) and Cognitive Behavioral Therapy (CBT), that supports people with substance dependencies and mental health needs, led by trained volunteers.

**Smart Recovery is a fresh approach to addiction recovery.**

**Mondays @ 7:30 PM**

Connect with great people with refreshments in our air conditioned recovery community center!

A non-12 step and self-empowering approach to overcoming addictive behavior and leading a balanced life.



CCPR Recovery Community Outreach Center  
#1 Taconic Place, Chatham, NY 12037

## Young People's Coffee & Recovery Hour


THE 2ND AND 4TH THURSDAY  
OF THE MONTH AT 7:30PM  
@ CCPR RECOVERY COMMUNITY  
OUTREACH CENTER  
1 TACONIC PLACE, CHATHAM, NY

Come hang out for an open hour of casual conversations and discussions about recovery. This is not a 12-step meeting or structured group; we welcome anyone at any stage of recovery to join us.

Call or text 518-495-4796 or 518-816-7751

Presented by Columbia County Pathways to Recovery, Inc. (CCPR)  
www.columbiapathwaystorecovery.org  
columbiapathwaystorecovery@gmail.com  
518-966-2775

HELPLINE 877-HOPE-365  
9am-9pm | 7 days



- Do you or someone you know have a loved one struggling with substance misuse?
- Feeling helpless and hopeless?
- Want to learn a better way to communicate with your loved one?

CCPR is now offering One-On-One Support with CRAFT family training

Beginning mid-September

Monday/Tuesday/Wednesday  
Late afternoons or evenings

Please call Barbara at 518-764-1749

By appointment only

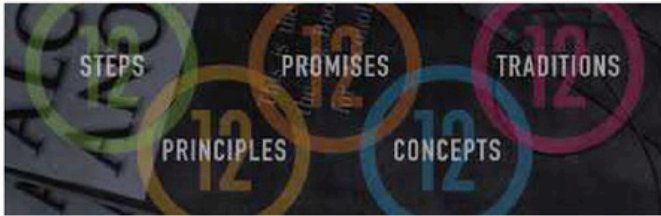
**Location:** CCPR Recovery Community Center  
1 Taconic Place, Rt. 66  
Chatham, NY 12037



Co-Sponsored by (NECAP)  
Northeast Community  
Action Partnership



# CCPR Meetings



Tuesdays @ 7:30pm  
Tuesday Traditions &  
Steps  
OPEN MEETING

#### LOCATION

Columbia County Pathways to Recovery  
Community Outreach Center  
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775

**SEE YOU AT THE  
AA MEETING**

Thursdays @ 6pm  
Men's Meeting  
Thirsty for Recovery  
CLOSED MEETING

#### LOCATION

Columbia County Pathways to Recovery  
Community Outreach Center  
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Frank @ 518-755-0236



Tuesdays @ 6pm  
Step Sisters  
Women's 12 Step Study Group  
OPEN MEETING

#### LOCATION

Columbia County Pathways to Recovery  
Community Outreach Center  
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Michele @ 518-929-2014



Saturday @ 7pm  
How It Works  
CLOSED MEETING

#### LOCATION

Columbia County Pathways to Recovery  
Community Outreach Center  
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775



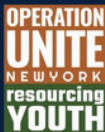
POLICE • COMMUNITY PARTNERSHIPS

**AUGUST 5TH**

4PM-8PM @ HENRY HUDSON RIVERFRONT PARK

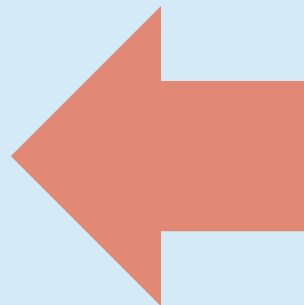
FOOD GAMES PRIZES

**FREE TO THE PUBLIC**



FOR MORE INFORMATION PLEASE CONTACT THE HUDSON POLICE DEPARTMENT @ 518-828-3388

CCPR will be tabling at  
this event with  
information and  
resources—come  
connect with us!



Explore sober events  
and make new friends  
who share your  
commitment to a  
healthy, joyful lifestyle!

