

COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR)

JUNE 2025 Newsletter



Columbia County Pathways to Recovery is a RCO (Recovery Community Organization), – a grassroots group which grew out of the concern for a need for awareness, education, advocacy, and change in regard to the public health crisis of addiction.

Stories of Impact:

This month's impact stories are:

Upstate New York woman advocates for addiction recovery

-Saltburn' Star Reveals Battle With Drug Addiction After Losing Parents

-High School Student puts OASAS Naloxone to Use

In this newsletter you can expect:

Community Updates

Schedule of Meetings and Events

Recovery News

List of Local Food Pantries

Resources and HELP Lines

Harm-reduction and Prevention Education



**CCPR RECOVERY
COMMUNITY
CENTER**



CALENDAR

MONDAYS

7:30 pm – SMART meeting – all are welcome

TUESDAYS

10 am to 1 pm – Coffee Hour Drop-In

6 pm – AA Women's Step Meeting

7:30 pm – AA Step and Tradition Meeting

WEDNESDAYS

6 pm – Revelation Wellness Exercise class (all fitness levels; co-ed)

THURSDAYS

9 am to 12 pm – Coffee Hour Drop-In

5 pm – 7 pm – LGBTQ Connection Network Support Meeting

6 pm – AA Men's Meeting

7:30 pm – Young People's Recovery Coffee Hour (2nd and 4th Thursdays)

SATURDAYS

7 pm – AA meeting which reads from the book As Bill Sees It

ALSO – MON/TUES/WED afternoon/eve **BY APPOINTMENT** – CRAFT (Community Reinforcement and Family Training) one-on-one support mtg Call Barbara 518-764-1749.

All are welcome in our safe, non-judgmental space!

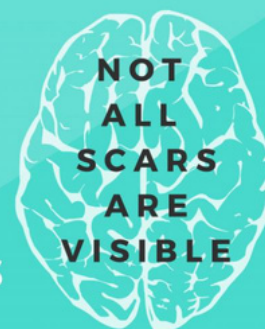
at
CCPR's RECOVERY COMMUNITY OUTREACH CENTER
1 Taconic Place (off Rt. 66), Chatham, NY

WE'RE STILL EXPANDING OUR SERVICES! WE WELCOME ALL RECOVERY RELATED SUPPORT GROUPS. NEED A SPACE FOR YOUR MEETING? CALL OR EMAIL US!

Presented by Columbia County Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org columbiapathwaystorecovery@gmail.com
Phone: 518-966-2775 HELPLINE 877-HOPE-365 9am-9pm 7days



**JUNE IS
POST-
TRAUMATIC
STRESS
DISORDER
AWARENESS
MONTH**



Prevention Education



NATIONAL
COUNCIL
for Mental
Wellbeing

CCPR has wrapped up our Spring 2025 Prevention Education initiative!

With passion and purpose, Cortney Lovell visited six schools across Columbia County, empowering students with vital knowledge and raising awareness around substance use prevention and wellness.



COLUMBIA PAPER:

Lovell gets candid with local students about drug use.

by David Lee

Click for Link!

“MENTAL HEALTH PROBLEMS DON’T DEFINE WHO YOU ARE. THEY ARE SOMETHING YOU EXPERIENCE. YOU WALK IN THE RAIN AND YOU FEEL THE RAIN, BUT, IMPORTANTLY, YOU ARE NOT THE RAIN.”

-MATT HAIG

- **Men’s Mental Health: 11 Tips for Taking Care of Your Whole Self**



- Hotline designed for men to talk to other men, sign up to chat with someone who has gone through it too. [Click Here for Link!](#)

- [How a Fly-Fishing Trip in Montana Taught Me to Open Up](#)

Please consider donating to our cause. As the only Recovery Community Organization in Columbia County, we hope to continue serving the community through 2025.



venmo

Call CCPR @ 1 518-966-2775

for free Narcan!

