



About Us

At *Fit for Primary* we are dedicated and motivated to support and help develop physical education for all. Our mission is to provide high quality, inclusive and engaging programmes fully matched to the new early year's foundation stage framework as well as the key stage one and key stage two curriculum. With our experience of teaching across all of the key stages we go the extra mile to fulfil every child's potential and help develop life changing skills through playing sport. We offer a package system developed through gold, silver and bronze enabling you to decide which is best suited for your school.

All Packages Include:

- Full planning, delivery and assessment of physical education lessons across all areas of the national curriculum.
- Understanding of children's development across all key stages.
- Support and development for school staff.
- Support for P.E lead.
- Help and support with lunchtime activities.
- Before and after school sports provision.
- Strong and consistent behaviour management.





**Sports
Qualified**

**All Staff
DBS Cleared**

**Previous Experience
of Sports Coaching**

**Child
Safeguarding
Certificate**

**Pediatric First
Aid Trained**

**Experience Across
All Key Stages of
Primary Schools**

What We Offer

The varying **gold**, **silver** and **bronze** packages offer an excellent way for schools to use their P.E and sports premium funding by helping develop a healthy lifestyle as well as improve mental health and wellbeing through sport in a fun and enjoyable way.

BRONZE PACKAGE £90 per day

- Before school club provided
- Support at lunchtime
- After school clubs provided
- Star of the week certificates awarded

SILVER PACKAGE £120 per day

- Support at lunchtime
- Afternoon physical education lessons planned and delivered
- Mentoring support
- Support for staff development
- After school clubs provided.
- Star of the week certificates awarded
- Stickers awarded in each lesson.

GOLD PACKAGE £150 per day

- Before school club provided
- PPA cover
- All day / days of planned physical education lessons.
- Mentoring support
- Support through sport activities at lunchtime
- Development for staff in all areas of physical education.
- After school clubs provided.
- Star of the week certificates awarded
- Stickers awarded in each lesson
- End of term medals to be won

Our Sessions

Once we arrive you won't want us to go! Within each of our sessions we offer a wide range of activities, best suited to the pupils and their abilities. We can offer single and multiple sessions within the week or be there for everyday, providing excellent and engaging sports focussed sessions for 39 weeks within the school year to help staff development or independent PPA cover. Our expert coaches are fully trained in assessing the progress of pupils during their P.E lessons, providing staff with accurate assessments and next steps for their learning. The sessions we provide are

- Invasion games
- Dance sessions
- Gymnastics
- Net and wall games
- Athletics
- Striking and fielding
- Health related fitness

These sessions may include the following:

- Gymnastics
- Basketball
- Dance
- Football
- Dodgeball
- Hockey
- Badminton
- Circuit training
- Netball
- Bench ball
- Tennis
- Rounders
- Athletics (track and field)







For more information please contact us using the below details.

Moblie: 07534605969

Email: info@fit4primary.co.uk



www.fit4primary.co.uk