**HIVE of HOPE**  
**PRESENTS:**

**2025**  
**SUMMER**  
*Dance*

**FREE FOOD!** **FREE GIVEAWAYS!**

**ADMIT ONE**

**WITH SPECIAL GUEST DJ**

**SATURDAY, AUGUST 22ND**  
**7-10PM**

**161 CENTRAL AVE, ALBANY**

[hivealbany.org](http://hivealbany.org)  **518-650-8951**



# Webinars and Workshops

## Check Out the Foundation for a Drug-Free World

- Explore tools and resources on substances and addiction. Great for educators, parents, and community members.

➡ <https://www.drugfreeworld.org>

- Free Online Courses (Click Here!)

Learn about how drugs work and how they affect the body and mind

The truth about the most commonly abused drugs and what they do

## ITC session Click HERE for Link

**Co-Occurrence of Substance Use and Mental Health/Neurodivergence - Family Mondays (Parent & Family)**  
A 1-hour learning and support session, tailored to parents and families but open to all. \$15

## Young People & Marijuana

Learn more about how marijuana affects teens and get tips for starting real conversations.

➡ [Learn more here](#)

## Upcoming Webinar – SAMHSA

📅 Tuesday, August 12 | 12–1 PM (ET)

Topic: Shared Decision-Making with Youth in Early Mental Illness

👉 [Click here to join the webinar](#)

# Gentle Tips for Hard Days

Shower. Not a bath, a shower.

Use water as hot or cold as you like. You don't even need to wash. Just get in under the water and let it run over you for a while. Sit on the floor if you gotta.

Moisturize everything.

Use whatever lotion you like.

Unscented? Dollar store lotion? Fancy 48 hour lotion that makes you smell like a field of wildflowers? Use whatever you want, and use it all over your entire dermis.

Put on clean, comfortable clothes.

Put on your favorite underwear.

Cute black lacy panties? Those ridiculous boxers you bought last christmas with candy cane hearts on the butt? Put them on.

Call someone.

Call a loved one, a friend, a family member, call a chat service if you have no one else to call. Talk to a stranger on the street. Have a conversation and listen to someone's voice. If you can't bring yourself to call, text or email or whatever, just have some social interaction with another person. Even if you don't say much, listen to them. It helps.

Go outside.

Take a walk. Sit in the grass. Look at the clouds. Smell flowers. Put your hands in the dirt and feel the soil against your skin.

May seem small or silly to some, but this list keeps people alive.

Drink cold water.

Use ice. If you want, add some mint or lemon for an extra boost.

Clean something.

Doesn't have to be anything big. Organize one drawer of a desk. Wash five dirty dishes. Do a load of laundry. Scrub the bathroom sink.

Blast music.

Listen to something upbeat and dancey and loud, something that's got lots of energy. Sing to it, dance to it, even if you suck at both.

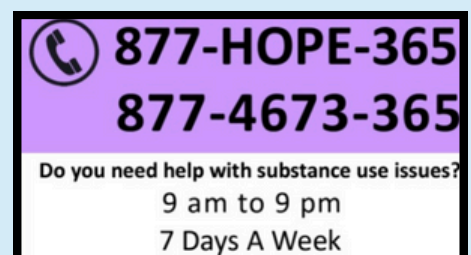
Cuddle your pets if you have them/can cuddle them.

Take pictures of them. Talk to them. Tell them how you feel, about your favorite movie, a new game coming out, anything.

Make food.

Don't just grab a granola bar to munch. Take the time and make food. Even if it's ramen. Add something special to it, like a soft boiled egg or some veggies. Prepare food, it tastes way better, and you'll feel like you accomplished something.

> **SOS** Need extra support?  
You're not alone.



**There's always someone who  
wants to help you through.**



# together for youth ANNUAL FAMILY FUN DAY

THURSDAY, AUGUST 28 | 11 AM to 2 PM

GREENPORT TOWN PARK  
405 JOSLEN BLVD. HUDSON, NY 12534

RSVP TO JAN BY JULY 28  
BY CALLING 518.671.6550

Come join us for a free and  
family-friendly event!