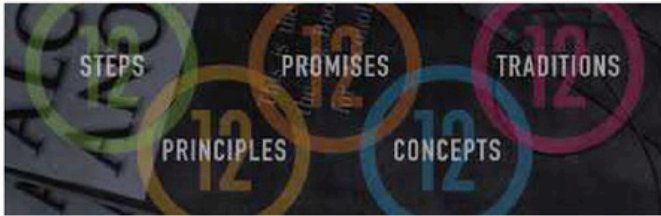
Equip yourself and your loved ones with life-saving opioid reversal medication.



877-HOPE-365

877-4673-365

CCPR Meetings



Tuesdays @ 7:30pm
Tuesday Traditions &
Steps
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775

**SEE YOU AT THE
AA MEETING**

Thursdays @ 6pm
Men's Meeting
Thirsty for Recovery
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Frank @ 518-755-0236



Tuesdays @ 6pm
Step Sisters
Women's 12 Step Study Group
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Michele @ 518-929-2014



Saturday @ 7pm
How It Works
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775

CCPR Meetings

DROP-IN HOURS

CCPR COMMUNITY CENTER

Tuesdays 10:00 AM – 1:00 PM

Thursdays 9:00 AM – 12:00 PM

**1 TACONIC PLACE
CHATHAM, NY**

Need help with a
resume or job search?
Looking for recovery
support or just a place
to relax?



- One-on-one support
- Friendly conversation
- Chill movie vibes
- A quiet corner & a hot cup of coffee

No pressure. No appointments. Just drop in.
We're here for you.

Young People's Coffee & Recovery Hour

THE 2ND AND 4TH THURSDAY
OF THE MONTH AT 7:30PM

@ CCPR RECOVERY COMMUNITY
OUTREACH CENTER

1 TACONIC PLACE, CHATHAM, NY

Come hang out for an open
hour of casual conversations
and discussions about recovery.
This is not a 12-step meeting
or structured group;
we welcome anyone at any
stage of recovery to join us.

Call or text 518-495-4796
or 518-816-7751

Presented by Columbia County
Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org
columbiapathwaystorecovery@gmail.com
518-966-2775



HELPLINE 877-HOPE-365
9am-9pm | 7days



SMART Recovery Meeting

(Self Management and Recovery Training)

Where people choose their own
goals, skills and tools.

SMART Recovery is an evidenced-informed
recovery method grounded in Rational
Emotive Behavioral Therapy (REBT) and
Cognitive Behavioral Therapy (CBT),
that supports people with substance
dependencies and mental health needs, led
by trained volunteers.

Smart Recovery
is a fresh
approach to
addiction
recovery.

Mondays @ 7:30 PM

Connect with great people with
refreshments
in our air conditioned
recovery community center!

A non-12 step and
self-empowering
approach to
overcoming
addictive behavior
and leading a
balanced life.

CCPR Recovery Community Outreach Center
#1 Taconic Place, Chatham, NY 12037



- Do you or someone you know have a loved one struggling with substance misuse?
- Feeling helpless and hopeless?
- Want to learn a better way to communicate with your loved one?

CCPR is now offering One-On-One Support
with CRAFT family training.

Beginning mid-September

Monday/Tuesday/Wednesday
Late afternoons or evenings

Please call Barbara at 518-764-1749

By appointment only

Location: CCPR Recovery Community Center
1 Taconic Place, Rt. 66
Chatham, NY 12037



518-966-2775



columbiapathwaystorecovery@gmail.com



Co-Sponsored by (NECAP)
Northeast Community
Action Partnership



Proudly presents

we are **AWESOME!**

Community **PRIDE** Celebration & Resource Fair

WHEN

Thurs June 26th 5-7

WHERE

Chatham Town Gazebo

intersection of Park Row & Hudson Ave.

“

We have to be visible. We should not be ashamed of who we are.

— MARSHA P. JOHNSON



QUEER & TRANS CONNECTION NETWORK

COME CONNECT WITH FELLOW
MEMBERS OF THE QUEER AND TRANS
COMMUNITY, EXCHANGE RESOURCES
AND BUILD RESILIENCY!

