

Things to Bring / Check List



- Passport (**SIGNED**) *Do Not Pack*
 - Passport Copy (**Put in your Carry-On luggage**)
 - Traveler Checks or ATM Card
 - Pocket Money (\$40)/Gift Money/Credit Card
 - Copy of the Tour Itinerary
 - Mailing labels for Family, Friends, Coaches for postcards

 - Prescriptions / Medications (**MUST be in original container**)
 - Advil / Tylenol / Tums / Imodium D
 - Tape for Ankles / Ace Bandage
 - Band-Aids

 - Ipod
 - Cell phone (*if you have international roaming*)
 - Alarm Clock
 - Calculator
 - Wrist Watch
 - Digital Camera extra batteries / Memory Card
 - Playing Cards
 - Hair Dryer / Flat Iron

 - Deodorant / Cologne
 - Baby Powder
 - Shaving Equipment
- Underwear/ Socks
 - Everyday Clothes
 - Warm Jacket /Wind Breaker
 - Shirts, Shoes
 - Plastic Bags (*For Wet/Dirty Clothes*)
 - Practice shorts
 - Sun Glasses
 - Warm Jacket /Wind Breaker
 - Shirts, Shoes

 - Plastic Bags (*For Wet/Dirty Clothes*)
 - Sun Glasses
 - Extra Batteries (*for camera/Ipod,etc*)
 - Electric Adapter / Converter (*For Europe*)
(*Only needed if you are bringing electrical items*)
 - Clothes Line (1 Per Room)
(*Needed if you are planning to wash your clothes*)

 - Tooth Brush, Tooth Paste
 - Shampoo
 - Lysol Spray or Room fresheners

Put these items in your Carry-on Luggage

- Uniform Shirt/Shorts/Socks
- Soccer Cleats
- Shin Pads are Mandatory (**NO PADS NO PLAY**)
- Bath Towel
- Water Bottle (*with your name on it*)
- Sneakers

FREQUENT FLIERS FOLLOW A SIMPLE RULE:

If you don't need it, don't bring it !!