

## U and Universal

What is “Client Specific Training”?

Everyone who receives services from Universal has a treatment plan. Person-Centered thinking is the guiding principle in developing the plan. This ensures that the plan is developed with the person, for the person, and is about the person. This makes it individualized. Universal provides Client Specific Training for staff for each individual receiving services.

Client Specific Training includes information about:

- Medical needs
- Behavioral concerns
- Communication needs
- Any other specific information pertaining to the individual served

The Client Specific Training also ensures that staff has reviewed the person served plan of care. If a staff member has questions about the specific needs of the person they can contact their supervisor for more information.

## Did you know?

There are many ways to beat the August heat. Here are some tips:

- Increase fluid intake
- Take breaks to go inside into the cool if you are spending extended time outside
- Speak to your doctor about how to stay safe if you take medication that makes you more vulnerable to the heat.
- Never leave children or pets unattended in vehicles
- Reduce outside normal activity levels
- Wait until later in the day to do yardwork and other outdoor activities

More information can be found at: [www.publichealth.nc.gov](http://www.publichealth.nc.gov)