CRAFT NIGHT

Date/Time

2nd Tuesdays 6-8

Location

ARTLife717 Gallery
717 Columbia Street
Hudson

COMMUNITY NIGHT

Date/Time

Every Thursday 5-7

Location

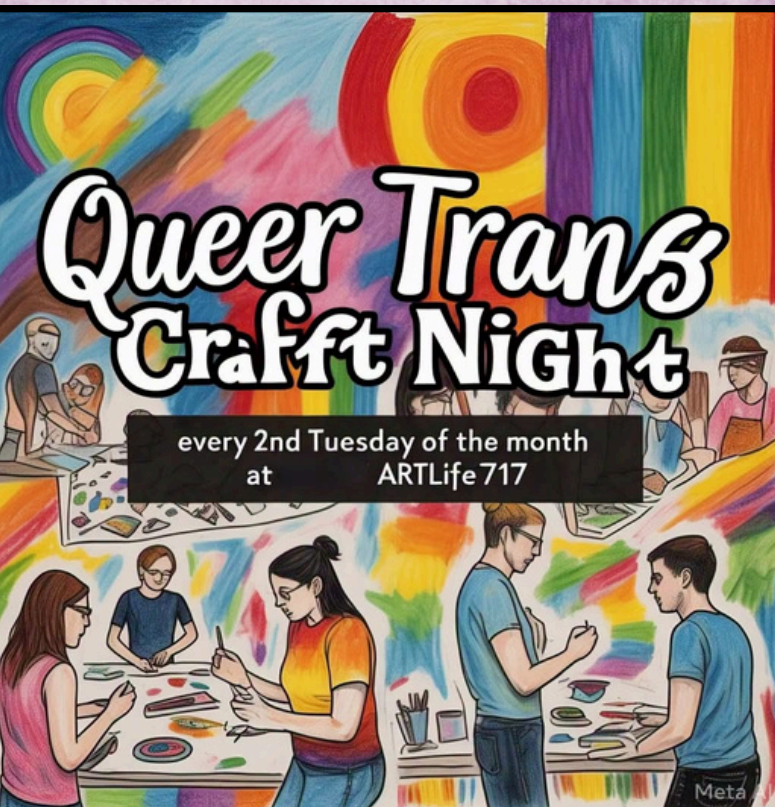
CCPR
#1 Taconic Place
Chatham
(entrance in back)
children are welcome

FOR HELP WITH
TRANSPORTATION OR
TO JOIN VIRTUALLY
CONTACT
TOBY@C-GAC.ORG



Queer Trans Craft Night

every 2nd Tuesday of the month
at ARTLife717



Reclaiming the Outdoors: Nature as a Tool for Long-Term Recovery.

- The benefits of exploring nature and outdoor activities in recovery.
- **FREE Qigong ~ TaiChi (Tuesdays at 10am) in Hudson, NY**
CLICK for LINK!

To access the Zoom stream, email programs@hudsonarealibrary.org



MARCH 1 • BIG DAY OUT • DUTCHESS COUNTY HIGHPOINT
BRACE MOUNTAIN • QUARRY HILL RD MILLERTON 12546 • 3.6 MI/1,509' VG

MARCH 15 • BURGER HILL PRESERVE
NY-RT 9G RHINEBECK 12572

APRIL 19 • NYQUIST-HARCOURT WILDLIFE SANCTUARY
133 HUGUENOT ST NEW PALTZ 12561

MAY 17 • 4TH ANNIVERSARY CELEBRATION AT HOWE CAVERNS
(EMAIL TO RESERVE SPACE)

JUNE 1 • BIG DAY OUT • GREENE COUNTY HIGHPOINT
HUNTER MOUNTAIN • 6.8MI/1,971' VG

JUNE 21 • ESOPUS MEADOWS PRESERVE (LITTER CLEAN UP ALONG THE
TRAILS) 255 RIVER RD. ULSTER PARK 12487

JULY 19 • INNAKE NATURE PRESERVE
9 VAN DAM RD HYDE PARK 12538

AUGUST 15-17 • 2ND ANNUAL CAMPOUT
907 LIVINGSTON RD ELIZAVILLE 12523 (EMAIL FOR DETAILS)

