

**NEW
COURSE**

SCIENCE OF WELLNESS

3/6/20

HOSTED BY CORONA POLICE DEPARTMENT

730 PUBLIC SAFETY WAY, CORONA, CA 92880 FROM 0800-1700 HOURS

Stressful work-related events occur repetitively in public safety and stressful work environment may enhance rise for various mental health conditions. Learn the science behind wellness to develop coping and resilience skills to jump start the path to wellness.

This presentation is designed for current 9-1-1 public safety dispatchers

Facilitated by Kim Turner and Dr. Michelle Lilly

POST CERTIFIED PLAN V CCN 1301-21764-19-001

THIS PRESENTATION IS **FREE**

CPT CREDIT EARNED. ELIGIBLE FOR TRAVEL REIMBURSEMENT. CLASS SIZE LIMITED.

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