



# SCIENCE OF WELLNESS

Calling all 9-1-1 dispatchers: Master the art of resilience in your high-stakes career. This course reveals the unique stress patterns of emergency telecommunications and their effects on your performance and well-being. Learn to leverage beneficial stress, minimize risks, and acquire practical tools to build lasting resilience. Empower yourself to excel in your critical role while protecting your long-term health.



Instructor:  
Kim Turner

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Online

Wednesday, June 11, 2025  
0500-1400 hours (California Time)  
**Tuition FREE**

CCN 1301-21764-24-012  
POST Plan V | 8-hours of CPT

**Additional Certifications**  
Michigan TKT2024-4498  
New Mexico NM240155

