



COACHING AGREEMENT

Confidentiality

The Coach agrees to keep all conversations and information by the Client private and confidential, as allowable by law.

No personal information will be shared without the Client's express permission. Exceptions may be made if there is an imminent threat of serious injury to oneself or someone else.

Coaching Commitment

By entering into this relationship, the Client and Coach acknowledge that the Client desires to make a behavioral change or some type of improvement in his or her life. Behavioral changes often take time to implement and sustain. The pace of change is uncertain and varies amongst individuals.

Coaching Session Procedures

Coaching sessions may occur in person, by phone, through video conference, or over email, depending on the venue that works best for the Client and what coaching package is selected.

*The Coach and the Client adhere to established appointment times.

*The Coach and Client agree to begin and finish all appointments on time. If the Client is more than 15 minutes late to an appointment, the Coach will assume that the appointment is canceled and the Client will be responsible for the full coaching fee.

*The Client agrees to cancel or reschedule an appointment at least 24 hours in advance. We understand that emergencies happen. Therefore, every client is provided with one free short-notice cancellation. You will not be charged for your first cancellation with less than 24 hour notice. Subsequent short-notice cancellations will be charged for the session. The free short-notice cancellation only applies if we are notified prior to the session start time. No shows are not eligible for the free cancellation.

Coaching Fees

Specific Coaching Fees and Packages are provided on Schedule 1. Fees are due prior to beginning the selected package.

Payment may be made by cash, check, Venmo, or Zelle. Credit cards are not accepted.

Signatures

_____	_____	_____	_____
Coach	Date	Client	Date