

Do you have any heart or breathing problems? Or have you got high blood pressure or had a stroke?

Then the local NHS needs your help!

They need to understand how healthcare and support can be better for Black people. This includes anyone of Black British, African, Caribbean or mixed Black backgrounds.

Talk to Healthwatch about your experience in a focus group on:

Wednesday 8 February, 10am to 12 noon, online

You will get a £25 voucher for taking part.



How to take part

Get in touch with Jo to book your place on the focus group held online.

If you cannot join the focus group, we can arrange aone to one phone call instead.

© Call or 0330 355 1285 or text: 07701 306906

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Let us know if you need information in a different way to help you take part, for example, Easy Read or a translator.





