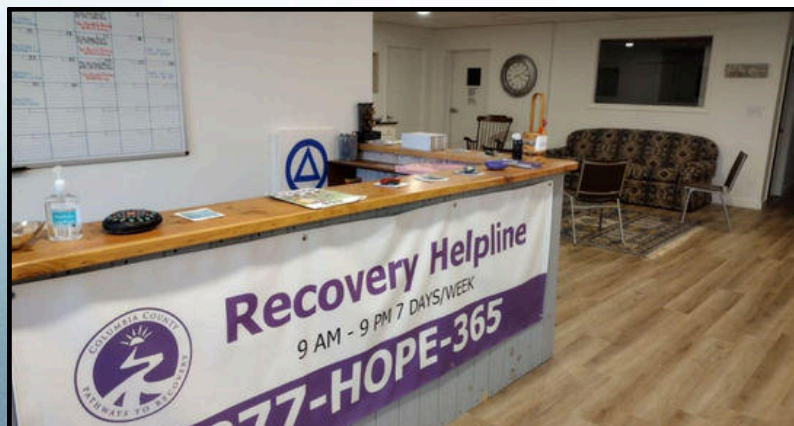


COLUMBIA COUNTY PATHWAYS TO RECOVERY (CCPR)

DECEMBER 2025 Newsletter



Columbia County Pathways to Recovery is a RCO (Recovery Community Organization) – a grassroots group which grew out of the concern for a need for awareness, education, advocacy, and change in regard to the public health crisis of addiction.

Stories of Impact:

- [One Teen's Quiet Slide Into Addiction and the Road to Recovery](#)
- [There is Great Hope!](#)

In this newsletter you can expect:

Community Updates

Schedule of Meetings and Events

Recovery News

List of Local Food Pantries

Resources and HELP Lines

Harm-reduction and Prevention Education



Sponsor of the Month:



**KINDERHOOK
TOYOTA**

This month, we're proud to celebrate our newest sponsor, Kinderhook Toyota, for their commitment to supporting local initiatives.

We also extend our sincere thanks for their recent donation to our upcoming Wellness Speakers Series, launching this spring in Columbia County Schools. Their dedication to giving back helps strengthen our community each and every day.

If you would like to make a contribution to our efforts, [please click here.](#)

**COLUMBIA COUNTY
HELPLINE!**



Recovery Helpline

**877-HOPE-365
877-4673-365**

Do you need help with substance use issues?

9 am to 9 pm

7 Days A Week

Information, Resources and Referrals

CCPR RECOVERY COMMUNITY CENER

1 Taconic Place, Chatham, NY
columbiapathwaystorecovery.org
518-966-2775 | 877-HOPE-365

DECEMBER 2025

Mon	Tue	Wed	Thu	Fri	Sat
<p>🍁 7:30 PM SMART Meeting</p>	<p>☕ 10 AM–1 PM Coffee Hour Drop-In</p> <p>👯 6 PM AA Women's Step Meeting</p> <p>📖 7:30 PM AA Step & Tradition Meeting</p>	<p>🙏 6 PM Revelation Wellness Exercise Class</p> <p>📖 8 PM The Chatham Beginners AA Meeting</p>	<p>🌈 5–7 PM LGBTQ Connection Network</p> <p>📖 6 PM AA Men's Meeting</p> <p>🖋️ 7 PM Creative Writing for Recovery</p> <p>👯 7:30 PM Young People's Recovery Coffee Hour (DEC. 11th and 25th)</p>	<p>☕ 9 AM–12 PM Coffee Hour Drop-In</p> <p>🎮 6–8 PM LGBTQ Game Night (Dec. 5th and 19th)</p>	<p>🔔 7–8:45 AM Qigong (Every 2nd Saturday)</p> <p>🙏 9 AM Refuge Recovery (Every 2nd Saturday)</p> <p>📖 7 PM AA Meeting Big Book study group</p>

☀️ ALSO – MON/TUES/WED afternoon/eve BY APPOINTMENT – CRAFT
(Community Reinforcement and Family Training) one-on-one support meetings
📞 Call Barbara 518-764-1749.

♥️ All are welcome in our safe, nonjudgmental space.



THIS SEASON, STAY SUPPORTED

YOU ARE NOT ALONE

Columbia County Recovery Helpline
877-HOPE-365 (877-467-3365)
9am to 9pm 7 days a week



Stay Connected

Follow us for updates, holiday hours, and event reminders:
Facebook & Instagram: @ColumbiaPathwaysToRecovery

Interested in Volunteering?

Ask staff or visit our website to learn simple ways to support the center this winter.



GIVING TUESDAY

Every day, we meet people who are fighting battles that most others never see. Addiction isn't just a struggle with substances — it's loneliness, fear, stigma, and the hope that someone will finally say, "You don't have to do this alone."

