The Sacred Simplicity of the Sabbath

Pastor Vaughn, Chapter Seven

Bread, Trust, Time

Yahweh could have chosen any method His people to feed. He gave them manna on a schedule. He knew what they would need.

Their obedience was being timed.
They were being retrained.
A deeper connection to Yahweh their new freedom had gained!

This was the manna pattern:
work six days and rest.
Obey, and you'll walk in peace.
Only worms and rebuke for the rest.

We are fed by the bread of heaven.
We are being trained to trust.
Our lives are being transformed.
Our obedience is a must!

Donna Jean DeBard 7/6/25