BUBBLES



FACE  
PAINTING



FOOD



DJ



GAMES

518-671-6550

TogetherforYouth.org

Hudson Sloop Club & Operation Unite NY Present

# WATER FRONT WEDNE SDAYS

Every Wednesday, July 9 – August 20  
4 PM – Sunset (Performances begin at 6 PM)  
Henry Hudson Riverfront Park, Hudson, NY

– July 9 – Beautiful Rocket	– July 16 – Brasskill
– July 23 – Pulso De Barro	– July 30 – Vanaver Caravan
– August 6 – Operation Unite NY Bindlestiff Family Circus Social Justice Leadership Academy	
– August 13 – LETZ	– August 20 – Wyld Blu

Made Possible with Support From:

Berkshire Taconic Community Foundation | City of Hudson | Clever Property Management | CREATE Council  
Friendly City Creative Club | Hudson Athlete Lighthouse Preservation Society | Hudson Clothier | Hudson Ferry Co. | Robes | Rivertown Lodge  
Schalther Family Fund | Schooner Apollonia | SPARK of Hudson | Spotty Dog Books & Ale | The Half Moon | This Old Hudson

Live Music & Performances  
Ujima Community Collective Drum Circle  
Fishing Lessons  
Sailing Trips  
Lighthouse Tours

Ferry Rides  
Farmers Market  
Youth Activities  
Food & Local Vendors  
Family Friendly & Free

# Queer Trans Craft Night

every 2nd Tuesday of the month  
at ARTLife717

# C-GAC @ WATERFRONT WEDNESDAYS

COLUMBIA-GREENE ADDICTION COALITION

Henry Hudson Waterfront Park  
6:00 pm–8:00 pm

Dates

July  
9th  
30th

August  
6th  
20th

Volunteer with us!

- Distribute FREE safety supplies
- Make giant bubbles, paint, craft, play games!
- Engage with the community
- Support our fundraising efforts!
- Or just come hang!

Sign up here:

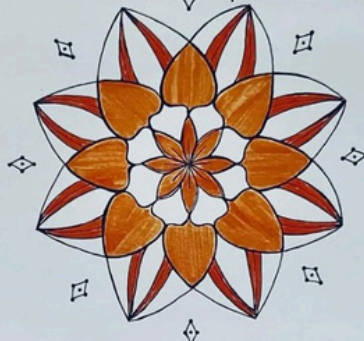


CONTACT:  
CLAIREC@C-GAC.ORG  
WWW.C-GAC.ORG



# RECOVERING Nature

presents



The Second Recovery Hike

## Camp Out!

FEATURING  
Soundbaths,  
hiking,  
fireside stories  
and so  
much  
more!

Artwork by Lia Can-Hill

August 15-17, 2025  
Elizaville



For more information e-mail us at  
recoveryhikeny@gmail.com  
or go to RecoveryHike FB page

Please respect that this is a sober event.

Flyer design by Melissa Styles

## Weekend sessions led by:

### Qi Gong

DAVID LEHMAN

www.hudsonvalleymindfultaichiandqigong.com

### Banjo Workshop

ZACK MUNSELL

zachary@friendlybanjos.com

### Music & Breathwork

DR. ADAM O'BRIEN

support@woundedhealersinstitute.org  
www.woundedhealersinstitute.org

### Guided Nature Walk

ANNABEL ROBERTS-MCMICHAEL

annabel@tend-and-gather.com  
www.tend-and-gather.com

### Yoga

SAMA SHAKTI

samashaktiyoga@gmail.com  
samashaktiyoga.com

### Sound Bath

A. MICHELLE

drumsinger@gmail.com

### Meditation

BRYAN CLOGG

recoveryhikeny@gmail.com

Community Mural Making, Field Games, telescopes  
and AA meeting space.

Dinner provided. No other meals provided.

Bring your camping gear, instruments and yoga mats!



\$40 donation is suggested.  
Scan QR Code for EventBrite info

Children Welcome, Please No Pets & No Alcohol.