At Columbia County Pathways to Recovery, we get to witness what happens when that hope turns into real support. We see the courage it takes to walk through our doors. We see families beginning to heal. We see people reclaiming pieces of themselves they thought were gone forever. This work is personal — for our staff, our volunteers, and for so many community members who have been touched by addiction in one way or another. And on days like today, we're reminded how powerful it is when a community chooses compassion.

💛 This Giving Tuesday, we're asking you to help us keep that compassion going.

- Countywide recovery helpline
- Peer support & community programs
- Safe spaces for healing, connection, and hope
- Reaching people in crisis when they need it most

[Donate Now](#)



[PayPal](#)



or [Venmo](#)

CCPR Work From NOVEMBER

WHITE RIBBON MONTH OUTREACH – NOVEMBER 12TH

CCPR joined Columbia–Greene Community College for White Ribbon Month, standing with partners to raise awareness and promote the prevention of violence against women.



ANNUAL SPAGHETTI DINNER – NOVEMBER 8TH

Our annual Spaghetti Dinner was a great success
— with more than 60 meals served!

Thank you to everyone who joined us, supported recovery, and helped strengthen our community.



DECEMBER IS NATIONAL IMPAIRED DRIVING PREVENTION MONTH

**Alcohol is the most
widely used
substance in the U.S.
and it's also one of
the most **harmful**.**

A few tips to stay safe this holiday season:

- Before drinking, choose a designated driver, or schedule a ride-sharing, ride-hailing or taxi service.
- If you are hosting a party where there's alcohol, offer non-alcoholic drink options and make sure all guests leave with a sober driver.
- Always wear your seat belt — it's the best defense against drunk drivers.
- If you see a drunk driver on the road, safely pull over and call law enforcement.

**A good
night is one
you can
remember.**

CELEBRATE SAFELY. STAY CONNECTED.



IG + tiktok
@cgaddictioncoalition
www.c-gac.org

Leave sooner...

Drive slower...

Live longer...

★ **NEW CLASSES!** ★

CREATIVE WRITING FOR RECOVERY

**THURSDAY EVENINGS 7:00 PM
STARTING DECEMBER 4TH**

Open to all looking for a safe place
to share experiences, reflections on
recovery, and give voice for future hopes
through creative writing.

Location:

**Columbia County Pathways to Recovery
1 Taconic Place, Chatham, NY 12037**

CONTACT:

SCOTT FINNEGAN

FINNEGANSKOTT@YAHOO.COM



★ NEW CLASSES! ★

REFUGE RECOVERY

Earlybird every 2nd Saturday
8 AM - 9 AM



Columbia County Pathways to Recovery Center
1 Taconic Place Chatham, NY 12037



columbiapathwaystorecovery@gmail.com

Refuge Recovery is a Buddhist-inspired, non-theistic approach to addiction recovery.

It offers a path to healing that doesn't rely on a higher power, but instead on mindfulness, compassion, and personal responsibility.

