

COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR)

DECEMBER 2025 Newsletter



Columbia County Pathways to Recovery is a RCO (Recovery Community Organization) – a

grassroots group which grew out of the concern for a need for awareness, education, advocacy, and change in regard to the public health crisis of addiction.

Stories of Impact:

- [One Teen's Quiet Slide Into Addiction and the Road to Recovery](#)
- [There is Great Hope!](#)

COLUMBIA COUNTY HELPLINE!



Recovery Helpline

877-HOPE-365
877-4673-365

Do you need help with substance use issues?

9 am to 9 pm

7 Days A Week

Information, Resources and Referrals

In this newsletter you can expect:

[Community Updates](#)

[Schedule of Meetings and Events](#)

[Recovery News](#)

[List of Local Food Pantries](#)

[Resources and HELP Lines](#)

[Harm-reduction and Prevention Education](#)



Sponsor of the Month:



**KINDERHOOK
TOYOTA**

This month, we're proud to celebrate our newest sponsor, Kinderhook Toyota, for their commitment to supporting local initiatives.

We also extend our sincere thanks for their recent donation to our upcoming Wellness Speakers Series, launching this spring in Columbia County Schools. Their dedication to giving back helps strengthen our community each and every day.

If you would like to make a contribution to our efforts, [please click here](#).

CCPR RECOVERY COMMUNITY CENTER

DECEMBER 2025

1 Taconic Place, Chatham, NY
columbiapathwaystorecovery.org
518-966-2775 | 877-HOPE-365

Mon	Tue	Wed	Thu	Fri	Sat
* 7:30 PM SMART Meeting	☕ 10 AM-1PM Coffee Hour Drop-In 📢 6 PM AA Women'sStep Meeting 📗 7:30 PM AA Step & Tradition Meeting	🏃‍♀️ 6 PM Revelation Wellness Exercise Class 📖 8 PM The Chatham Beginners AA Meeting	🌈 5-7 PM LGBTQ Connection Network 📅 6PM AA Men's Meeting ✍️ 7PM Creative Writing for Recovery 💡 7:30 PM Young People's Recovery Coffee Hour (DEC. 11th and 25th)	☕ 9 AM-12 PM Coffee Hour Drop-In 🎲 6-8 PM LBGTQ Game Night (Dec. 5th and 19th)	🔔 7-8:45 AM Qigong (Every 2 nd Saturday) 📢 9AM Refuge Recovery (Every 2 nd Saturday) 📘 7PM AA Meeting Big Book study group

● ALSO – MON/TUES/WED afternoon/eve BY APPOINTMENT – CRAFT (Community Reinforcement and Family Training) one-on-one support meetings
Call Barbara 518-764-1749.

♥ All are welcome in our safe, nonjudgmental space.



THIS SEASON, STAY SUPPORTED

YOU ARE NOT ALONE

Columbia County Recovery Helpline
877-HOPE-365 (877-467-3365)
9am to 9pm 7 days a week



Stay Connected

Follow us for updates, holiday hours, and event reminders:
Facebook & Instagram: @ColumbiaPathwaysToRecovery

Interested in Volunteering?

Ask staff or visit our website to learn simple ways to support the center this winter.



GIVING TUESDAY

Every day, we meet people who are fighting battles that most others never see. Addiction isn't just a struggle with substances — it's loneliness, fear, stigma, and the hope that someone will finally say, "You don't have to do this alone."

At Columbia County Pathways to Recovery, we get to witness what happens when that hope turns into real support. We see the courage it takes to walk through our doors. We see families beginning to heal. We see people reclaiming pieces of themselves they thought were gone forever. This work is personal — for our staff, our volunteers, and for so many community members who have been touched by addiction in one way or another. And on days like today, we're reminded how powerful it is when a community chooses compassion.



This Giving Tuesday, we're asking you to help us keep that compassion going.

- Countywide recovery helpline
- Peer support & community programs
- Safe spaces for healing, connection, and hope
- Reaching people in crisis when they need it most

[Donate Now](#)



[PayPal](#)



[or Venmo](#)

CCPR Work From NOVEMBER

WHITE RIBBON MONTH OUTREACH – NOVEMBER 12TH

CCPR joined Columbia–Greene Community College for White Ribbon Month, standing with partners to raise awareness and promote the prevention of violence against women.



ANNUAL SPAGHETTI DINNER – NOVEMBER 8TH

Our annual Spaghetti Dinner was a great success
— with more than 60 meals served!

Thank you to everyone who joined us, supported recovery, and
helped strengthen our community.



DECEMBER IS NATIONAL IMPAIRED DRIVING PREVENTION MONTH

Alcohol is the most widely used substance in the U.S. and it's also one of the most harmful.