Recovering Nature

# HIKES



MARCH 1 • BIG DAY OUT • DUTCHESS COUNTY HIGHPOINT  
BRACE MOUNTAIN • QUARRY HILL RD MILLERTON 12546 • 3.6 MI/1,509' VG

MARCH 15 • BURGER HILL PRESERVE  
NY-RT 9G RHINEBECK 12572

APRIL 19 • NYQUIST-HARCOURT WILDLIFE SANCTUARY  
133 HUGUENOT ST NEW PALTZ 12561

MAY 17 • 4TH ANNIVERSARY CELEBRATION AT HOWE CAVERNS  
(EMAIL TO RESERVE SPACE)

JUNE 1 • BIG DAY OUT • GREENE COUNTY HIGHPOINT  
HUNTER MOUNTAIN • 6.8MI/1,971' VG

JUNE 21 • ESOPUS MEADOWS PRESERVE (LITTER CLEAN UP ALONG THE  
TRAILS) 255 RIVER RD. ULSTER PARK 12487

JULY 19 • INNAKE NATURE PRESERVE  
9 VAN DAM RD HYDE PARK 12538

AUGUST 15-17 • 2ND ANNUAL CAMPOUT  
907 LIVINGSTON RD ELIZAVILLE 12523 (EMAIL FOR DETAILS)

SEPTEMBER 20 • HEMLOCK RIDGE  
LEWIS LN PLATTEKILL 12589

SEPTEMBER 21 • BIG DAY OUT • COLUMBIA COUNTY HIGHPOINT  
HARVEY MOUNTAIN • 521 E. HILL RD AUSTERLITZ 12017 • 4.3MI/925' VG

OCTOBER 18 • BUTTERCUP FARM AUDUBON SANCTUARY  
STISSING LN STANFORD 12581

NOVEMBER 23 • FIRE TOWER TRADITION • STISSING MOUNTAIN  
499 LAKE RD PINE PLAINS 12567

NOVEMBER 24 • BIG DAY OUT • ULSTER COUNTY HIGHPOINT  
SLIDE MOUNTAIN • 1991 OLIVEREA RD BIG INDIAN 12410 • 5.3MI/1,781' VG

DECEMBER 21 • ISRAEL WHITMAN SANCTUARY  
OLD MILL RD SAUGERTIES 12477

FOR MORE INFORMATION SEND AN EMAIL TO  
RECOVERYHIKENY@GMAIL.COM OR GO TO:




# News

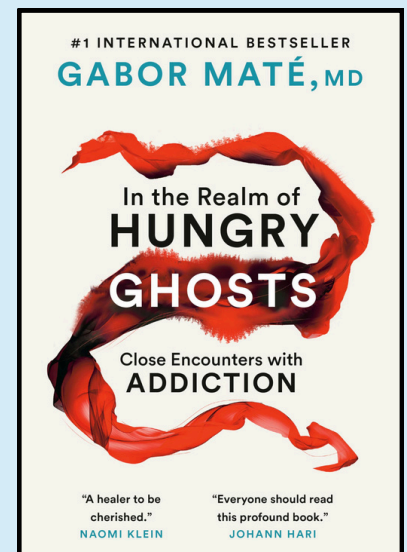
- Investigation Ongoing After Fatal Overdoses in Hudson
- New York lawmakers and drug experts are pushing the state to disperse at least \$200 million in opioid settlement funds that continues to sit in the state's coffers
- Governor Hochul Announces New Regulations Now in Effect to Help New Yorkers Access Behavioral Health Treatment
- More reporting system access needed after Columbia County fatal overdoses

## Book of the Month

### "In the Realm of Hungry Ghosts" by Dr. Gabor Maté



A compassionate look at addiction as a response to trauma and deep emotional pain. Dr. Maté blends science and personal stories to challenge stigma and promote healing.



# Columbia County Family

## Support Groups

### ITC Website Link

## SUPPORT GROUP FOR FAMILIES FACING ADDICTION

SUPPORT AND SKILLS GROUP  
FOR NEW YORK STATE



**Support and Strategies  
for anyone helping  
a person who uses substances**

**FREE Group in Hudson and on Zoom**

Thursdays  
6:00 - 7:30 pm  
Starting Jan 9th 2025

Clubhouse of MHACG  
47 North 5th St  
Hudson, NY 12534

This is an ongoing, drop-in anytime, peer supported, facilitated group - come check it out!

**Invitation to Change**  
*A different approach to addiction*

- Learn tools for helping
- Deepen understanding about substance use
- Strengthen relationships and communication

For more about ITC visit [cmccfc.org](http://cmccfc.org) or contact Jaime Cooper at [btitcgroup@gmail.com](mailto:btitcgroup@gmail.com)



SCAN OR [CLICK HERE](#) TO  
LEARN MORE AND  
REGISTER!