DEC
13



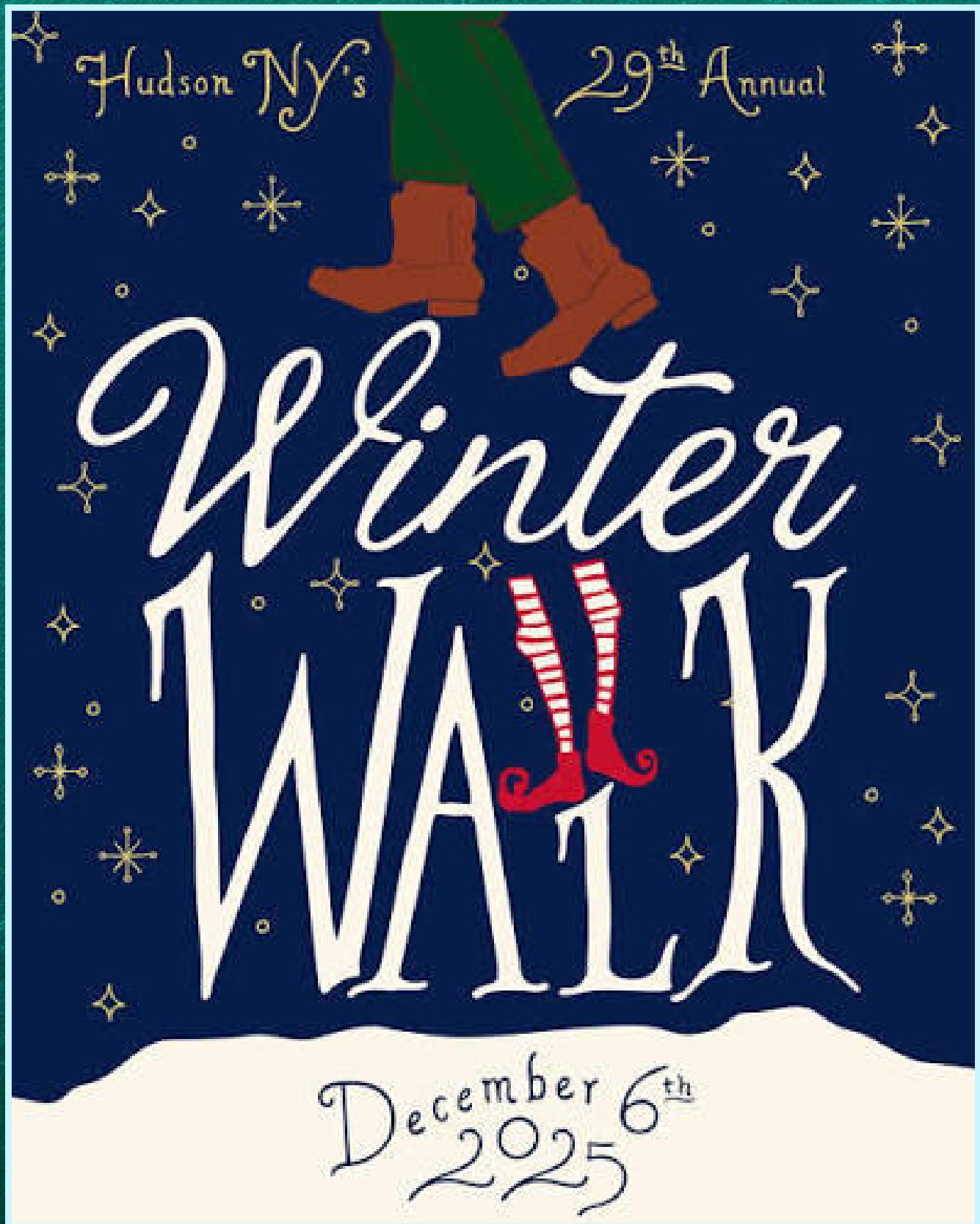
EARLY BIRD QI GONG PRACTICE WITH BEE

Every Second Saturday
7 am- 8:45 am \$10

Curious to learn the ancient practice of Qi Gong? Join in on this class each month to learn and cultivate mind, body & spirit with Qi Gong leader Bee. Enjoy tea and moving meditation practice.

Location: Columbia County Pathways to Recovery at 1 Taconic Pl. Chatham, NY 12037
Contact Bee via email: recovering.naturehv@gmail.com

COME CELEBRATE THE SEASON
WITH CCPR, CGAC, AND ITC AT THE
2026 HUDSON WINTER WALK!



CCPR RECOVERY COMMUNITY CENTER — DROP-IN HOURS

📍 1 TACONIC PLACE, CHATHAM, NY

Tuesdays
Fridays

10:00 AM – 1:00 PM

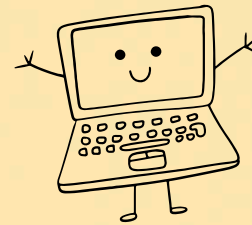
9:00 AM – 12:00 PM



Looking for help with a
résumé, job search, or
recovery support? Or maybe
you just need a quiet place
to relax?



- Free coffee & chill vibes
- Friendly conversation
- One-on-one support
- 📺 Chill movie corner
- Free access to computers
- Kids playroom



No pressure. No appointments. Just drop in.

**NEW! FREE PUBLIC TRANSPORTATION
— STARTING JUNE 10**

Tuesdays & Fridays | 9:00 AM – 2:00

🕒 Three loops per day Hudson-Chatham
publictransportation.columbiacountyny.com



columbiapathwaystorecovery@gmail.com

CCPR Meetings and Events



QUEER & TRANS CONNECTION NETWORK

COME CONNECT WITH FELLOW MEMBERS OF
THE QUEER AND TRANS COMMUNITY,
EXCHANGE RESOURCES AND BUILD RESILIENCY!

CRAFT NIGHT

Date/Time
2nd Tuesdays 6-8

Location
ARTLife717 Gallery
717 Columbia Street
Hudson

COMMUNITY NIGHT

Date/Time
Every Thursday 5-7

Location
CCPR
#1 Taconic Place
Chatham
(entrance in back)

GAME NIGHT

Date/Time
Every other Friday 6-8
(contact toby@c-gac.org
for dates)

Location
CCPR
#1 Taconic Place
Chatham
(entrance in back)

****we are looking to expand
into Greene County! get in
touch if you want to be
involved****

CONTACT TOBY@C-GAC.ORG
for more info, virtual link, or help
with transportation
children are welcome



FOLLOW US ON INSTAGRAM @QTCONNECTIONCG

NEW GAME NIGHT!