A few tips to stay safe this holiday season:

- Before drinking, choose a designated driver, or schedule a ride-sharing, ride-hailing or taxi service.
- If you are hosting a party where there's alcohol, offer non-alcoholic drink options and make sure all guests leave with a sober driver.
- Always wear your seat belt — it's the best defense against drunk drivers.
- If you see a drunk driver on the road, safely pull over and call law enforcement.

A good night is one you can remember.

CELEBRATE SAFELY. STAY CONNECTED.



IG + tiktok
[@cgaddictioncoalition](https://www.instagram.com/cgaddictioncoalition)
www.c-gac.org

Leave sooner...

Drive slower...

Live longer...

★ NEW CLASSES! ★

CREATIVE WRITING FOR RECOVERY

THURSDAY EVENINGS 7:00 PM
STARTING DECEMBER 4TH

Open to all looking for a safe place
to share experiences, reflections on
recovery, and give voice for future hopes
through creative writing.

Location:

Columbia County Pathways to Recovery
1 Taconic Place, Chatham, NY 12037

CONTACT:

SCOTT FINNEGAN
FINNEGANSOTT@YAHOO.COM



★ NEW CLASSES! ★



REFUGE RECOVERY

Earlybird every 2nd Saturday
8 AM - 9 AM



Columbia County Pathways to Recovery Center
1 Taconic Place Chatham, NY 12037


columbiapathwaystorecovery@gmail.com

Refuge Recovery is a Buddhist-inspired, non-theistic approach to addiction recovery. It offers a path to healing that doesn't rely on a higher power, but instead on mindfulness, compassion, and personal responsibility.



