

# *Tidwellness Target Finds*

## **Home**

- Dr. Bronner's soap
- Bon Ami

## **Personal Care**

- Honest Beauty- mascara
- Cocokind - skincare
- Zuzu Luxe - makeup
- Acure
- All Good Sunscreen
- Babo Botanicals Sunscreen
- Weleda
- Olive & June Nail polish
- Ela + Mila Nail polish
- Meow Meow Tweet

## **Period care**

- SAALT cup
- Rael Organic tampons

## **Avoid products that contain:**

- added fragrance
- ethoxylated ingredients
  - parabens
- sodium laureth sulfates
  - phthalates
    - EDTA
    - BHA
    - BHT
    - dyes
- allergens and irritants

Claims to be “clean” but aren’t –  
Everspring, Greenworks, Mrs. Meyer’s,  
Method, Seventh Generation

Check the EWG database or download  
the app for safe products: EWG Skin  
Deep® Cosmetics Database