SEPTEMBER 20 • HEMLOCK RIDGE
LEWIS LN PLATTEKILL 12589

SEPTEMBER 21 • BIG DAY OUT • COLUMBIA COUNTY HIGHPOINT
HARVEY MOUNTAIN • 521 E. HILL RD AUSTERLITZ 12017 • 4.3MI/925' VG

OCTOBER 18 • BUTTERCUP FARM AUDUBON SANCTUARY
STISSING LN STANFORD 12581

NOVEMBER 23 • FIRE TOWER TRADITION • STISSING MOUNTAIN
499 LAKE RD PINE PLAINS 12567

NOVEMBER 24 • BIG DAY OUT • ULSTER COUNTY HIGHPOINT
SLIDE MOUNTAIN • 1991 OLIVEREA RD BIG INDIAN 12410 • 5.3MI/1,781' VG

DECEMBER 21 • ISRAEL WHITMAN SANCTUARY
OLD MILL RD SAUGERTIES 12477

FOR MORE INFORMATION SEND AN EMAIL TO
RECOVERYHIKENY@GMAIL.COM OR GO TO:

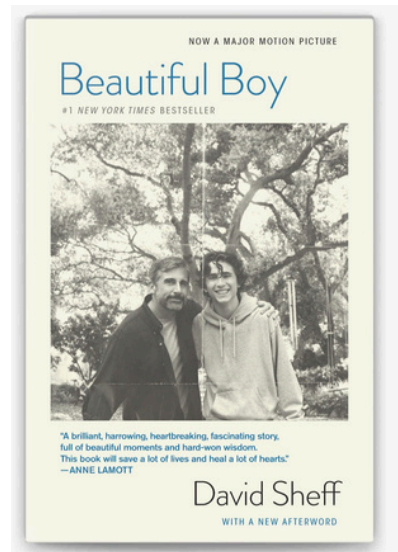
News

- **RECOGNIZING THE SIGNS OF ADDICTION: A GUIDE FOR FAMILIES**
- **THE 2025 STATE OF RECOVERY: 5 TRENDS IN BEHAVIORAL HEALTH YOU NEED TO KNOW ABOUT**
- **BEYOND THE BUZZ 2025: GEN Z & MILLENNIAL'S EMBRACE THE SOBER CURIOUS MOVEMENT**

Book of the Month



Beautiful Boy *by David Sheff*



A Father's Journey Through His Son's Addiction. This is essential reading for the parent of any child who develops a substance use disorder. Watching someone you love go from a vibrant, thriving life to addiction, jail, and homelessness is both instructive and frightening: it can happen to any of us, including those we love and cherish the most

What is ITC?

The Invitation to Change Approach (ITC) is a holistic helping framework based in science and kindness, designed for the families and loved ones of people struggling with substance use, as well as the professionals who support them.

Our trainings and materials invite you to reflect on what it means to help, reimagine the role that loved ones can play in the change process, and learn evidence-supported strategies for helping.

ITC • SUPPORT GROUPS
○ IN NY STATE

New Round Starting: ITC Drop-In Group

A new round of our free ITC drop-in group for families is about to start! Join us next Tuesday, March 4th, as we start from the top of our 4-week ITC curriculum.

The group provides an overview of the ITC in four sessions, and continually cycles through these sessions, with attendees welcome to join at any point. So if you can't make it on March 4th, you can join a later session and know that we will soon loop back around to session 1 for you to cover anything you missed!

This group meets every Tuesday from 6:30 - 8 pm ET.

In this support and skills group, participants will use the Invitation to Change Approach (ITC) to reflect on what it means to help, reimagine the role that loved ones can play in the change process, and learn evidence-supported strategies for helping a loved one struggling with addiction.