DEC 13



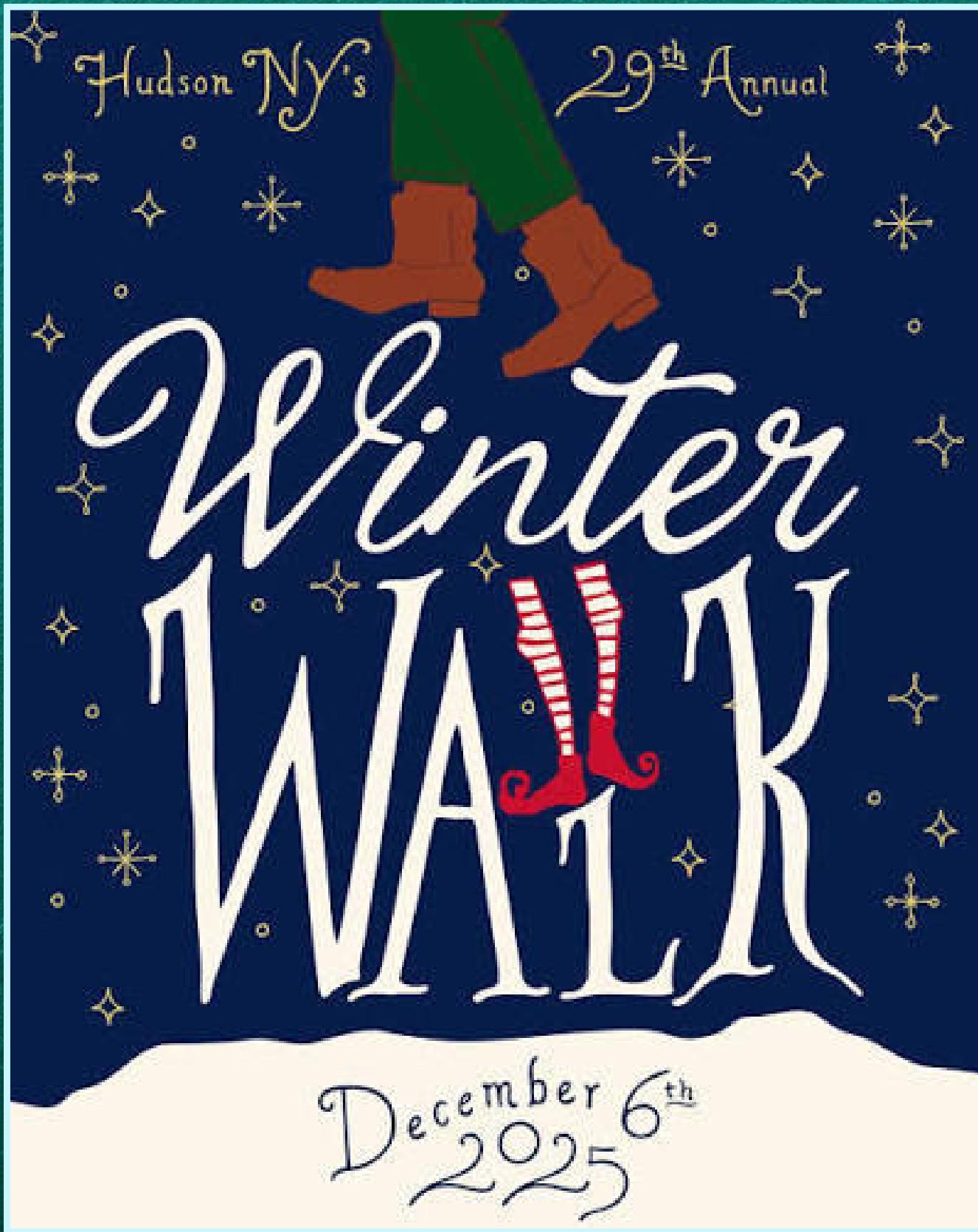
EARLY BIRD QI GONG PRACTICE WITH BEE

Every Second Saturday
7 am- 8:45 am \$10

Curious to learn the ancient practice of Qi Gong? Join in on this class each month to learn and cultivate mind, body & spirit with Qi Gong leader Bee. Enjoy tea and moving meditation practice.

Location: Columbia County Pathways to Recovery at 1 Taconic Pl. Chatham, NY 12037 Contact Bee via email: recovering.naturehv@gmail.com

COME CELEBRATE THE SEASON
WITH CCPR, CGAC, AND ITC AT THE
2026 HUDSON WINTER WALK!



CCPR RECOVERY COMMUNITY CENTER — DROP-IN HOURS

📍 1 TACONIC PLACE, CHATHAM, NY

Tuesdays

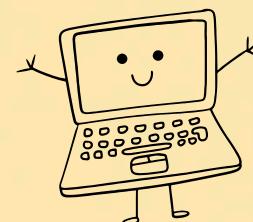
10:00 AM – 1:00 PM

Fridays

9:00 AM – 12:00 PM

Looking for help with a résumé, job search, or recovery support? Or maybe you just need a quiet place to relax?

- Free coffee & chill vibes
- Friendly conversation
- One-on-one support
- Chill movie corner
- Free access to computers
- Kids playroom



No pressure. No appointments. Just drop in.

NEW! FREE PUBLIC TRANSPORTATION — STARTING JUNE 10

Tuesdays & Fridays | 9:00 AM – 2:00

- Three loops per day Hudson-Chatham
- publictransportation.columbiacountyny.com



columbiapathwaystorecovery@gmail.com

CCPR Meetings and Events



QUEER & TRANS CONNECTION NETWORK
COME CONNECT WITH FELLOW MEMBERS OF THE QUEER AND TRANS COMMUNITY, EXCHANGE RESOURCES AND BUILD RESILIENCY!

CRAFT NIGHT
Date/Time: 2nd Tuesdays 6-8
Location: ARTLife717 Gallery, 717 Columbia Street, Hudson

COMMUNITY NIGHT
Date/Time: Every Thursday 5-7
Location: CCPR, #1 Taconic Place, Chatham (entrance in back)

GAME NIGHT
Date/Time: Every other Friday 6-8 (contact toby@c-gac.org for dates)
Location: CCPR, #1 Taconic Place, Chatham (entrance in back)

CONTACT TOBY@C-GAC.ORG for more info, virtual link, or help with transportation. CHILDREN ARE WELCOME

FOLLOW US ON INSTAGRAM @QTCONNECTIONCG

NEW GAME NIGHT!



SMART Recovery Meeting

(Self Management and Recovery Training)

Where people choose their own goals, skills and tools.

