

One Bread, One Body

The Mystery
of the Second
Loaf

Children's Sabbath
School

WELCOME TO SABBATH SCHOOL

Did you know
Yahweh has a
recipe for your life?

It starts with a
seed, goes through
fire, and ends
with you
becoming more
than you ever
imagined. In this
lesson, we're not
just learning—
we're rising.

Did you know Yahweh has a recipe for your life?



It starts with a seed, goes through fire,
and ends with you becoming more than
you ever imagined.

**Bring two loaves
of bread to Yahweh...
baked with leaven.
These are a gift
for Him.**

Leviticus 23:17



Yahweh isn't just teach-
ing us about bread.
He's forming a loaf out
of your life. A life that is
ready to be used in His
Coming Kingdom.


**YOU'RE NOT JUST
LEARNING SOMETHING
— YOU'RE BECOMING
SOMEONE.**

FROM SHEAF TO LOAF: A JOURNEY

A sheaf is the beginning. It's a bundle of grain, still rough, not yet ready. Yahshua was that first sheaf—set apart, waved before Yahweh.

But Yahweh said to count 49 days. Why? Because those are the days when YOU are being made ready. Just like wheat must be crushed, sifted, mixed with oil, and baked in fire—so must you.



 **Sheaf**
= Yahshua
(Jesus)



 **Oven =**
Tests &
Learning



Two Loaves
= Yahshua
AND YOU!

On the 50th day, Yahweh didn't ask for another sheaf. He asked for two loaves. And those loaves? That's Yahshua... and YOU.

What Is Leaven, Really?



Leaven is the thing that causes bread to rise. In the Bible, it can mean different things—sometimes bad (like pride or sin), and sometimes powerfully good (like the Holy Spirit).

At Passover, we get rid of old leaven. But at Pentecost? We bring new leaven. The right kind.

There are two kinds of leaven in the world:

Good Leaven ❤️

Obeying Yahweh

Being kind

Loving others

Listening to the Spirit

Bad Leaven ❌

Telling lies

Being selfish

Disobeying

Doing things your way

WHICH LEAVEN DO YOU WANT IN YOUR MIND?

RISE CHECK

Let's be real: not everything in your life helps you rise.

Mark the things that help you grow — and cross out the ones that hold you down.

Reading Scripture

Gossiping

Praying daily

Complaining online

Being kind when it's hard

Holding grudges

Speaking truth in love

Doing what feels good (but not right)

**Write it out:
Something I
want Yahweh to
remove:**

**Something I
want Yahweh to
add:**