Mother Cabrini  
HEALTH FOUNDATION



**NAMI** Columbia County  
New York

## Family Support Group Meeting

Every Second and  
Fourth Tuesday

Learn more  
[NAMICCNY.org](http://NAMICCNY.org)

**NAMI CCNY offers Family  
Support Group The 2nd And 4th  
Tuesday At 6:00 PM – 7:30 PM.  
These Meetings are hybrid.  
We look forward to seeing you in  
person at the Kinderhook  
Memorial Library, 18 Hudson St,  
Kinderhook, NY 12106 or Via  
Zoom.**

**Zoom Link HERE!**



# Youth Resources

## Local Youth Clubhouses

### Mental Health Associations of Columbia-Greene County (MHACG)

#### Hudson, NY Youth Clubhouse

47 North 5th Street  
Hudson, NY 12534



#### Catskill, NY Youth Clubhouse

455 Main St  
Catskill, NY 12414  
(518) 491-2432

## Facebook Link

## Website Link

### HUDSON SANKOFA BLACK ARTS AND CULTURAL FESTIVAL AND PARADE

518 Sankofa  
Collective



Hudson  
Riverfront  
Park

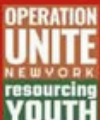
August 2<sup>nd</sup>, 2025

1 PM Parade



HUDSON  
NEW YORK

Music Dance and Family  
Entertainment  
2-7:00 PM



### ADVANCE SALE FAIR TICKETS

**\$13** SAVES YOU \$2  
PER TICKET!

GOOD FOR ONE-DAY ADMISSION  
(except Wed., Aug 27, admission is \$5)

- Admission includes all entertainment and parking
- Wednesday Special: \$5 admission for all, 18 and under FREE
- Kids 12 & under always FREE

OVER LABOR DAY WEEKEND

**AUG 27-SEPT 1**

COLUMBIA COUNTY FAIRGROUNDS / CHATHAM

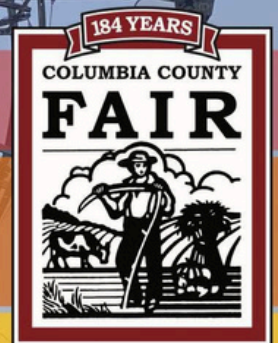
SPONSORED BY  
A. COLARUSSO & SON, INC. & HUDSON RIVER BANK & TRUST CO. FOUNDATION

**NEW!** Purchase  
Pre-sale Discounted  
Unlimited Ride Passes

**ONLINE**  
(through Aug. 26)  
No Waiting  
at the  
Ticket Line



**\$5 SAVINGS PER  
RIDE PASS**



PURCHASE TICKETS AT  
COLUMBIAFAIR.COM



# Local Recovery Resources:

Columbia County Pathways To Recovery Helpline

**877-HOPE-365**

877-467-3365  
9am to 9pm  
7 Days A Week

We Can Help Connect You To Recovery Options To Guide You On Your Journey To Recovery

#HopeInRecovery



## NYS Office of Addiction Services and Supports

Website: [Click Here](#)

Youth Voices Matter-NY  
1529 Western Avenue Albany, NY  
Reach out to a Youth Recovery Program Specialist in Your Region!  
Website: [Click Here](#)

## Greener Pathways Mobile Outreach Columbia & G

518-291-4500

Afterhours Hotline:

(518) 822-0090

Website: [Click Here](#)

**Alliance** offers free HIV testing, mobile needle exchange, and more!

## Naloxone Box Locations in Columbia County, NY

[CLICK HERE FOR MAP](#)



160 Fairview Ave, Hudson, NY 12534



No Judgement  
No Shaming  
No Preaching  
JUST LOVE!

Call if you're going to use when you're alone. An operator will ask for your first name, EXACT location, and the # you're calling from. If you stop responding after using, we will notify EMS of your location, & possible overdose.