REGISTER FOR ITC GROUP HERE

SUPPORT GROUP FOR FAMILIES FACING ADDICTION

SUPPORT AND SKILLS GROUP
FOR NEW YORK STATE



**Support and Strategies
for anyone helping
a person who uses substances**

FREE Group in Hudson and on Zoom

Thursdays
6:00 - 7:30 pm
Starting Jan 9th 2025

Clubhouse of MHACG
47 North 5th St
Hudson, NY 12534

This is an ongoing, drop-in anytime, peer supported, facilitated group - come check it out!

Invitation to Change
A different approach to addiction

- Learn tools for helping
- Deepen understanding about substance use
- Strengthen relationships and communication

For more about ITC visit cmcfcc.org or contact Jaime Cooper at btitcgroup@gmail.com



SCAN OR [CLICK HERE](#) TO
LEARN MORE AND
REGISTER!



Mother Cabrini
HEALTH FOUNDATION

[ITC Website Link](#)

Build Your Sober Summer Bucket List!

- 10 Tips for Staying Sober During the Summer
- Sober Summer Strategies

SELF-CARE

Bucketlist

- GET ENOUGH SLEEP
- PLAY INSTRUMENTS
- LISTEN TO MUSIC
- WATCH MOVIES AND TV SHOWS
- WORKOUT AND EXERCISE
- SOCIAL MEDIA BREAK
- LEARN A NEW HOBBY
- COOK A DISH
- CONSISTENT DAY AND NIGHT ROUTINE
- PLAY GAMES
- SPOIL YOURSELF SOMETIMES
- TRY TO GROW PLANTS
- STAY HYDRATED
- CLEAN YOUR SPACE
- MANAGE YOUR TIME
- MANICURE/PEDICURE
- GET A MASSAGE
- GET A HAIRCUT/SHAVE



**SOBER SUMMER
BUCKET LIST!**

HERE ARE SOME FUN SOBER THINGS YOU CAN DO THIS SUMMER!

- ☐ Go for a hike
- ☐ Play mini golf
- ☐ Have a BBQ with sober friends/family
- ☐ Go to the farmers market
- ☐ Make s'mores
- ☐ Go for a bike ride with sober friends/family
- ☐ Go swimming
- ☐ Camp out in the yard
- ☐ Go to the library
- ☐ Go to a baseball/softball game
- ☐ Picnic at a park
- ☐ Go to Giant Springs/Buffalo Jump



We challenge you to check off as many as possible.

"1 in 4" US Children
Living With a Parent
With Substance Use
Disorder

- My cultural awakening: a
punk band told me quit
drinking. So I did

ONLY YOU
CAN CHANGE
YOUR LIFE.
NO ONE
CAN DO IT
FOR YOU.

fabquote.co

COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR) IS EXCITED TO INVITE YOU TO OUR SECOND ANNUAL GOLF OUTING FUNDRAISER!



SEPT 6TH 2025

Olde Post Road Golf Club
92 Schuuman Rd,
Castellon-On-Hudson, NY
12033

The golf format will be a four-person scramble format. Multiple prizes for contests on the course.

This outing will be an important fundraiser to help our Recovery Community Outreach Center in Chatham, NY where we provide resources, education, and support to increase pathways to recovery

Shotgun starts at 12 noon

\$125 per person includes:

-A round of golf with a GPS golf cart. If you have less than four registrants, we will do our best to pair you with other golfers.

-A buffet dinner under the tent prepared by a Culinary Institute of America chef, is included.

IF YOU ARE NOT A GOLFER, PLEASE JOIN US FOR DINNER FOR \$30

SPONSORSHIPS

- SPONSOR A HOLE FOR \$100: SIGN LOCATED AT A TEE BOX WITH YOUR NAME OR MESSAGE.
- DONATING \$500 WILL LIST YOU AS A SPONSOR AND WILL INCLUDE RECOGNITION AT THE DINNER.
- DONATING \$1000 WILL LIST YOU AS A BENEFACTOR, AND WILL INCLUDE ADMISSION FOR 4 GOLFERS AND RECOGNITION AT THE DINNER