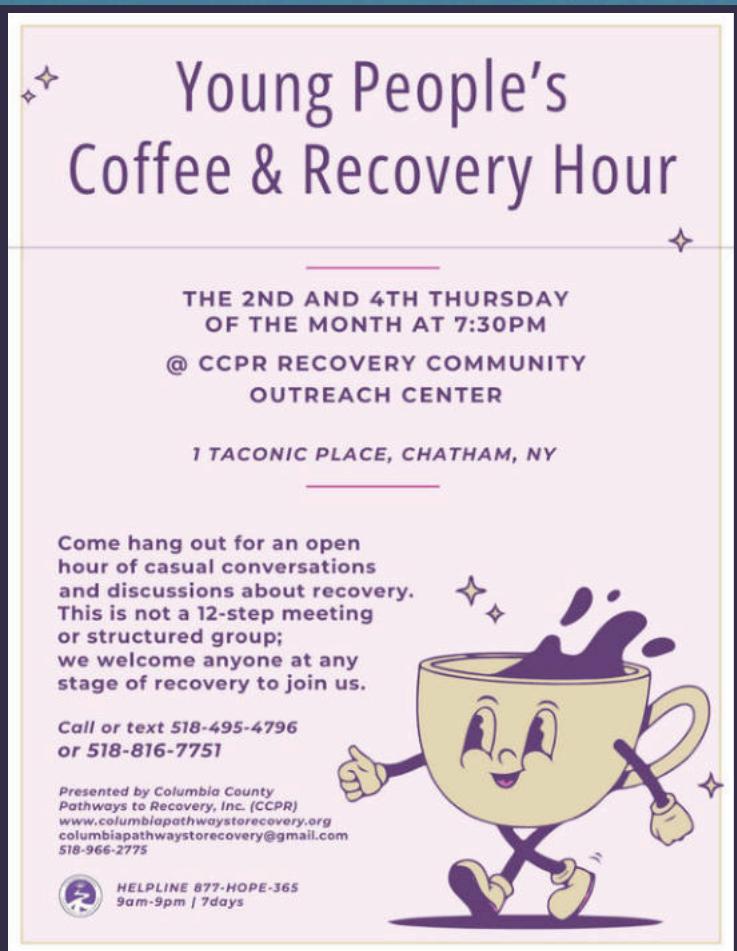
ART Recovery is an evidenced-informed recovery method grounded in Rational Emotive Behavioral Therapy (REBT) and Cognitive Behavioral Therapy (CBT), that supports people with substance dependencies and mental health needs, led by trained volunteers.

Mondays @ 7:30 PM
Connect with great people with refreshments in our air conditioned recovery community center!

Smart Recovery is a fresh approach to addiction recovery.

A non-12 step and self-empowering approach to overcoming addictive behavior and leading a balanced life.

CCPR Recovery Community Outreach Center
#1 Taconic Place, Chatham, NY 12037



Young People's Coffee & Recovery Hour

THE 2ND AND 4TH THURSDAY OF THE MONTH AT 7:30PM
@ CCPR RECOVERY COMMUNITY OUTREACH CENTER
1 TAConIC PLACE, CHATHAM, NY

Come hang out for an open hour of casual conversations and discussions about recovery. This is not a 12-step meeting or structured group; we welcome anyone at any stage of recovery to join us.

Call or text 518-495-4796 or 518-816-7751

Presented by Columbia County Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org
columbiapathwaystorecovery@gmail.com
518-966-2775

HELPLINE 877-HOPE-365
9am-9pm / 7days



- Do you or someone you know have a loved one struggling with substance misuse?
- Feeling helpless and hopeless?
- Want to learn a better way to communicate with your loved one?

CCPR is now offering One-On-One Support with CRAFT family training

Beginning mid-September

Monday/Tuesday/Wednesday
Late afternoons or evenings

Please call Barbara at 518-764-1749
By appointment only

Location: CCPR Recovery Community Center
1 Taconic Place, Rt. 66
Chatham, NY 12037



518-966-2775

columbiapathwaystorecovery@gmail.com



Co-Sponsored by (NECAP)
Northeast Community Action Partnership

CCPR MEETINGS



Tuesdays @ 7:30pm

Tuesday Traditions &
Steps
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037
Contact Us: 518-966-2775

SEE YOU AT THE AA MEETING

Thursdays @ 6pm

Men's Meeting

Thirsty for Recovery
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037
Contact Us: Frank @ 518-755-0236



Tuesdays @ 6pm

Step Sisters
Women's 12 Step Study Group
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037
Contact Us: Michele @ 518-929-2014



Saturday @ 7pm

How It Works

CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037
Contact Us: 518-966-2775

SUPPORT SAFE HOLIDAYS



This holiday season, **prevent harm** and **promote joy** at your bar or restaurant.

GIFTS YOU'LL GET

- Learn Tools for Safe Alcohol Serving
- Overdose Prevention Training
- FREE Narcan, Test Strips & More!
- Community Recognition
- 30 minutes or less!



GIFTS YOU'LL GIVE

- Prevent Accidents - Drunk Driving deaths rise during the holidays.
- Save Lives - Overdose rates increase during the holidays.
- Promote Joy - More people feel stressed during this season.



TO SCHEDULE CONTACT
INFO@C-GAC.ORG 518.303.3665
LEARN MORE WWW.C-GAC.ORG

WE NEED YOU!

Parents, Grandparents, Siblings & Caregivers

We're inviting family members of individuals who use or have used substances to participate in a **confidential and meaningful FOCUS GROUP** to better understand your experiences and help shape supports for families facing challenging times.

L

5pm-7pm



Thursday,
December 4th



15 Railroad Ave.
Cairo, NY



Registration required! Scan code
Email: Clairec@C-gac.org
Call/text : 518.303.3665



\$25 VISA GIFT CARD & DINNER!
NEED A RIDE? REACH OUT!
LEARN MORE:
WWW.C-GAC.ORG



THE QUEER & TRANS CONNECTION NETWORK

proudly presents

QUEER BOOK CLUB

All are welcome!!

