

## U and Universal

DHHS is encouraging North Carolinians to get screened for Hepatitis

- From 2012-2016 newly diagnosed cases of hepatitis B increase 62 percent and newly diagnosed cases of hepatitis C increased by 200 percent
- An estimated 150,000 North Carolinians have hepatitis B or C
- Of those infected with hepatitis C, as many as 75 percent are unaware of their infection because they experience no symptoms
- DHHS recommends that you talk to your primary Doctor about a hepatitis screening

More information on hepatitis in North Carolina can be found at: [www.epi.publichealth.nc](http://www.epi.publichealth.nc)

### Did you know?

North Carolina has a “Quitline” to assist people to quit smoking and other tobacco use. Quitting smoking is one of the best things a person can do for their health, yet one of the hardest things to do according to doctors. Using proven techniques developed and tested over the past 25 years, Quitline programs have helped hundreds of thousands of people successfully quit tobacco. The Quitline number is 1-800-784-8669.