Young People's Coffee & Recovery Hour

THE 2ND AND 4TH THURSDAY
OF THE MONTH AT 7:30PM
@ CCPR RECOVERY COMMUNITY
OUTREACH CENTER

1 TACONIC PLACE, CHATHAM, NY

Come hang out for an open
hour of casual conversations
and discussions about recovery.
This is not a 12-step meeting
or structured group;
we welcome anyone at any
stage of recovery to join us.

Call or text 518-495-4796
or 518-816-7751

Presented by Columbia County
Pathways to Recovery, Inc. (CCPR)
www.columbiapathwaystorecovery.org
columbiapathwaystorecovery@gmail.com
518-966-2775



HELPLINE 877-HOPE-365
9am-9pm | 7 days



SMART Recovery Meeting

(Self Management and Recovery Training)

Where people choose their own
goals, skills and tools.

SMART Recovery is an evidenced-informed
recovery method grounded in Rational
Emotive Behavioral Therapy (REBT) and
Cognitive Behavioral Therapy (CBT),
that supports people with substance
dependencies and mental health needs, led
by trained volunteers.

Smart Recovery
is a fresh
approach to
addiction
recovery.

Mondays @ 7:30 PM

Connect with great people with
refreshments
in our air conditioned
recovery community center!

A non-12 step and
self-empowering
approach to
overcoming
addictive behavior
and leading a
balanced life.

CCPR Recovery Community Outreach Center
#1 Taconic Place, Chatham, NY 12037



- Do you or someone you know have a loved one struggling with substance misuse?
- Feeling helpless and hopeless?
- Want to learn a better way to communicate with your loved one?

CCPR is now offering One-On-One Support
with CRAFT family training.

Beginning mid-September

Monday/Tuesday/Wednesday
Late afternoons or evenings

Please call Barbara at 518-764-1749

By appointment only

Location: CCPR Recovery Community Center
1 Taconic Place, Rt. 66
Chatham, NY 12037



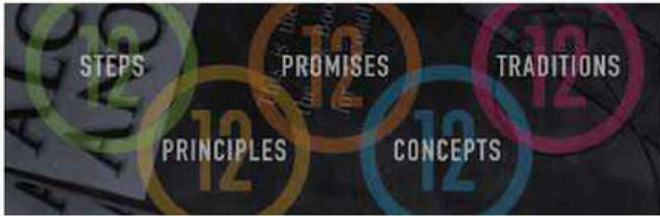
518-966-2775

columbiapathwaystorecovery@gmail.com



Co-Sponsored by (NECAP)
Northeast Community
Action Partnership

CCPR MEETINGS



Tuesdays @ 7:30pm
Tuesday Traditions &
Steps
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775

**SEE YOU AT THE
AA MEETING**

Thursdays @ 6pm
Men's Meeting
Thirsty for Recovery
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Frank @ 518-755-0236



Tuesdays @ 6pm
Step Sisters
Women's 12 Step Study Group
OPEN MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: Michele @ 518-929-2014



Saturday @ 7pm
How It Works
CLOSED MEETING

LOCATION

Columbia County Pathways to Recovery
Community Outreach Center
#1 Taconic Place, Rte 66, Chatham, NY 12037

Contact Us: 518-966-2775

SUPPORT SAFE HOLIDAYS

This holiday season, **prevent harm** and **promote joy** at your bar or restaurant.

GIFTS YOU'LL GET

- Learn Tools for Safe Alcohol Serving
- Overdose Prevention Training
- FREE Narcan, Test Strips & More!
- Community Recognition
- 30 minutes or less!



GIFTS YOU'LL GIVE

- Prevent Accidents - Drunk Driving deaths rise during the holidays.
- Save Lives - Overdose rates increase during the holidays.
- Promote Joy - More people feel stressed during this season.



TO SCHEDULE CONTACT
INFO@C-GAC.ORG 518.303.3665
LEARN MORE WWW.C-GAC.ORG

WE NEED YOU!

Parents, Grandparents, Siblings & Caregivers

We're inviting family members of individuals who use or have used substances to participate in a **confidential and meaningful FOCUS GROUP** to better understand your experiences and help shape supports for families facing challenging times.



5pm-7pm



**Thursday,
December 4th**



**15 Railroad Ave.
Cairo, NY**



Registration required! Scan code
Email: Clairec@C-gac.org
Call/text : 518.303.3665



\$25 VISA GIFT CARD & DINNER!
NEED A RIDE? REACH OUT!
LEARN MORE:
WWW.C-GAC.ORG



THE QUEER & TRANS CONNECTION NETWORK

proudly presents

QUEER BOOK CLUB

All are welcome!!