Where: The Chatham Bookstore
(27 Main St, Chatham)



When: Tuesday, September 30th
5:30 - 6:30pm

Join us for an evening of discussion and community. You're encouraged to read the whole book, but don't let it stop you from joining us if you haven't finished!

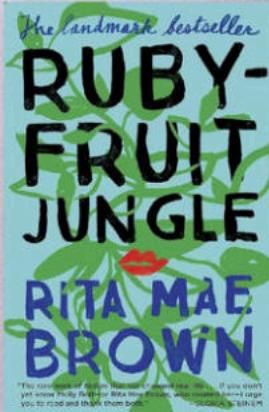
Join us Virtually



SCAN ME

<https://meet.google.com/qkn-hptc-aiz>

~Our Very First Read~



Queer Trans Craft Night

every 2nd Tuesday of the month
at ARTLife 717



Meta

Pick up a copy at the Chatham Library or buy it at the Chatham Bookstore – there's a 10% discount for being a book club member.

For more information contact

Toby@c-gac.org

HIKES

Recovering Nature



MARCH 1 • BIG DAY OUT • DUTCHES COUNTY HIGHPOINT
BRACE MOUNTAIN • QUARRY HILL RD MILLERTON 12546 • 3.6 MI/1,509' VG

MARCH 15 • BURGER HILL PRESERVE
NY-RT 9G RHINEBECK 12572

APRIL 19 • NYQUIST-HARCOURT WILDLIFE SANCTUARY
133 HUGUENOT ST NEW PALTZ 12561

MAY 17 • 4TH ANNIVERSARY CELEBRATION AT HOWE CAVERNS
(EMAIL TO RESERVE SPACE)

JUNE 1 • BIG DAY OUT • GREENE COUNTY HIGHPOINT
HUNTER MOUNTAIN • 6.8MI/1,971' VG

JUNE 21 • ESOPUS MEADOWS PRESERVE (LITTER CLEAN UP ALONG THE TRAILS) 255 RIVER RD. ULSTER PARK 12487

JULY 19 • INNAKE NATURE PRESERVE
9 VAN DAM RD HYDE PARK 12538

AUGUST 15-17 • 2ND ANNUAL CAMPOUT
907 LIVINGSTON RD ELIZAVILLE 12523 (EMAIL FOR DETAILS)

SEPTEMBER 20 • HEMLOCK RIDGE
LEWIS LN PLATTEKILL 12589

SEPTEMBER 21 • BIG DAY OUT • COLUMBIA COUNTY HIGHPOINT
HARVEY MOUNTAIN • 521 E. HILL RD AUSTERLITZ 12017 • 4.3MI/925' VG

OCTOBER 18 • BUTTERCUP FARM AUDUBON SANCTUARY
STISSING LN STANFORD 12581

NOVEMBER 23 • FIRE TOWER TRADITION • STISSING MOUNTAIN
499 LAKE RD PINE PLAINS 12567

NOVEMBER 24 • BIG DAY OUT • ULSTER COUNTY HIGHPOINT
SLIDE MOUNTAIN • 1991 OLIVEREA RD BIG INDIAN 12410 • 5.3MI/1,781' VG

DECEMBER 21 • ISRAEL WHITMAN SANCTUARY
OLD MILL RD SAUGERTIES 12477

FOR MORE INFORMATION SEND AN EMAIL TO
RECOVERYHIKENY@GMAIL.COM OR GO TO:

ITC: Invitation to Change

An empowering approach for families and friends of people struggling with substance use. Learn new ways to support your loved one—and yourself.

SUPPORT GROUP FOR FAMILIES FACING ADDICTION

SUPPORT AND SKILLS GROUP
FOR NEW YORK STATE



**Support and Strategies
for anyone helping
a person who uses substances**

FREE Group in Hudson and on Zoom

Thursdays
6:00 - 7:30 pm
Starting Jan 9th 2025

Clubhouse of MHACG
47 North 5th St
Hudson, NY 12534

This is an ongoing, drop-in anytime, peer supported, facilitated group - come check it out!

Invitation to Change
A different approach to addiction

- Learn tools for helping
- Deepen understanding about substance use
- Strengthen relationships and communication

For more about ITC visit cmcffc.org or contact Jaime Cooper at bitcgroup@gmail.com



SCAN OR [CLICK HERE](#) TO
LEARN MORE AND
REGISTER!



Mother Cabrini
HEALTH FOUNDATION

Why Join ITC?

