

A KIM TURNER LLC COURSE



# SCIENCE OF WELLNESS



Stressful work-related events occur repetitively in public safety and stressful work environments may enhance risk for various mental health conditions.

Learn the science behind wellness to develop coping and resilience skills to jump start the path to wellness.

## CALIFORNIA & NEW MEXICO

This course is designed for 9-1-1 first responders and is certified by POST in California and NMLEA in New Mexico

## CLASS SCHEDULE

December 9, 2024  
0800-1700 PDT  
Live online  
8 CPT hours

## INFO

TUITION FREE FOR CALIFORNIA 9-1-1 DISPATCHERS.  
California: POST PLAN V CCN 1301-2176-24-003  
New Mexico: NM240155



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