Where: The Chatham Bookstore
(27 Main St, Chatham)



When: Tuesday, September 30th
5:30 – 6:30pm

Join us for an evening of discussion and community. You're encouraged to read the whole book, but don't let it stop you from joining us if you haven't finished!

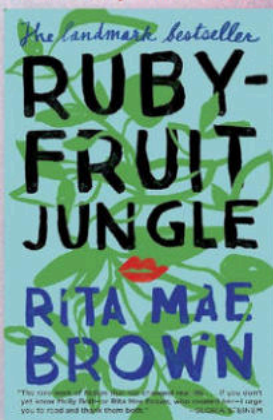
Join us Virtually



SCAN ME

<https://meet.google.com/gkn-hptc-qiz>

~Our Very First Read~



Pick up a copy at the Chatham Library or buy it at the Chatham Bookstore – there's a 10% discount for being a book club member.

For more information contact
Toby@c-gac.org

Queer Trans Craft Night

every 2nd Tuesday of the month
at ARTLife 717

HIKES

Recovering Nature

MARCH 1 • BIG DAY OUT • DUTCHESS COUNTY HIGHPOINT
BRACE MOUNTAIN • QUARRY HILL RD MILLERTON 12546 • 3.6 MI/1,509' VG

MARCH 15 • BURGER HILL PRESERVE
NY-RT 9G RHINEBECK 12572

APRIL 19 • NYQUIST-HARCOURT WILDLIFE SANCTUARY
133 HUGUENOT ST NEW PALTZ 12561

MAY 17 • 4TH ANNIVERSARY CELEBRATION AT HOWE CAVERNS
(EMAIL TO RESERVE SPACE)

JUNE 1 • BIG DAY OUT • GREENE COUNTY HIGHPOINT
HUNTER MOUNTAIN • 6.8MI/1,971' VG

JUNE 21 • ESOPUS MEADOWS PRESERVE (LITTER CLEAN UP ALONG THE TRAILS)
255 RIVER RD. ULSTER PARK 12487

JULY 19 • INNAKE NATURE PRESERVE
9 VAN DAM RD HYDE PARK 12538

AUGUST 15-17 • 2ND ANNUAL CAMPOUT
907 LIVINGSTON RD ELIZAVILLE 12523 (EMAIL FOR DETAILS)

SEPTEMBER 20 • HEMLOCK RIDGE
LEWIS LN PLATTEKILL 12589

SEPTEMBER 21 • BIG DAY OUT • COLUMBIA COUNTY HIGHPOINT
HARVEY MOUNTAIN • 521 E. HILL RD AUSTERLITZ 12017 • 4.3MI/925' VG

OCTOBER 18 • BUTTERCUP FARM AUDUBON SANCTUARY
STISSING LN STANFORD 12581

NOVEMBER 23 • FIRE TOWER TRADITION • STISSING MOUNTAIN
499 LAKE RD PINE PLAINS 12567

NOVEMBER 24 • BIG DAY OUT • ULSTER COUNTY HIGHPOINT
SLIDE MOUNTAIN • 1991 OLIVEREA RD BIG INDIAN 12410 • 5.3MI/1,781' VG

DECEMBER 21 • ISRAEL WHITMAN SANCTUARY
OLD MILL RD SAUGERTIES 12477

FOR MORE INFORMATION SEND AN EMAIL TO
RECOVERYHIKENY@GMAIL.COM OR GO TO:

ITC: Invitation to Change

An empowering approach for families and friends of people struggling with substance use. Learn new ways to support your loved one—and yourself.

SUPPORT GROUP FOR FAMILIES FACING ADDICTION

SUPPORT AND SKILLS GROUP
FOR NEW YORK STATE



Support and Strategies for anyone helping a person who uses substances

FREE Group in Hudson and on Zoom

Thursdays
6:00 - 7:30 pm
Starting Jan 9th 2025

Clubhouse of MHACG
47 North 5th St
Hudson, NY 12534

This is an ongoing, drop-in anytime, peer supported, facilitated group - come check it out!

Invitation to Change *A different approach to addiction*

- Learn tools for helping
- Deepen understanding about substance use
- Strengthen relationships and communication

For more about ITC visit cmcffc.org or contact Jaime Cooper at btitcgroup@gmail.com



SCAN OR [CLICK HERE](http://cmcffc.org) TO
LEARN MORE AND
REGISTER!



Mother Cabrini
HEALTH FOUNDATION

Why Join ITC?

