



# Emotionally Effective Leader Workshop



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## A Leadership Program Built With You in Mind

The Emotionally Effective Leader Workshop is a comprehensive program that equips you with tools to facilitate an interactive one-day session, in either an in-person or virtual format. With tried and trusted content created by

a leader in the field, have more time to focus on clients with a ready-made workshop template. Alternating between group activities and individual reflective exercises, this engaging workshop encourages leaders to focus on their leadership strengths and areas they can develop further. The facilitator kit includes a detailed facilitator guide, a PowerPoint slide deck, and a participant workbook.



**BUILT | TESTED | PERFECTED**

Created by EQ-i 2.0 Master Trainer Drew Bird of The EQ Development Group, the Emotionally Effective Leader Workshop is based on 20+ years of experience in Talent Assessment and Emotional Intelligence.



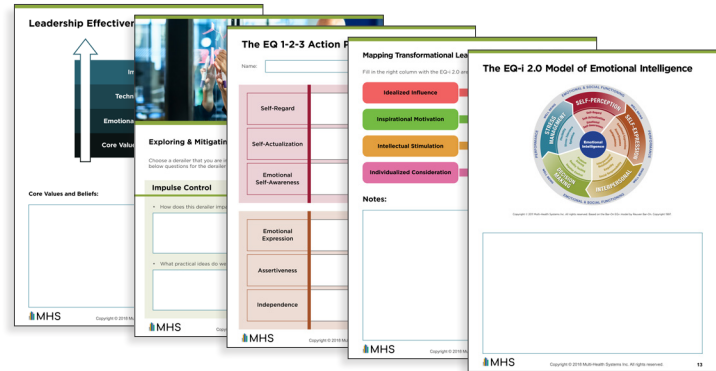


Leveraging results from leaders' EQ-i 2.0® Leadership Reports, participants of this session will learn the importance of emotional intelligence in effective leadership and leave with a better understanding of their strengths and areas to develop to enhance leadership skills, as well as an action plan on how to increase effectiveness.

## PROGRAM OBJECTIVES

The Emotionally Effective Leader Workshop is designed to be an interactive session which includes class instruction, individual work, and both small and large group activities. The following course and learning objectives are key highlights for participants of the program:

- Create understanding of emotional intelligence using the EQ-i 2.0 model as a platform
- Increase participants' understanding of how emotional intelligence maps onto transformational leadership
- Enable participants to deep dive into their own EQ Leadership Reports and build an action plan to leverage strengths and work on opportunities for growth
- Identify and understand how aspects of emotional intelligence can lead to derailing behaviors
- The Leadership Effectiveness Framework is used to help participants understand how their core values impact their leadership approach



## COMPONENTS | VIRTUAL AND IN-PERSON

<b>Facilitator Guide</b>	Provides all of the information needed to easily administer the workshop. Full of speaking notes, background information, and tips for managing time and activities.
<b>PowerPoint Slides</b>	Designed to go hand in hand with the facilitator guide, the PPT slides provide the visual aspect to the workshop. Available in French and English.
<b>Participant Workbook</b>	An interactive and action-packed tool full of lively visuals that participants can use during the workshop to take notes and complete activities. Available in French and English.

**“This is a really well designed workshop - it is active and applied. I really enjoyed teaching it and my participants were fully engaged. I was worried it would be content-heavy with a lot of lecturing, but it really emphasized active-learning.”**

M. Paula Daoust, Ph.D., CPT  
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Director of Workforce and Leadership Development