FOR MORE INFORMATION

Please contact Frank Marshall
EMAIL: frank.ccpr@gmail.com
PHONE: 518-755-0236

<https://www.surveymonkey.com/r/DL9FPLT>

OR scan QR code for registration form and PayPal, Venmo options

DINNER WILL BE HELD RAIN OR SHINE



RECOVERY COMMUNITY OUTREACH CENTER
#1 TACONIC PLACE, CHATHAM, NY 12037

THE 4TH ANNUAL

YOUTH VOICES MATTER™
YOUTH SUMMIT
2025

8AM - 1:30PM

MONDAY, JUNE 2, 2025

COLUMBIA-GREENE COMMUNITY COLLEGE
4400 NY-23, HUDSON, NY 12534

We are excited to invite you to the 4th Annual Youth Summit, an engaging and impactful event hosted by Youth Voices Matter, NY. This summit is designed to empower students and provide valuable resources for educators. The event will feature inspiring speakers, interactive workshops, and networking opportunities aimed at fostering youth leadership, community involvement, and advocacy.

This year's event promises to be an excellent opportunity for growth, learning, and collaboration, with a focus on the importance of youth voices in shaping the future.



Join SAMHSA's Webinar on Supporting Young Adults Experiencing Early Serious Mental Illness in the Shift from Child to Adult Mental Health Services

Tuesday, June 17, 12–1 p.m. ET

The Substance Abuse and Mental Health Services Administration National Training and Technical Assistance Center for Early Serious Mental Illness (SAMHSA ESMI TTA Center) is hosting a webinar series that addresses a range of topics related to early serious mental illness (ESMI), including clinical high risk for psychosis (CHR-P) and first episode psychosis (FEP).

This one-hour webinar will discuss ways that young adults experiencing ESMI may be supported as they shift from child to adult mental health services. Participants will learn about structural and procedural changes that occur as young adults shift out of ESMI services and move from child to adult service systems. The webinar will also identify promising strategies to reduce service gaps, including using early planning, assessment tools, cross-system coordination, and personalized step-down programs. Two grantees will present approaches to improve continuity of care, minimize disengagement, and enhance service availability for young adults experiencing ESMI.

Featured Presenters:

- **Kathryn Sabella, Ph.D.**, Assistant Professor, Department of Psychiatry and Behavioral Sciences, UMass Chan Medical School
- **Elizabeth Thomas, Ph.D.**, Assistant Professor, Department of Social and Behavioral Sciences, Temple University College of Public Health
- **Hilary Bertisch, Ph.D., ABPP**, Assistant Professor, Zucker School of Medicine, Hofstra/Northwell
- **Brittany Grimes**, Project Manager of Youth and Young Adult Services, Oklahoma Department of Mental Health and Substance Abuse Services

Register HERE!

Youth Resources

Local Youth Clubhouses

Mental Health Associations of Columbia-Greene County (MHACG)

[Hudson, NY Youth Clubhouse](#)

47 North 5th Street
Hudson, NY 12534



[Catskill, NY Youth Clubhouse](#)

455 Main St
Catskill, NY 12414
(518) 491-2432

[Facebook Link](#)

[Website Link](#)

- **[Friends of Hudson Youth](#)**

Check out Friends of Hudson Youth for afterschool programs and summer activities such as hiking, breakdancing, sports, a bike co-op, and music.

- **[Columbia-Greene Workforce NY](#)**

Find help with job searches, training, and youth services.

Local Recovery Resources:

Columbia County Pathways To Recovery Helpline

☎ 877-HOPE-365

877-467-3365

9am to 9pm

7 Days A Week

We Can Help Connect You To Recovery Options To Guide You On Your Journey To Recovery

#HopeInRecovery



NYS Office of Addiction Services and Supports

Website: [Click Here](#)

Youth Voices Matter-NY
1529 Western Avenue Albany, NY
Reach out to a Youth Recovery Program Specialist in Your Region!

Website: [Click Here](#)

Greener Pathways Mobile Outreach Columbia & Greene Counties

518-291-4500

Afterhours Hotline:

(518) 822-0090

Website: [Click Here](#)

[Alliance](#) offers free HIV testing, mobile needle exchange, and more!



