

ORGANIZATIONAL

## WELLNESS

2/13/21

1301-49700-20-011

2/14/21

1301-49700-20-012

2/15/21

1301-49700-20-013

2/27/21

1301-49700-20-014

2/28/21

1301-49700-20-015

This POST certified course is designed for sworn, dispatch, and civilian public safety personnel. The course addresses common organizational stressors & offers basic tools for resilience that may be applied at any point during your career in public safety.

Select any date to the left.

Courses are presented online in an interactive format with live instructors

Course hours are 0800-1700

## **TUITION FREE**

**REGISTER ONLINE** 

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for California POST agencies. POST PLAN N/A Students receive 8-hours of CPT credit