1(877)696-1996

[www.NeverUseAlone.com](http://www.NeverUseAlone.com)

**MATTERS**

REQUEST FREE NALOXONE WALL BOXES

**NALOXBOXES:**  
Metal containers with written instructions on either side of the box.

**ONEBOXES:**  
Plastic containers with video instructions that automatically play upon opening.

765-MATTERS (628-8377)



## • [Northeast Problem Gambling Resource Center](#)

100 Great Oaks Blvd., Suite 104, Albany, NY

Providing 1:1 attention and support to those seeking assistance for a gambling problem or a friend or family member's gambling. We also raise awareness of gambling harm through agency partnership development and by offering educational training opportunities.

Phone: (518) 801-1491

Email: [rfetterman@nycpg.org](mailto:rfetterman@nycpg.org)

[Click here for resource center:](#)

[Click here for further information and blog.](#)

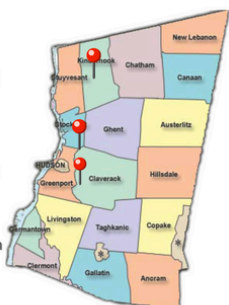
## SHARPS KIOSK LOCATIONS COLUMBIA COUNTY

ACCEPTS USED OR UNWANTED NEEDLES & SYRINGES IN CONTAINERS UP TO 1 QUART ONLY

**HANNAFORD HUDSON**  
32 NY-82, Hudson  
SHARPS ACCEPTED  
KIOSK LOCATED OUTSIDE  
24/7

**HANNAFORD VALATIE**  
2967 US-9, Valatie  
SHARPS ACCEPTED  
KIOSK LOCATED OUTSIDE  
24/7

**HUDSON POLICE DEPT.**  
107 Union Street, Hudson  
SHARPS ACCEPTED  
KIOSK LOCATED INSIDE  
24/7



CONTACT:

COLUMBIA COUNTY PUBLIC HEALTH, 518-828-3358  
FOR FREE SHARPS CONTAINERS!



## MEDICATION DROP BOX LOCATIONS COLUMBIA COUNTY

MEDICATION RETURN ONLY

**CHATHAM POLICE DEPT.**  
77 Main Street, Chatham  
M-F 9-3 or call 518-392-3451

**COLUMBIA COUNTY SHERIFF SUBSTATION**  
Route 22 & Route 23, Hillsdale  
24/7

**COLUMBIA COUNTY SHERIFF'S DEPT.**  
85 Industrial Tract, Hudson  
24/7

**CMH, ER WAITING ROOM**  
71 Prospect Ave, Hudson  
24/7

**CVS HUDSON**  
160 Fairview Ave, Hudson  
8am-10pm

**CVS VALATIE**  
2982 US-9, Valatie  
8am-10pm

**HANNAFORD HUDSON**  
32 NY-82, Hudson  
7am-10pm

**HUDSON POLICE DEPT.**  
107 Union Street, Hudson  
24/7

**HANNAFORD VALATIE**  
2967 US-9, Valatie  
7am-10pm





# Columbia County Food Pantries:

## Food Pantries near Chatham, NY

- **Tracy Memorial Village Silent Food Pantry.**

Tracy Memorial Village Hall  
Basement (enter through back door) 77 Main Street Chatham, NY 12037

**MONDAYS: 10:00-12:00noon**

**TUESDAYS: 10:00-12:00noon**

CLOSED WEDNESDAYS

**THURSDAYS: 4:00-6:00pm**

**FRIDAYS: 10:00-12:00noon**

518-392-7794

[chathamsilentpantry@gmail.com](mailto:chathamsilentpantry@gmail.com)

- **Ghent, NY Food Pantry**

Hours: Monday through Thursday  
9:00am - 12:00pm For more information, please call (518) 392-4644  
2306 NY-66, Ghent, NY 12037

- **Seventh-day Adventist church food pantry**

Drive-thru Hours: Saturday May 15, August 21, November 20 2:00 pm to 4:00 pm First-come first-serve basis. For more information, please call, (518) 784-4400, for details or questions or just stop by.