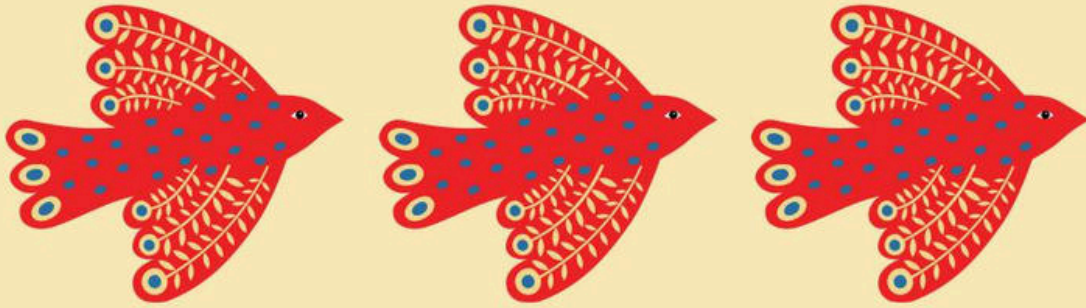
- Learn practical tools for helping without judgment
- Strengthen communication and relationships
- Find support and understanding among peers



“Change begins the moment we stop asking others to be different and start seeing how we can show up differently ourselves.”

Visit cmcffc.org to learn more

AL-ANON MEETING



A 12-STEP SUPPORT PROGRAM FOR

FAMILY AND FRIENDS OF PEOPLE WITH
ALCOHOL OR SUBSTANCE ABUSE PROBLEMS

THURSDAY MORNINGS FROM 9-10A.M. WEEKLY

129 HUDSON AVE.
CHATHAM, NY 12037
ENTER THROUGH THE BACK ENTRANCE

FOR MORE INFORMATION, CALL OR TEXT:
STEVE M. @310-433-5192



[Click HERE to Watch Video](#)

“Delay, delay, delay. That's a mantra that recovery advocate and mother Carleah Summers wants parents to use when it comes to alcohol use and their kids...”

“The brain undergoes massive changes during the teenage years particularly in the areas of decision making and impulse control, and alcohol use can impact healthy brain development. In addition, teens who start drinking before the age of 15 are five times more likely to develop alcohol use disorder than if they start after turning 21.”

- [PDF: Alcohol: What Families Need to Know to Help Protect Young People](#) — There is no single reason why teenagers use substances but here are some of the more common ones.
- [TOOL: Substance Use Risk Assessment](#) — Understanding the potential risk factors facing your child or loved one is always helpful in figuring out how best to support them.

News



Office of
Mental Health

NEWS RELEASE

New York State Announces Efforts to Expand Access to Critical Health Care Services in Rural Communities

State-Funded Initiatives Underway to Ensure Rural Populations Have Access to High-Quality Physical and Mental Health Services; Addiction Supports

Efforts to Eliminate Barriers to Care, Reduce Stigma, and Address Shortages of Professionals Highlighted in Observation of [National Rural Health Day](#)

November 21, 2025

New York State today highlighted state-funded efforts that are underway to ensure rural communities have access to high-quality physical and mental health care, in addition to addiction supports. In recognition of National Rural Health Day this week, the Office of Mental Health, Department of Health and Office of Addiction Supports and Services highlighted collective efforts to bolster access to care for the roughly 3.4 million New Yorkers living in rural areas of the state.



Dr. Joshua Lynch, founder and chief medical officer of the MATTERS Network, delivers the keynote speech at the Times Union's Prescription for Progress symposium on Thursday at the ETEC building at the University at Albany in Albany. He argued that what opioid use disorder patients need most is quick access to help. (Will Waldron/Times Union)

ALBANY — When a person who is addicted to opioids decides to get help, an app can get a prescription for buprenorphine into their hands within two hours.

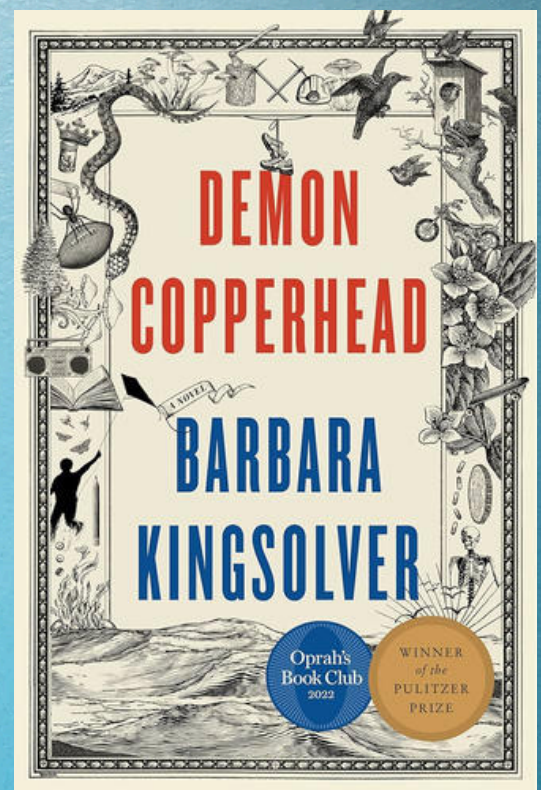
[Read Full Story Here...](#)