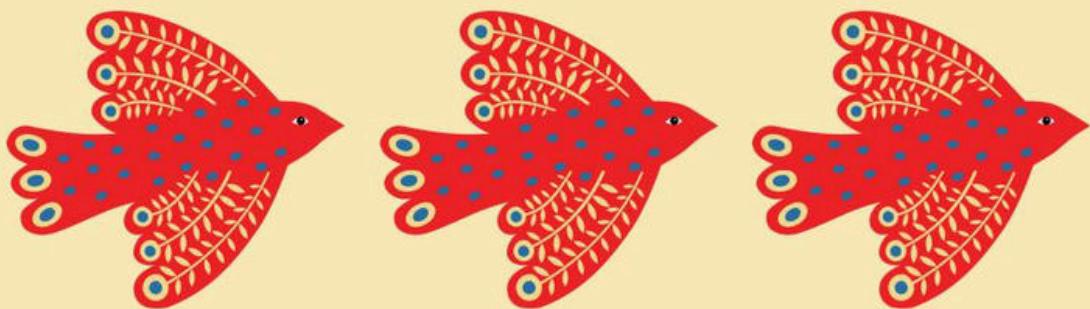
- Learn practical tools for helping without judgment
- Strengthen communication and relationships
- Find support and understanding among peers



“Change begins the moment we stop asking others to be different and start seeing how we can show up differently ourselves.”

Visit cmcffc.org to learn more

AL-ANON MEETING



A 12-STEP SUPPORT PROGRAM FOR
FAMILY AND FRIENDS OF PEOPLE WITH
ALCOHOL OR SUBSTANCE ABUSE PROBLEMS

THURSDAY MORNINGS FROM 9-10A.M. WEEKLY

129 HUDSON AVE.
CHATHAM, NY 12037
ENTER THROUGH THE BACK ENTRANCE

FOR MORE INFORMATION, CALL OR TEXT:
STEVE M. @310-433-5192



[Click HERE to Watch Video](#)

“Delay, delay, delay. That's a mantra that recovery advocate and mother Carleah Summers wants parents to use when it comes to alcohol use and their kids...”

“The brain undergoes massive changes during the teenage years particularly in the areas of decision making and impulse control, and alcohol use can impact healthy brain development. In addition, teens who start drinking before the age of 15 are five times more likely to develop alcohol use disorder than if they start after turning 21.”

- [PDF: Alcohol: What Families Need to Know to Help Protect Young People](#) – There is no single reason why teenagers use substances but here are some of the more common ones.
- [TOOL: Substance Use Risk Assessment](#) – Understanding the potential risk factors facing your child or loved one is always helpful in figuring out how best to support them.

News



 **Office of Mental Health**

NEWS RELEASE

New York State Announces Efforts to Expand Access to Critical Health Care Services in Rural Communities

State-Funded Initiatives Underway to Ensure Rural Populations Have Access to High-Quality Physical and Mental Health Services; Addiction Supports Efforts to Eliminate Barriers to Care, Reduce Stigma, and Address Shortages of Professionals Highlighted in Observation of National Rural Health Day

November 21, 2025

New York State today highlighted state-funded efforts that are underway to ensure rural communities have access to high-quality physical and mental health care, in addition to addiction supports. In recognition of National Rural Health Day this week, the Office of Mental Health, Department of Health and Office of Addiction Supports and Services highlighted collective efforts to bolster access to care for the roughly 3.4 million New Yorkers living in rural areas of the state.

[Read the whole story HERE...](#)

Book of the Month

Demon Copperhead is a 2022 novel by Barbara Kingsolver that is a modern retelling of Charles Dickens's David Copperfield, set in southern Appalachia. The story follows the life of a boy named Damon Fields as he navigates poverty, the opioid crisis, foster care, and systemic failures in the region. The novel won the Pulitzer Prize for Fiction in 2023.

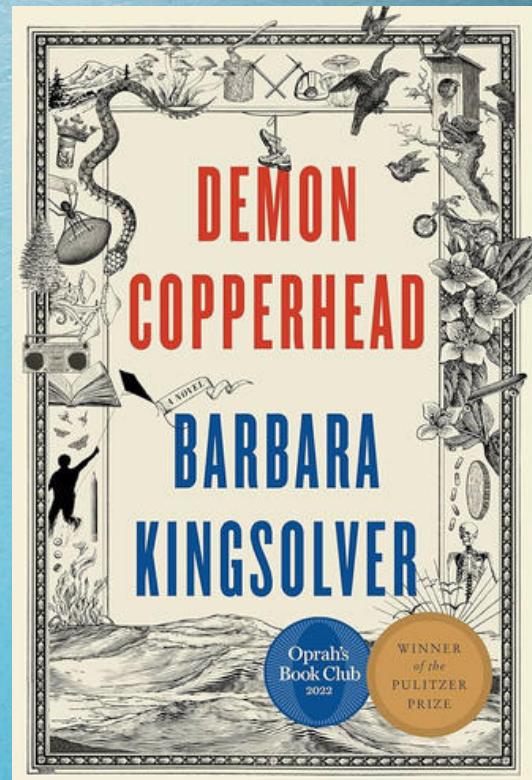
All proceeds from the sale go to sustain a women's recovery home in Virginia!