160 Fairview Ave,
Hudson, NY 12534



No Judgement
No Shaming
No Preaching
JUST LOVE!

Call if you're going to use when you're alone. An operator will ask for your first name, EXACT location, and the # you're calling from. If you stop responding after using, we will notify EMS of your location, & possible overdose.

1(877)696-1996

www.NeverUseAlone.com

Naloxone Box Locations in Columbia County, NY

[CLICK HERE FOR MAP](#)

MATTERS
Request Free Naloxone Wall Boxes

NALOXBOXES:
Metal containers with written instructions on either side of the box.

ONEBOXES:
Plastic containers with video instructions that automatically play upon opening.

765-MATTERS (628-8377)



• [Northeast Problem Gambling Resource Center](#)

100 Great Oaks Blvd., Suite 104, Albany, NY

Providing 1:1 attention and support to those seeking assistance for a gambling problem or a friend or family member's gambling. We also raise awareness of gambling harm through agency partnership development and by offering educational training opportunities.

Phone: (518) 801-1491

Email: rfetterman@nycpg.org

[Click here for resource center:](#)

[Click here for further information and blog.](#)

SHARPS KIOSK LOCATIONS COLUMBIA COUNTY

ACCEPTS USED OR UNWANTED NEEDLES & SYRINGES IN CONTAINERS UP TO 1 QUART ONLY

HANNAFORD HUDSON
32 NY-82, Hudson
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HANNAFORD VALATIE
2967 US-9, Valatie
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HUDSON POLICE DEPT.
107 Union Street, Hudson
SHARPS ACCEPTED
KIOSK LOCATED INSIDE
24/7



CONTACT:

COLUMBIA COUNTY PUBLIC HEALTH, 518-828-3358
FOR FREE SHARPS CONTAINERS!



MEDICATION DROP BOX LOCATIONS COLUMBIA COUNTY

MEDICATION RETURN ONLY

CHATHAM POLICE DEPT.
77 Main Street, Chatham
M-F 9-3 or call 518-392-3451

COLUMBIA COUNTY SHERIFF SUBSTATION
Route 22 & Route 23, Hillsdale
24/7

COLUMBIA COUNTY SHERIFF'S DEPT.
85 Industrial Tract, Hudson
24/7

CMH, ER WAITING ROOM
71 Prospect Ave, Hudson
24/7

CVS HUDSON
160 Fairview Ave, Hudson
8am-10pm

CVS VALATIE
2982 US-9, Valatie
8am-10pm

HANNAFORD HUDSON
32 NY-82, Hudson
7am-10pm

HUDSON POLICE DEPT.
107 Union Street, Hudson
24/7

HANNAFORD VALATIE
2967 US-9, Valatie
7am-10pm



Columbia County Food Pantries:

Food Pantries near Chatham, NY

- **Tracy Memorial Village Silent Food Pantry.**

Tracy Memorial Village Hall
Basement (enter through back door) 77 Main Street Chatham, NY 12037

MONDAYS: 10:00-12:00noon

TUESDAYS: 10:00-12:00noon

CLOSED WEDNESDAYS

THURSDAYS: 4:00-6:00pm

FRIDAYS: 10:00-12:00noon

518-392-7794

chathamsilentpantry@gmail.com

- **Ghent, NY Food Pantry**

Hours: Monday through Thursday
9:00am - 12:00pm For more information, please call (518) 392-4644
2306 NY-66, Ghent, NY 12037

- **Seventh-day Adventist church food pantry**

Drive-thru Hours: Saturday May 15, August 21, November 20 2:00 pm to 4:00 pm First-come first-serve basis. For more information, please call, (518) 784-4400, for details or questions or just stop by.

