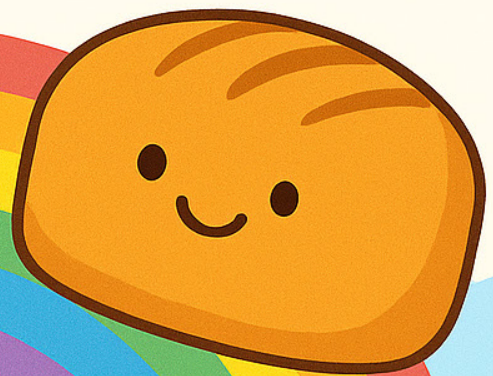


# ONE BREAD, ONE BODY

The Mystery of  
the Second Loaf



Children's Sabbath School

Ages 6-9



# The Mystery of the Second Loaf

**Welcome!**

**HI KIDS! TODAY, WE'RE GOING TO  
LEARN ABOUT SOMETHING YAHWEH  
LOVES—BREAD!**

**BUT NOT JUST ANY BREAD. THIS  
BREAD IS SPECIAL... IT'S A PICTURE  
OF YOU!**



## Theme Verse

Bring two loaves of bread to  
Yahweh. They should be made  
with flour and baked with  
leaven. These are a gift  
for Him.

Leviticus 23:17 • Kid's Version



**Let's get  
ready to rise  
with Yahshua!**

**Yahweh told His people to bring two big loaves of bread and wave them up high to Him. Why? Because He's baking something amazing in your life! He wants you to rise and grow just like bread in the oven.**



# FROM A SHEAF TO A LOAF !!!



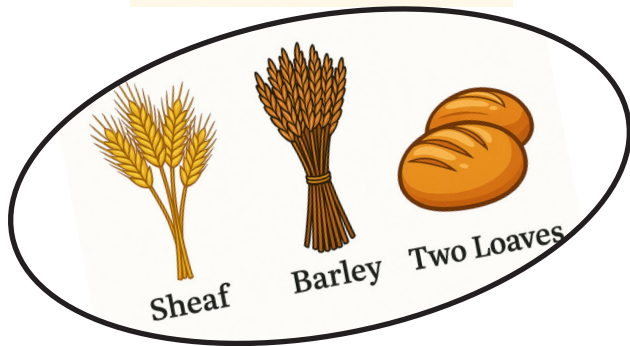
He told them to count 49 days

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



**A long time ago, Yahweh told His people to bring a sheaf of wheat. That's just a bundle of grain—like what you use to make bread!**

**Then He told them to count 49 days. During those days, people would work, pray, and wait... waiting for the Fiftieth Day. That's when they brought not just grain, but TWO BIG LOAVES of bread!**



**Yahshua is like the first sheaf—He was given to Yahweh first. But guess what? YOU are like the second loaf! Yahweh wants you to rise and be full of His Spirit, just like bread is full of yummy air!**



**Sheaf = Yahshua (Jesus)**

**Oven = Tests & Learning**

**Two Loaves = Yahshua AND YOU!**

**Sheaf = Yahshua (Jesus)  
Oven = Tests & Learning  
Two Loaves = Yahshua AND YOU!**

# Let's Learn About Leaven



**Leaven is something tiny you put in dough to help it rise. It's kind of like a secret superpower! Without leaven, bread stays flat and heavy. But with leaven... it grows and grows!**

There are two kinds of leaven in the world:

## Good Leaven 🧡

Obeying Yahweh

Being kind

Loving others

Listening to the Spirit

## Bad Leaven ❌

Telling lies

Being selfish

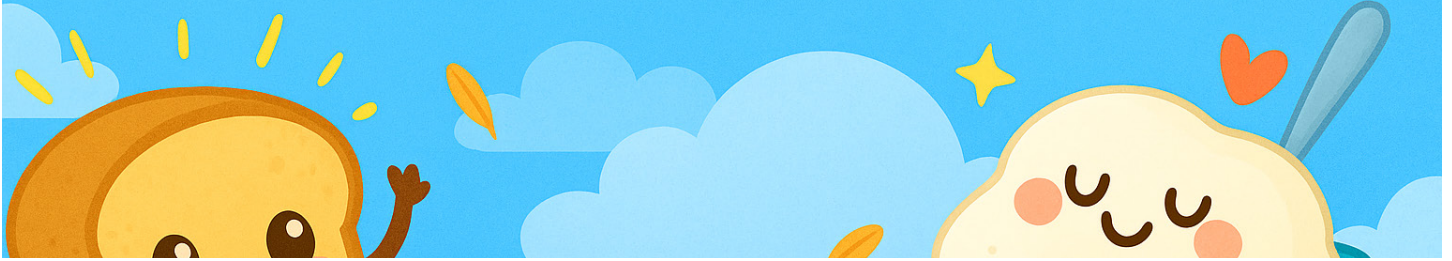
Disobeying

Doing things your way

**WHAT KIND OF LEAVEN DO YOU WANT IN YOUR HEART OR MIND?**



# Activity: Rise Like Bread!



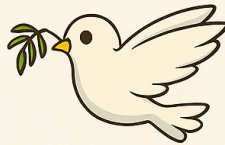
Let's circle the things  
that help you RISE for  
Yahweh!



Sleeping too much



Praying



Sharing



Obeying



Reading Scripture

Playing too much



Loving others



**NOW DRAW A BIG LOAF OF  
BREAD AND WRITE INSIDE IT  
WHAT KIND OF LEAVEN YOU  
WANT YAHWEH TO PUT IN  
YOU!**






# Let's Talk With Yahweh




## Memory Verse



“We, being many,  
are one bread  
and one body.”

–1 Corinthians 10:17

Which leaven do  
**YOU** want in your  
heart.



### Dear Yahweh,

Thank you for sending Yahshua to  
be the First Loaf. I want to grow  
like good bread. Please take out  
anything yucky inside me, and put  
your leaven in my heart. Help me  
rise with love, truth, and joy.

I want to be a loaf that  
makes you smile!



In Yahshua's name,  
**Amein!**









★ This certifies that:

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has learned how to be Yahweh's  
rising bread!

Waved before Yahweh on  
this special day!



Which leaven do YOU want  
in your heart?

Signed: \_\_\_\_\_

Date: \_\_\_\_\_