[Read the whole story HERE...](#)

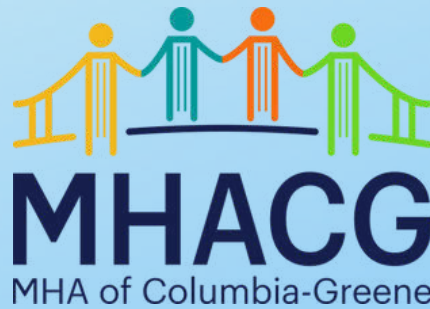
Book of the Month

Demon Copperhead is a 2022 novel by Barbara Kingsolver that is a modern retelling of Charles Dickens's David Copperfield, set in southern Appalachia. The story follows the life of a boy named Damon Fields as he navigates poverty, the opioid crisis, foster care, and systemic failures in the region. The novel won the Pulitzer Prize for Fiction in 2023.

All proceeds from the sale go to sustain a women's recovery home in Virginia!



Youth Resources



Hudson, NY Youth
Clubhouse
47 North 5th Street
Hudson, NY 12534

[Facebook](#)

[Website](#)

Catskill, NY Youth Clubhouse
455 Main St
Catskill, NY 12414
[\(518\) 491-2432](tel:5184912432)

MHACG Offers:

Children and Family Treatment & Support Services
After School & Mentoring
Health Care Coordination
Mobile Crisis (MCAT)

AND MORE!

Online Youth Resources

CATCHING IT EARLY

📖 If you're worried about drug or alcohol use, you're not alone. Our online resources offer evidence-based information and practical tools to help you understand, prevent, and respond with care.

[**Learn More**](#)

👤 Tools for Kids is a valuable resource to read with children who are impacted by the disease of addiction. These kids deserve to have a safe, caring adult sit with them, remind them they are not alone, and read this together.

[**Click Here**](#)

LOCAL RECOVERY RESOURCES:

Columbia County Pathways To Recovery Helpline

877-HOPE-365

877-467-3365

9am to 9pm
7 Days A Week

We Can Help Connect You To Recovery Options To Guide You On Your Journey To Recovery

#HopeInRecovery



No Judgement
No Shaming
No Preaching
JUST LOVE!

Call if you're going to use when you're alone. An operator will ask for your first name, EXACT location, and the # you're calling from. If you stop responding after using, we will notify EMS of your location, & possible overdose.

1(877)696-1996

www.NeverUseAlone.com

Is gambling taking a toll on your financial situation?

Millions of Americans are financially affected by problem gambling every year.

Find out how much money gambling costs you each year at knowtheodds.org/cost-of-gambling

If you and/or a loved one is impacted by gambling problem, support is available!

PROBLEM GAMBLING

NORTHEAST
RESOURCE CENTER

1-518-801-1491

NortheastPGRC@nyproblemgambling.org



160 Fairview Ave, Hudson, NY 12534

WHAT WE OFFER

- HIV/STI testing
- PrEP & PEP services
- Housing support
- Syringe exchange

[Click Here to learn more about Alliance](#)

SHARPS KIOSK LOCATIONS COLUMBIA COUNTY

ACCEPTS USED OR UNWANTED NEEDLES & SYRINGES IN CONTAINERS UP TO 1 QUART ONLY

HANNAFORD HUDSON
32 NY-82, Hudson
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HANNAFORD VALATIE
2967 US-9, Valatie
SHARPS ACCEPTED
KIOSK LOCATED OUTSIDE
24/7

HUDSON POLICE DEPT.
107 Union Street, Hudson
SHARPS ACCEPTED
KIOSK LOCATED INSIDE
24/7

CONTACT:
COLUMBIA COUNTY PUBLIC HEALTH, 518-828-3358
FOR FREE SHARPS CONTAINERS!