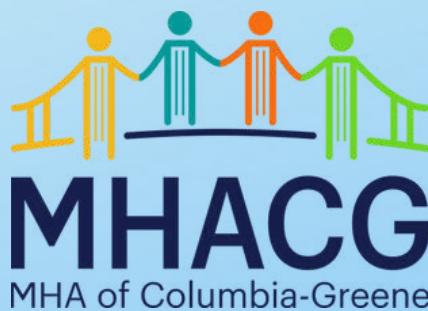
Dr. Joshua Lynch, founder and chief medical officer of the MATTERS Network, delivers the keynote speech at the Times Union's Prescription for Progress symposium on Thursday at the ETEC building at the University at Albany in Albany. He argued that what opioid use disorder patients need most is quick access to help. (Will Waldron/Times Union)

ALBANY — When a person who is addicted to opioids decides to get help, an app can get a prescription for buprenorphine into their hands within two hours.

[Read Full Story Here...](#)



Youth Resources



Hudson, NY Youth Clubhouse
47 North 5th Street
Hudson, NY 12534

[Facebook](#)

[Website](#)

Catskill, NY Youth Clubhouse
455 Main St
Catskill, NY 12414
(518) 491-2432

MHACG Offers:

Children and Family Treatment & Support Services
After School & Mentoring
Health Care Coordination
Mobile Crisis (MCAT)

AND MORE!

Online Youth Resources

CATCHING IT EARLY

■ If you're worried about drug or alcohol use, you're not alone. Our online resources offer evidence-based information and practical tools to help you understand, prevent, and respond with care.

[**Learn More**](#)

■ Tools for Kids is a valuable resource to read with children who are impacted by the disease of addiction. These kids deserve to have a safe, caring adult sit with them, remind them they are not alone, and read this together.

[**Click Here**](#)

LOCAL RECOVERY RESOURCES:

Columbia County Pathways To Recovery Helpline

877-HOPE-365

877-467-3365

9am to 9pm

7 Days A Week

We Can Help Connect You To Recovery Options To Guide You On Your Journey To Recovery

#HopeInRecovery



**No Judgement
No Shaming
No Preaching
JUST LOVE!**

Call if you're going to use when you're alone. An operator will ask for your first name, EXACT location, and the # you're calling from. If you stop responding after using, we will notify EMS of your location, & possible overdose.

1(877)696-1996

www.NeverUseAlone.com

Is gambling taking a toll on your financial situation?

Millions of Americans are financially affected by problem gambling every year.

Find out how much money gambling costs you each year at knowtheodds.org/cost-of-gambling

If you and/or a loved one is impacted by gambling problem, support is available!



NYCPG
New York Council on Problem Gambling

PROBLEM GAMBLING
NORTHEAST
RESOURCE CENTER
Here to Help

1-518-801-1491

NortheastPGRC@nyproblemgambling.org



160 Fairview Ave, Hudson, NY 12534

WHAT WE OFFER

- HIV/STI testing
- PrEP & PEP services
- Housing support
- Syringe exchange

[Click Here to learn more about Alliance](#)

SHARPS KIOSK LOCATIONS COLUMBIA COUNTY

ACCEPTS USED OR UNWANTED NEEDLES & SYRINGES IN CONTAINERS UP TO 1 QUART ONLY

HANNAFORD HUDSON
32 NY-82, Hudson
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HANNAFORD VALATIE
2967 US-9, Valatie
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HUDSON POLICE DEPT.
107 Union Street, Hudson
SHARPS ACCEPTED
KIOSK LOCATED INSIDE
24/7

CONTACT:
COLUMBIA COUNTY PUBLIC HEALTH, 518-828-3358
FOR FREE SHARPS CONTAINERS!