- **Mellenville-Philmont Food Pantry at Claverack Town Hall**

Food Pantry Distribution Hours:
Tuesdays 10:30am - 11:30am and 5:30pm - 6:30pm
(518) 672-7911

Food Pantries in Hudson, NY

- Columbia Opportunities Food Pantry & Emergency Assistance (Please call ahead for an appointment) (518) 828-4611 540 Columbia Street, Hudson, NY, 12534

- Rock Solid Church Food Pantry 2nd and 4th Friday of the month from 10-12 noon, adding 1st and 3rd Thursday from 4-5pm Pre-packaged groceries (518) 828-2444 334 Union St., Hudson, NY 12534

- Salvation Army Food Pantry Monday, Wednesday, Friday, 8am-10am. Pre-packed groceries Pre-packaged groceries. Monday - Friday, 11:30-12:30 (518) 822-1602 40 S. Third St., Hudson, NY 12534

- St. Mark's Lutheran Food Pantry Mon and Thurs, 9-12 noon Pre-packed bags of groceries going forward (518) 822-1688 200 Fairview Ave., Hudson, NY 12534

- Time & Space Limited 5:30 PM comfort food suppers for pick-up or delivery \$5, or pay what you can Order ahead of time: (518) 822-8100 or jeff@timeandspace.org 434 Columbia St., Hudson, NY 12534

- Zion Community Food Pantry 2nd and 4th Tuesday of the month from 5:30pm - 6:30pm, and 1st and 4th Friday of the month from noon to 1pm. They offer grocery bag delivery to Providence Hall on 3rd Tuesday; available to 70+, and handicapped. Please sign up on the sheet in Providence Hall (518) 610-1980 Bliss Towers; 41 N. Second St., Hudson, NY 12534

- Our Community Cares is an organization that provides emotional and financial support to residents of Columbia County who are experiencing hardships.

[Click here for website](#)

We would like to express our gratitude to all of our donors, contributors and volunteers who have continued to support us. Your generosity and dedication has allowed Columbia County Pathways to Recovery to continue its programs and meetings, offering help and resources to our loved community.

2025 Grants:

OASAS—grant through NYS
 SENATOR MICHELE HINCHEY; Local Impact Initiative grant
 SAMHSA—Community Talks
 Berkshire Taconic Foundation—Fund for Columbia County and Technology grants
 Coon Self Storage
 The Ackerman Foundation
 Ghent Reformed Church
 Community Bank NA
 Clara Gott Incentive Fund
 The Greene County Bank
 Northern Columbia Lions Club
 Rotary Club of Northern Columbia

2024 Individual Donors:

Dr Joseph Lalka and Teresa Ribadeneyra
 Donna and Wesley Coon
 Northlands Foundation
 Wheelock Whitney
 Kneller Insurance
 First Fuel & Heating
 Frank Marshall
 Long Energy Ginsberg's Foods
 Joseph Lalley
 Metz-Wood Insurance
 Framarin family
 Callander's Nursery



Thank you for reading!

CALLING ALL SUPPORT MEETINGS!!



WE HAVE SPACE!!

WE'D LOVE TO HOST YOUR SUPPORT MEETING!

We welcome ALL recovery-related support groups: substance use; 12-step and non 12-step; mental health and wellness; codependence; gambling and overeaters; family support, etc.

CCPR's Recovery Community Outreach Center is here to demonstrate hope and help in sustaining long term recovery by providing a meeting location, peer-led and peer-driven mutual support groups; sober social and recreational activities, and connections to area services... all in a beautiful, air conditioned, judgment-free, safe space.

PLEASE START OR BRING YOUR MEETINGS TO OUR RECOVERY COMMUNITY OUTREACH CENTER!

1 Taconic Place, Chatham, NY

Call 518-966-2775 or email columbiapathwaystorecovery@gmail.com

**COLUMBIA COUNTY PATHWAYS
TO RECOVERY**

[\(518\) 966-2775](tel:5189662775)

New Website coming soon!

[Facebook](#): CCPR's Main Page

[Facebook](#): Community Outreach Center

CCPR's [Instagram](#):

Address: #1 Taconic Place, Rt 66
 Chatham, NY 12037

Mailing Address: P.O. Box 486, Ghent, NY 12075