

LUNCH MENU

Served from 12pm-3pm

Lobster Roll \$21

Arugula, cabbage & cucumber slaw, fresh chillies, lemon aioli & crispy onions
served with choice of side

Zucchini Parm Baguette (V) \$17

Fried zucchini, mozzarella & parmesan cheese arugula, lemon aioli, pesto & tomato sauce
served with choice of side

Prosciutto Caprese Baguette \$18

Prosciutto, arugula, tomatoes, pesto aioli & bocconcini
served with choice of side

Caprese Burger (GFO) \$18

Pesto aioli, tomatoes, fried bocconcini ball, arugula & balsamic drizzle
served with choice of side

Mushroom, Onion & Gouda Burger (GFO) \$18

Spring mix & Dijon aioli
served with choice of side

Blackened Salmon Tacos (GF) \$16

Corn salsa, fresh chillies, lemon aioli & Crispy onion

Roasted Sweet Potato Tacos (GF/M) \$15

Arugula, pickled red onion, cucumber, feta, maple chipotle & sesame seeds

Blueberry and Goats Cheese Salad (GF/M) \$15
Arugula, blueberries, goats cheese, candied pumpkin seeds, pickled red onions, cucumber & Ironwood ciderita dressing

Add Chicken \$5 | Add Salmon \$7

Chorizo Salad (GF) \$16

Spring mix, chorizo, salsa fresca, pickled red onion, mixed cheese & chipotle ranch dressing
Add Chicken \$5 | Add Salmon \$7

Gnocchi & Chorizo Ragu \$25

Gnocchi and a spicy chorizo ragu, caramelized onions topped with arugula & shaved parmesan

Cacio e Pepe (GFOM) \$24

Penne in a pepper cream sauce topped with arugula, sundried tomatoes & a fried boccocini ball

Caramelized Onion and Rosemary Hummus (GFOM) \$17

Corn salsa, fried rosemary & olive oil served with grilled pitas

Caprese Flatbread (V) \$14

Pesto base, sliced tomatoes, bocconcini, balsamic drizzle & crispy onions

Butter Chicken Flatbread \$15

Butter sauce, butter chicken, mozzarella cheese, roasted zucchini, green onion & cucumber rita

Louisiana Chicken and Waffle \$18

Crispy fried chicken marinated and glazed in hot sauce served on a fresh waffle & a creamy cajun apple coleslaw