MEDICATION DROP BOX LOCATIONS COLUMBIA COUNTY

MEDICATION RETURN ONLY

CHATHAM POLICE DEPT.
77 Main Street, Chatham
M-F 9-3 or call 518-392-3451

COLUMBIA COUNTY SHERIFF SUBSTATION
Route 22 & Route 23, Hillsdale
24/7

COLUMBIA COUNTY SHERIFF'S DEPT.
85 Industrial Tract, Hudson
24/7

CMH, ER WAITING ROOM
71 Prospect Ave, Hudson
24/7

CVS HUDSON
160 Fairview Ave, Hudson
8am-10pm

CVS VALATIE
2982 US-9, Valatie
8am-10pm

HANNAFORD HUDSON
32 NY-82, Hudson
7am-10pm

HANNAFORD VALATIE
2967 US-9, Valatie
7am-10pm

HUDSON POLICE DEPT.
107 Union Street, Hudson
24/7



Naloxone Box
Locations
in Columbia
County, NY

[CLICK HERE
FOR MAP](#)



Columbia County Food Pantries:

Food Pantries near Chatham, NY Food Pantries in Hudson, NY

- **Tracy Memorial Village Silent Food Pantry.**

Tracy Memorial Village Hall Basement (enter through back door) 77 Main Street Chatham, NY 12037

MONDAYS: 10:00-12:00noon

TUESDAYS: 10:00-12:00noon

CLOSED WEDNESDAYS

THURSDAYS: 4:00-6:00pm

FRIDAYS: 10:00-12:00noon

518-392-7794

chathamsilentpantry@gmail.com

- **Ghent, NY Food Pantry**

Hours: Monday through Thursday 9:00am - 12:00pm For more information, please call (518) 392-4644
2306 NY-66, Ghent, NY 12037

- **Seventh-day Adventist church food pantry**

Drive-thru Hours: Saturday May 15, August 21, November 20 2:00 pm to 4:00 pm First-come first-serve basis. For more information, please call, (518) 784-4400, for details or questions or just stop by.

- **Mellenville-Philmont Food Pantry at Claverack Town Hall**

Food Pantry Distribution Hours: Tuesdays 10:30am - 11:30am and 5:30pm - 6:30pm (518) 672-7911

- Columbia Opportunities Food Pantry & Emergency Assistance (Please call ahead for an appointment) (518) 828-4611 540 Columbia Street, Hudson, NY, 12534

- Rock Solid Church Food Pantry 2nd and 4th Friday of the month from 10-12 noon, adding 1st and 3rd Thursday from 4-5pm Pre-packaged groceries (518) 828-2444 334 Union St., Hudson, NY 12534

- Salvation Army Food Pantry Monday, Wednesday, Friday, 8am-10am. Pre-packed groceries Pre-packaged groceries. Monday - Friday, 11:30-12:30 (518) 822-1602 40 S. Third St., Hudson, NY 12534

- St. Mark's Lutheran Food Pantry Mon and Thurs, 9-12 noon Pre-packed bags of groceries going forward (518) 822-1688 200 Fairview Ave., Hudson, NY 12534

- Time & Space Limited 5:30 PM comfort food suppers for pick-up or delivery \$5, or pay what you can Order ahead of time: (518) 822-8100 or jeff@timeandspace.org 434 Columbia St., Hudson, NY 12534

- Zion Community Food Pantry 2nd and 4th Tuesday of the month from 5:30pm - 6:30pm, and 1st and 4th Friday of the month from noon to 1pm. They offer grocery bag delivery to Providence Hall on 3rd Tuesday; available to 70+, and handicapped. Please sign up on the sheet in Providence Hall (518) 610-1980 Bliss Towers; 41 N. Second St., Hudson, NY 12534

- Our Community Cares is an organization that provides emotional and financial support to residents of Columbia County who are experiencing hardships.

[Click here for website](#)

We would like to express our gratitude to all of our donors, contributors and volunteers who have continued to support us.

Your generosity and dedication has allowed Columbia County Pathways to Recovery to continue its programs and meetings, offering help and resources to our loved community.

2025 Grants:

OASAS—grant through NYS SENATOR MICHELE HINCHEY; Local Impact Initiative grant
SAMHSA—Community Talks

Berkshire Taconic Foundation—Fund for Columbia County and Technology grants

The Ackerman Foundation
Community Bank NA
Clara Gott Incentive Fund
The Bank of Greene County
Clara Gott Fund
Ascienzo Family Foundation

2025 Individual Donors:

Dr Joseph Lalka and Teresa Ribadeneyra
Donna and Wesley Coon Northlands Foundation Wheelock Whitney
Kneller Insurance
First Fuel & Heating
Frank Marshall
Long Energy Ginsberg's Foods
Joseph Lalley
Metz-Wood Insurance
Framarin family
Callander's Nursery
Coon Self Storage
Ghent Reformed Church
Northern Columbia Lions Club
Rotary Club of Northern Columbia
Columbia County Health and Human Services
Kinderhook Toyota

Thank you for reading!

CCPR
would also like to extend a
BIG THANK YOU
to all who supported our
annual Golf Outings
and Spaghetti Dinner
fundraisers!

Columbia County
Pathways to Recovery

(518) 966-2775

New Website coming soon!

Facebook: CCPR's Main Page

Facebook: Community Outreach Center

CCPR's Instagram:

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