- **Mellenville-Philmont Food Pantry at Claverack Town Hall**

Food Pantry Distribution Hours:  
Tuesdays 10:30am - 11:30am and 5:30pm - 6:30pm  
(518) 672-7911

## Food Pantries in Hudson, NY

- Columbia Opportunities Food Pantry & Emergency Assistance (Please call ahead for an appointment) (518) 828-4611 540 Columbia Street, Hudson, NY, 12534

- Rock Solid Church Food Pantry 2nd and 4th Friday of the month from 10-12 noon, adding 1st and 3rd Thursday from 4-5pm Pre-packaged groceries (518) 828-2444 334 Union St., Hudson, NY 12534

- Salvation Army Food Pantry Monday, Wednesday, Friday, 8am-10am. Pre-packed groceries Pre-packaged groceries. Monday - Friday, 11:30-12:30 (518) 822-1602 40 S. Third St., Hudson, NY 12534

- St. Mark's Lutheran Food Pantry Mon and Thurs, 9-12 noon Pre-packed bags of groceries going forward (518) 822-1688 200 Fairview Ave., Hudson, NY 12534

- Time & Space Limited 5:30 PM comfort food suppers for pick-up or delivery \$5, or pay what you can Order ahead of time: (518) 822-8100 or [jeff@timeandspace.org](mailto:jeff@timeandspace.org) 434 Columbia St., Hudson, NY 12534

- Zion Community Food Pantry 2nd and 4th Tuesday of the month from 5:30pm - 6:30pm, and 1st and 4th Friday of the month from noon to 1pm. They offer grocery bag delivery to Providence Hall on 3rd Tuesday; available to 70+, and handicapped. Please sign up on the sheet in Providence Hall (518) 610-1980 Bliss Towers; 41 N. Second St., Hudson, NY 12534

- Our Community Cares is an organization that provides emotional and financial support to residents of Columbia County who are experiencing hardships.

[Click here for website](#)

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We would like to express our gratitude to all of our donors, contributors and volunteers who have continued to support us. Your generosity and dedication has allowed Columbia County Pathways to Recovery to continue its programs and meetings, offering help and resources to our loved community.

## 2025 Grants:

OASAS—grant through NYS  
 SENATOR MICHELE HINCHEY; Local Impact Initiative grant  
 SAMHSA—Community Talks  
 Berkshire Taconic Foundation—Fund for Columbia County and Technology grants  
 Coon Self Storage  
 The Ackerman Foundation  
 Ghent Reformed Church  
 Community Bank NA  
 Clara Gott Incentive Fund  
 The Greene County Bank  
 Northern Columbia Lions Club  
 Rotary Club of Northern Columbia

## 2024 Individual Donors:

Dr Joseph Lalka and Teresa Ribadeneyra  
 Donna and Wesley Coon  
 Northlands Foundation  
 Wheelock Whitney  
 Kneller Insurance  
 First Fuel & Heating  
 Frank Marshall  
 Long Energy Ginsberg's Foods  
 Joseph Lalley  
 Metz-Wood Insurance  
 Framarin family  
 Callander's Nursery



*Thank you for reading!*

## CALLING ALL SUPPORT MEETINGS!!



**WE HAVE SPACE!!**

### WE'D LOVE TO HOST YOUR SUPPORT MEETING!

We welcome ALL recovery-related support groups: substance use; 12-step and non 12-step; mental health and wellness; codependence; gambling and overeaters; family support, etc.

CCPR's Recovery Community Outreach Center is here to demonstrate hope and help in sustaining long term recovery by providing a meeting location, peer-led and peer-driven mutual support groups; sober social and recreational activities, and connections to area services... all in a beautiful, air conditioned, judgment-free, safe space.

**PLEASE START OR BRING YOUR MEETINGS TO OUR RECOVERY COMMUNITY OUTREACH CENTER!**

1 Taconic Place, Chatham, NY

Call 518-966-2775 or email [columbiapathwaystorecovery@gmail.com](mailto:columbiapathwaystorecovery@gmail.com)

<p><b>COLUMBIA COUNTY PATHWAYS TO RECOVERY</b></p>	<p><a href="tel:5189662775">(518) 966-2775</a></p>
<p>New Website coming soon!  <a href="#">Facebook</a>: CCPR's Main Page  <a href="#">Facebook</a>: Community Outreach Center  <a href="#">CCPR's Instagram</a>:</p>	<p><b>Address:</b> #1 Taconic Place, Rt 66          Chatham, NY 12037  <b>Mailing Address:</b> P.O. Box 486, Ghent, NY 12075</p>