

The Sacred Simplicity of the Sabbath

Pastor Vaughn, Chapter Two

The Two Torah Requirements

Yahweh cited two requirements
to keep the Sabbath Day.

Do no servile work,
from its bondage step away.

He tells us to “remember”,
because many will forget,
to take the time to rest
and spiritually reset.

We must resist the pull
of worldly pursuits
if we truly desire
more spiritual fruits!

The Sabbath brings us freedom
from the busyness of life,
from contractual obligations
that cause us much strife.

And the Sabbath Day is meant
to bring restoration
as the Body comes together
in a Holy Convocation!

Do not allow anyone
to burden you with more
than Yahweh intended
for you to endure.

The Sabbath Day connects
Yahweh and Israel.
It is a visible witness
to heaven and to hell.

The assembly of the redeemed,
rehearsing for eternity,
matching the rhythm of heaven
for all the world to see!

Donna Jean DeBard

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