

***INCREASE WORKPLACE PRODUCTIVITY**

***REDUCE STRESS**

***IMPROVE STAFF MORALE**

CORPORATE WELLNESS CONFERENCE

**Adelaide Convention Centre, West Entry
Thursday 21 October 2021 | 8:30am-5:30pm**

Five wellness professionals will share how to effectively manage stress and anxiety in the workplace, inspire change and improve work/life balance



SPEAKERS:

- Sue Shaw, Corporate Wellness Coach - "Personality Profiling using Face & Body Reading"
- AdiShakti, Eden Energy Medicine - "Energy IS Your Business!"
- Onessa, doTERRA Essential Oils Advocate - "Successfully using Essential Oils & Quantum Frequencies in the Workplace"
- Kristy Sapwell, Y.E.S Effect with Kristy Sapwell - "Hit your Health KPI's with your Gut/Brain Connection"
- Bridget Hogg, Development at Work Australia - "Find a Way or Make One"

INCLUDES:

- Morning & Afternoon Tea
- Lunch
- Mini Wellbeing Experiences with Professional Wellness Practitioners
- Goodie Bag and Conference Pack

COST: \$250 pp | Early bird rate: \$195 pp if paid before 30/7/2021

BOOKINGS: <https://sueshaw.com.au/product/corporate-wellness-conference/>

Part proceeds donated to Talk Out Loud Australia, a non-profit organisation that provides harm prevention initiatives, activities and programs targeted primarily at youth and young adults and their families

Sponsored by