MEDICATION DROP BOX LOCATIONS COLUMBIA COUNTY

MEDICATION RETURN ONLY

CHATHAM POLICE DEPT.
77 Main Street, Chatham
M-F 9-3 or call 518-392-3451

COLUMBIA COUNTY SHERIFF SUBSTATION
Route 22 & Route 23, Hillsdale
24/7

COLUMBIA COUNTY SHERIFF'S DEPT.
85 Industrial Tract, Hudson
24/7

CMH, ER WAITING ROOM
71 Prospect Ave, Hudson
24/7

CVS HUDSON
160 Fairview Ave, Hudson
8am-10pm

CVS VALATIE
2967 US-9, Valatie
8am-10pm

HANNAFORD HUDSON
32 NY-82, Hudson
7am-10pm

HUDSON POLICE DEPT.
107 Union Street, Hudson
24/7

HANNAFORD VALATIE
2967 US-9, Valatie
7am-10pm



Naloxone Box
Locations
in Columbia
County, NY

[CLICK HERE
FOR MAP](#)

325 Columbia Street, Hudson, NY 12534

NO CREDIT CARD, CASH, OR ID NEEDED

How to Access Free Supplies?

Enter:

1. "8377" and "ENTER"
2. The item number you'd like and "ENTER"
You can select up to 3 items
3. Your home ZIP code and "ENTER"
4. Your 4 digit year of birth and "ENTER"

- ✓ Naloxone (Narcan)
- ✓ Fentanyl Test Strips
- ✓ Xylazine Test Strips

Columbia County

Columbia County Food Pantries:

Food Pantries near Chatham, NY Food Pantries in Hudson, NY

- **Tracy Memorial Village Silent Food Pantry.**

Tracy Memorial Village Hall Basement (enter through back door) 77 Main Street
Chatham, NY 12037

MONDAYS: 10:00-12:00noon

TUESDAYS: 10:00-12:00noon

CLOSED WEDNESDAYS

THURSDAYS: 4:00-6:00pm

FRIDAYS: 10:00-12:00noon

518-392-7794

chathamsilentpantry@gmail.com

- **Ghent, NY Food Pantry**

Hours: Monday through Thursday 9:00am - 12:00pm For more information, please call (518) 392-4644

2306 NY-66, Ghent, NY 12037

- **Seventh-day Adventist church food pantry**

Drive-thru Hours: Saturday May 15, August 21, November 20 2:00 pm to 4:00 pm First-come first-serve basis. For more information, please call, (518) 784-4400, for details or questions or just stop by.

- **Mellenville-Philmont Food Pantry at Claverack Town Hall**

Food Pantry Distribution Hours: Tuesdays 10:30am - 11:30am and 5:30pm - 6:30pm
(518) 672-7911

- Columbia Opportunities Food Pantry & Emergency Assistance (Please call ahead for an appointment) (518) 828-4611 540 Columbia Street, Hudson, NY, 12534

- Rock Solid Church Food Pantry 2nd and 4th Friday of the month from 10-12 noon, adding 1st and 3rd Thursday from 4-5pm Pre-packaged groceries (518) 828-2444 334 Union St., Hudson, NY 12534

- Salvation Army Food Pantry Monday, Wednesday, Friday, 8am-10am. Pre-packed groceries Pre-packaged groceries. Monday - Friday, 11:30-12:30 (518) 822-1602 40 S. Third St., Hudson, NY 12534

- St. Mark's Lutheran Food Pantry Mon and Thurs, 9-12 noon Pre-packed bags of groceries going forward (518) 822-1688 200 Fairview Ave., Hudson, NY 12534

- Time & Space Limited 5:30 PM comfort food suppers for pick-up or delivery \$5, or pay what you can Order ahead of time: (518) 822-8100 or jeff@timeandspace.org 434 Columbia St., Hudson, NY 12534

- Zion Community Food Pantry 2nd and 4th Tuesday of the month from 5:30pm - 6:30pm, and 1st and 4th Friday of the month from noon to 1pm. They offer grocery bag delivery to Providence Hall on 3rd Tuesday; available to 70+, and handicapped. Please sign up on the sheet in Providence Hall (518) 610-1980 Bliss Towers; 41 N. Second St., Hudson, NY 12534

- Our Community Cares is an organization that provides emotional and financial support to residents of Columbia County who are experiencing hardships.

[Click here for website](#)

We would like to express our gratitude to all of our donors, contributors and volunteers who have continued to support us.

Your generosity and dedication has allowed Columbia County Pathways to Recovery to continue its programs and meetings, offering help and resources to our loved community.

2025 Grants:

OASAS—grant through
NYS SENATOR MICHELE
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SAMHSA—Community
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Ghent Reformed Church
Northern Columbia Lions Club
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Columbia County Health and Human
Services
Kinderhook Toyota

Thank you for reading!

CCPR
would also like to extend a
BIG THANK YOU
to all who supported our
annual **Golf Outings**
and **Spaghetti Dinner**
fundraisers!

Columbia County Pathways to Recovery	(518) 966-2775
New Website coming soon! Facebook : CCPR's Main Page Facebook : Community Outreach Center CCPR's Instagram :	Address: #1 Taconic Place, Rt 66 Chatham, NY 12037 Mailing Address: P.O. Box 486, Ghent, NY 12075